

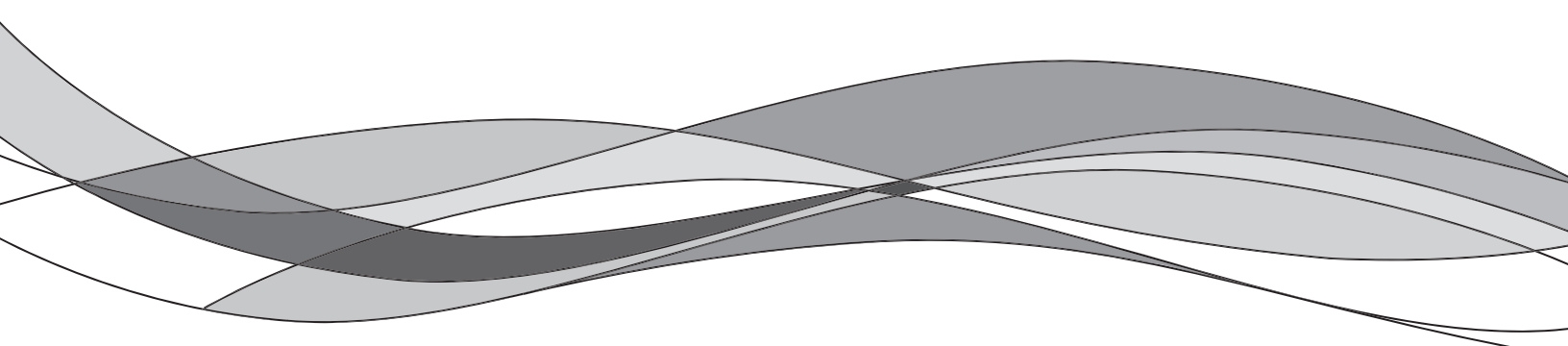


Results from the 2003
Behavioral Risk Factor
Surveillance System

Idaho Behavioral Risk Factors

Bureau of Health Policy
and Vital Statistics
Idaho Department of
Health and Welfare

October 2004



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Acknowledgments

This project was funded in part by a grant from the Centers for Disease Control and Prevention, number U58/CCU022801-2 and administered via a cooperative agreement with the Idaho Bureau of Health Policy and Vital Statistics. The contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention.

Special thanks go to Jeff Harder of Boise, Idaho, for his excellent artwork and his cover design.

The Idaho Department of Health and Welfare would like to thank the citizens of Idaho who have participated in the Behavioral Risk Factor Surveillance System.

For more details on this project or any of the survey results, please contact the Bureau of Health Policy and Vital Statistics at (208) 334-5977.

Suggested Citation

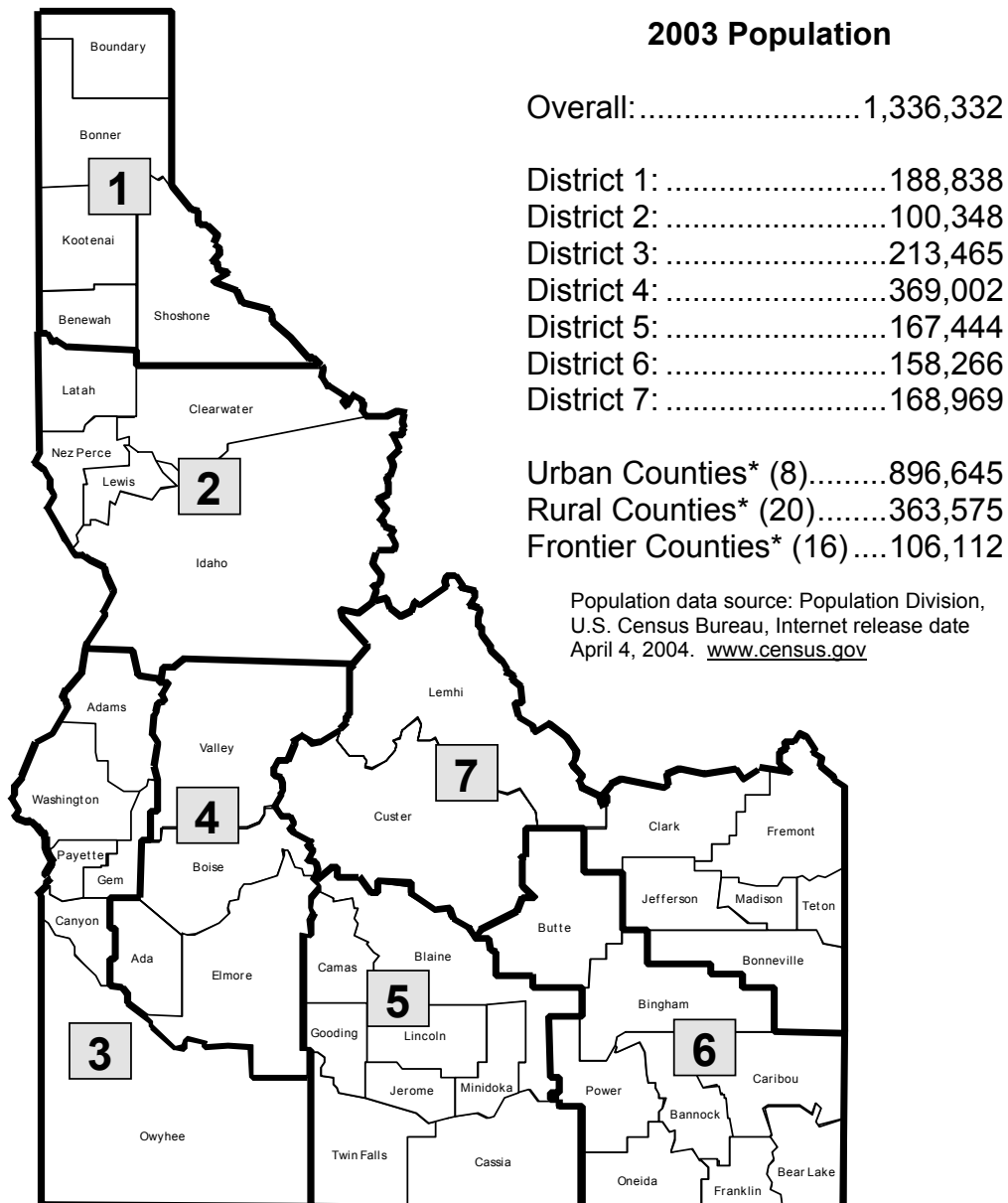
Idaho Behavioral Risk Factors: Results From the 2003 Behavioral Risk Factor Surveillance System. Boise: Idaho Department of Health and Welfare, Division of Health, Bureau of Health Policy and Vital Statistics, 2004.

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Idaho Public Health Districts

Idaho is divided into seven public health districts, with each district containing four to eight counties. The seven health districts are independent agencies governed by a local board appointed by the county commissioners within the district.



*Urban counties are defined as counties with a population center of 20,000 persons or more. Rural counties are defined as those with a population center of less than 20,000 persons and population density of at least six persons per square mile. Frontier counties are defined as counties with population density of less than six persons per square mile.

Idaho Behavioral Risk Factor Surveillance System

Introduction

Health risk behaviors and lack of preventive care are associated with higher rates of morbidity and mortality. Monitoring of modifiable risk factors for diseases and the use of preventive health services is vital to planning, initiating, and developing targeted education and intervention programs at the state and local level as well as tracking progress toward achieving health objectives and improving the health of the public. The Behavioral Risk Factor Surveillance System (BRFSS) is an ongoing surveillance program developed and partially funded by the Centers for Disease Control and Prevention (CDC). It is designed to estimate the prevalence of risk factors for the major causes of morbidity and mortality in the United States. The survey provides state-specific estimates of the proportion of adults aged 18 and over reporting health risk behaviors. For certain state and national objectives, BRFSS is the only source of data.

Idaho has participated in the BRFSS since its inception in 1984. Since then, the program has grown to encompass all 50 states and several U.S. territories. BRFSS is unique in providing data that enable state health policymakers to assess their states' needs and determine progress toward goals. Results from BRFSS have been used to support risk reduction and disease prevention activities by directing program planning, assessing trends, and targeting relevant population groups. This report summarizes major health risk behaviors and use of preventive health practices that affect chronic diseases associated with morbidity and mortality in Idaho. Summarized data in this report are not inclusive of all data that may be provided by BRFSS. For this reason, Appendix B presents the 2003 questionnaire with results in its entirety.

Methodology

The BRFSS is conducted as a random telephone survey of the non-institutionalized adult population. In order to produce health district estimates, Idaho's sample has grown in size from 600 people in 1984 to approximately 4,900 beginning in 1997. The survey is administered in every month of the calendar year. After annual data collection is complete, individual responses are weighted to be representative of the state's adult population and analysis is performed on the weighted data.

Additional information regarding BRFSS methodology is available online at <http://www.cdc.gov/brfss>.

Sampling: Idaho used disproportionate stratified sampling for its 2003 BRFSS. The sample was stratified by Idaho's seven public health districts. Approximately 700 Idahoans were interviewed within each health district, resulting in a total sample size of 4,824. Interviews were conducted by telephone using computer-assisted telephone interviewing (CATI) software to record responses.

Weighting: The data were weighted to the respondent's probability of selection as well as age and sex based on 2003 population estimates. For example, some households have more than one telephone line and are more likely to be called. The weighting corrects for this difference in probability of selection as well as differences between the population and the sample.

Analysis: Idaho used SUDAAN® software for statistical testing and calculation of standard errors. This software takes into account the complex sampling design methodology of BRFSS. Idaho used SAS software for data manipulation, risk factor creation, and calculation of 95% confidence intervals used in the tables. The formula for confidence interval calculation is as follows: Confidence Interval = Prevalence Estimate +/- (1.96*Standard Error). All "don't know," "not sure," and "refused" responses have been excluded from the analysis.

Reporting

Prevalence estimates based on denominators with fewer than 50 respondents have been suppressed and are indicated in the data tables with an asterisk (*). The BRFSS has adopted this standard to maintain a high degree of reliability. Differences between estimates are reported throughout the document. Any difference determined to be statistically significantly different through statistical testing was designated as such and will be preceded by the words "significantly" or "statistically." Odds ratios were also calculated. An odds ratio indicates how much more likely, with respect to odds, a certain event occurs in one group relative to its occurrence in another group.

Data Limitations

Some error in estimation may be a result of BRFSS data being self-reported and certain behaviors possibly being underreported (Centers for Disease Control and Prevention, 2003). Another source of error may be due to sampling. Each sample drawn will deviate somewhat from the population. Additional possible error may occur due to the population from which the sample is drawn. Ideally, all adults aged 18 and older would be potential respondents for the survey. However, in order to be cost effective, the sample is limited to adults aged 18 and older who are non-institutionalized, live in a household with a telephone, and can communicate in English. This excludes people in prisons, dormitories, nursing homes, hospitals, non-English speakers, those without telephones and others who cannot communicate by telephone. The Federal Communications Commission reports that the annual average percent of Idaho households with telephones in November 2001 was 96.0%. Its data also suggest that minorities and the poor are less likely to have a telephone in the home than are non-minorities and the affluent (Federal Communications Commission, 2003).

Summary Results

General Health Status (page 10)

- The percentage of Idaho adults who reported their health as “fair” or “poor” (less than “good”) was 13.6 percent; the highest in the last decade.
- Those who reported less than “good” health were significantly more likely:
 - To be obese (BMI \geq 30) and
 - To not engage in leisure time physical activity

Health Care Coverage (page 12)

- One out of every six adults in Idaho (16.3 percent) did not have health care coverage in 2003.
- Those with less than a high school education were 6.1 times more likely (30.8 percent) to not have any health care coverage than Idaho adults with a college degree (6.8 percent). When compared with those with incomes of \$50,000 or more who reported no health care coverage (4.4 percent), those with incomes below \$15,000 were 10.4 times more likely (32.1 percent) and those with incomes from \$15,000 and \$24,999 were 9.5 times (30.2 percent) as likely to not have health care coverage.

Dental Insurance (page 14)

- Nearly half of Idaho’s adults (44.6 percent) had no dental insurance and over three-fourths (77.3 percent) of Idaho seniors (65 and older) did not have dental coverage in 2003.
- Adults without dental insurance were 3.3 times more likely to report they had not visited a dentist within the past year than those with dental insurance.

Diabetes (page 16)

- Adult diabetes prevalence in 2003 was the highest in a decade and has increased by 50.0 percent in the last ten years, from 4.2 percent in 1994 to the current prevalence of 6.3 percent.
- Adults ever told they have diabetes were:
 - Six times more likely to report general health as less than “good,”
 - Five times more likely to be obese (BMI \geq 30), and
 - Two and a half times more likely to not engage in leisure time physical activity.

Summary Results

Asthma (page 18)

- Asthma prevalence was 8.0 percent and was significantly higher among females (10.4 percent) than males (5.5 percent).
- Adults aged 55-64 were twice as likely to report having asthma (10.3 percent) as those aged 25-34 (5.5 percent).
- Those with asthma were 1.4 times more likely to also smoke cigarettes and 1.5 times more likely to be obese.

Arthritis (page 20)

- Over one-fourth (25.7 percent) of the Idaho adult population had doctor diagnosed arthritis. Females were more likely (29.0 percent) than males (22.3 percent) to have been diagnosed with arthritis, and nearly half (49.7 percent) of Idaho adults over 55 had been diagnosed with arthritis.
- Adults diagnosed with arthritis were 4.3 times more likely to report their general health as less than “good” and twice as likely to be obese or not participate in leisure time physical activity.

High Cholesterol (page 22)

- Among Idaho adults who had been screened for high cholesterol, 31.1 percent reported that they were told their cholesterol was high. The percentage of adults who have been screened and subsequently told they have high cholesterol has increased significantly over the last decade.
- Adults who were told they had high cholesterol were 2.9 times more likely to have a co-morbidity such as diabetes, asthma, arthritis, obesity, or high blood pressure than those without high cholesterol.

High Blood Pressure (page 24)

- In 2003, 23.2 percent of Idaho adults had ever been told they had high blood pressure. Between the age groups of 35-44 and 45-54, the prevalence of high blood pressure nearly doubled from 14.5 percent of those aged 35-44 to 27.9 percent of those aged 44-54.
- Adults with high blood pressure were nearly four (3.9) times as likely as those without high blood pressure to report their general health status as less than “good”, 2.8 times more likely to be obese and nearly two (1.9) times as likely to not engage in leisure time physical activity.

Summary Results

Fruit and Vegetable Consumption (page 26)

- The 2003 percentage of 79.3 percent of adults who reported they did not eat five servings of fruits and vegetables a day is a ten-year high. Males were significantly more likely to not eat the recommended amount of fruit and vegetable servings (84.3 percent) than females (74.5 percent).
- Adults who did not eat the recommended five servings of fruits and vegetables per day were 1.3 times more likely to be overweight and 1.2 times more likely to be obese than adults who did.

Physical Activity (page 28)

- In 2003, nearly one out of every five adults (18.3 percent) reported they did not participate in leisure time physical activity; the lowest percentage in the last decade.
- Adults who reported no leisure time physical activity were 3.8 times more likely to report less than “good” general health than those who participated. They were also twice (2.0 times) as likely to be obese (BMI \geq 30) and 1.7 times as likely to report not eating five servings of fruits and vegetables per day.

Weight (page 30)

- Over the last decade, the percentage of overweight adults in Idaho increased 20.8 percent from 49.1 percent in 1994 to 59.3 percent in 2003.
- The prevalence of adult Idahoans considered obese has also increased significantly since 1994 to include more than 1 out of every 5 Idahoans. In the last ten years, the percentage of obese adults in Idaho increased 48.6 percent from 14.8 percent in 1994 to a ten-year high of 22.0 percent in 2003.
- Idaho adults categorized as overweight were 2.3 times more likely to have a chronic disease or condition such as diabetes, asthma, arthritis, high cholesterol or high blood pressure than those who were not overweight. Those who were obese were over two and a half (2.6) times more likely to have a co-morbidity than those who were not obese.
- Overweight adults were 1.4 times and obese adults were more than twice (2.2 times) as likely to report their general health as less than “good” than those who were not overweight or obese.

Summary Results

Cigarette Smoking (page 34)

- The prevalence of cigarette smoking among Idaho adults decreased to a ten-year low of 18.9 percent in 2003.
- Cigarette smokers were:
 - Three times more likely to not have health insurance coverage, and
 - More than two times more likely to report less than “good” general health,
 - Twice as likely to not engage in leisure time physical activity.

Smokeless Tobacco Use (page 36)

- In 2003, 4.6 percent of Idaho adults used smokeless tobacco products.
- Males were significantly more likely to use smokeless tobacco (9.0 percent) than females (0.2 percent).
- Those aged 35-44 were significantly more likely to report smokeless tobacco use (8.4 percent) than other ages. Adults aged 55 and older were significantly less likely to use smokeless tobacco (1.4 percent) than those in younger age groups.

Alcohol Consumption (page 38)

- In 2003, the prevalence of binge drinking (5 or more alcoholic beverages on one occasion) among Idaho adults was 15.6 percent.
- The prevalence of heavy drinking (consuming 60 or more alcoholic beverages in the last 60 days) increased significantly to a ten-year high in 2003 of 5.8 percent.
- Males were 3.2 times more likely to be binge drinkers (22.9 percent) when compared with females (8.4 percent) and 5.1 times more likely to be heavy drinkers (9.7 percent) when compared with females (2.1 percent).
- In 2003, 28.7 percent of adults under the legal drinking age in Idaho (18-20) reported binge drinking in the last 30 days. Within that same age group, 9.6 percent reported heavy drinking.
- Adults who binge drink were 3.8 times more likely to smoke cigarettes than those who did not binge drink. Those who reported heavy drinking were 3.6 times more likely to also be smokers.

Summary Results

Illicit Drug Use (page 42)

- The percentage of Idaho adults who reported using illicit drugs for non-medical reasons within the last 12 months has significantly increased over the last seven years from 5.5 percent to 6.5 percent. Males (8.2 percent) and those aged 18-24 (17.8 percent) were significantly more likely to have used illicit drugs in the last 12 months than females or older age groups.
- Adults who reported illicit drug use in the previous 12 months were 8.0 times more likely to binge drink, 5.2 times as likely to engage in heavy drinking, and 4.6 times more likely to smoke cigarettes than adults without drug use in the last 12 months.

Seat Belt Use (page 44)

- The percentage of Idaho adults who did not always wear a seat belt when driving or riding in a car has significantly decreased to 32.7 percent. Males were significantly more likely to not always wear their seat belt when driving or riding in a car (41.5 percent) than females (24.1 percent).
- In 2003, a significantly higher percentage of adults aged 18-24 did not always buckle up (43.0 percent) and a significantly lower percentage of adults in the 65 and older age group did not always wear their seatbelt (25.7 percent).

Cholesterol Screening (page 46)

- The percentage of the adult population who had not received a screening for blood cholesterol within the previous five years was 32.6 percent.
- Males were significantly more likely to not have had their cholesterol checked in the previous five years (34.4 percent) than females (30.8 percent).

Dental Visits (page 48)

- In 2003, 33.8 percent of adults had not visited a dentist within the previous 12 months. Males were significantly more likely to have not visited a dentist in the previous 12 months (36.0 percent) than females (31.7 percent).
- Those aged 65 and older were significantly less likely to have made a visit to the dentist in the previous 12 months (40.4 percent) than those in younger age groups.

Summary of Trends

Risk Factor	'94	'95	'96	'97	'98	'99	'00	'01	'02	'03
Percent of Idaho adults who:										
Reported their general health was "fair" or "poor"	10.0	11.2	11.7	12.4	12.2	12.9	13.1	13.0	13.4	13.6
Did not have health care coverage	12.9	14.3	15.0	16.6	15.2	16.7	17.1	14.8	16.8	16.3
Did not have dental insurance	N/A	46.6	N/A	47.4	N/A	44.9	N/A	44.9	45.0	44.6
Had ever been told they have diabetes	4.2	3.6	3.5	4.0	4.3	4.8	4.9	5.4	6.1	6.3
Reported they currently have asthma ¹	N/A	N/A	N/A	N/A	N/A	7.9	7.7	8.0	7.8	8.0
Had ever been told they have arthritis ²	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	25.3	25.7
Had ever been told they have high cholesterol (among those who had been checked)	N/A	28.1	N/A	29.8	N/A	30.1	N/A	30.3	N/A	31.1
Had ever been told they have high blood pressure ³	N/A	21.6	N/A	24.1	N/A	23.0	N/A	24.6	N/A	23.2
Did not consume five or more servings of fruits and vegetables a day ⁴	78.3	N/A	77.0	N/A	76.2	N/A	78.9	N/A	78.6	79.3
Reported no leisure time physical activity (previously titled "exercise")	21.9	N/A	20.6	N/A	20.4	N/A	19.8	21.0	19.4	18.3

N/A indicates data are not available.

¹ Prior to 2002, the Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho began to report current asthma status, a better indicator of prevalence.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Question wording changed from 1999 to 2001 and from 2001 to 2003.

⁴ Minor changes have been made to the trend line to correct data entry errors from previous editions.

Summary of Trends

Risk Factor	'94	'95	'96	'97	'98	'99	'00	'01	'02	'03
Percent of Idaho adults who:										
Were overweight (BMI \geq 25) ⁵	49.1	51.6	51.6	52.2	53.1	55.2	55.7	59.3	57.3	59.3
Were obese (BMI \geq 30)	14.8	14.2	16.9	16.3	16.0	20.0	18.9	20.5	20.4	22.0
Smoked cigarettes	19.6	19.8	21.1	19.9	20.3	21.5	22.3	19.6	20.7	18.9
Used smokeless tobacco ^{4,5}	4.5	4.0	4.5	N/A	3.6	N/A	3.3	4.8	N/A	4.6
Were at risk for binge drinking ^{4,6} (previously titled "acute drinking")	14.8	13.1	14.7	14.9	14.8	14.7	14.9	12.8	15.7	15.6
Were at risk for heavy drinking ^{4,6} (previously titled "chronic drinking")	3.0	2.8	3.3	3.0	3.6	3.5	4.3	4.9	5.3	5.8
Used illicit drugs in the last 12 months	N/A	N/A	N/A	5.5	5.0	5.5	5.4	6.1	5.8	6.5
Did not always wear a seatbelt	N/A	42.6	N/A	40.4	40.5	41.0	39.1	34.8	34.7	32.7
Had not had cholesterol checked within the last five years	N/A	33.7	N/A	35.0	N/A	36.2	N/A	34.1	N/A	32.6
Had not visited a dentist in the previous 12 months	N/A	34.2	N/A	35.2	N/A	35.0	N/A	34.6	32.5	33.8

N/A indicates data are not available.

⁴ Minor changes have been made to the trend line to correct data entry errors from previous editions.

⁵ Results may differ from previous publications due to revisions in the risk factor calculation.

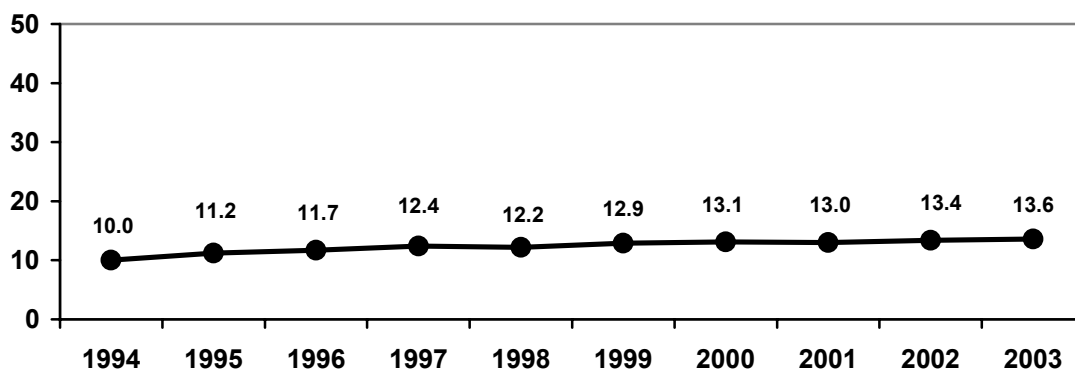
⁶ Question wording changed from 2000 to 2001 and from 2001 to 2002.

General Health and Health Care Coverage

General Health Status

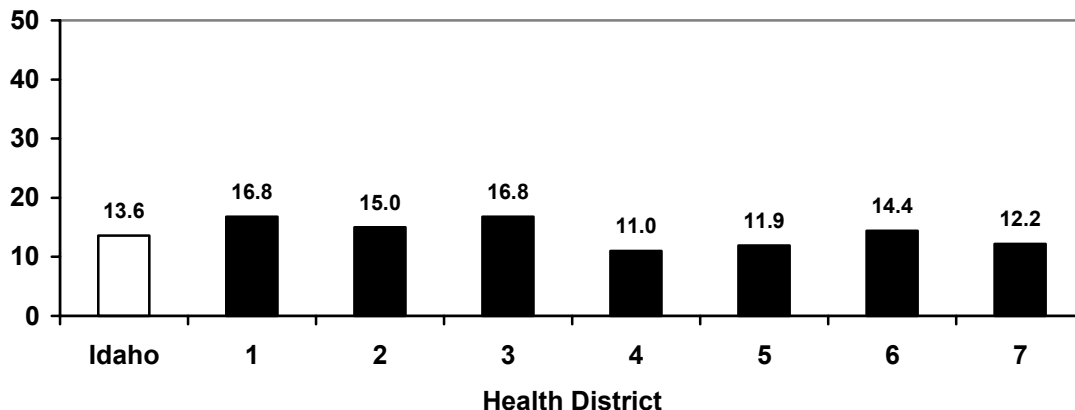
Respondents were asked to rate their health as “excellent,” “very good,” “good,” “fair,” or “poor.” Over the last 10 years, the trend of those who reported their general health as “fair” or “poor” increased significantly to a decade high of 13.6 percent in 2003.

Percent of Idaho adults who reported their general health status as "fair" or "poor" 1994-2003



Residents living in Health District 1 or Health District 3 were significantly more likely than those in the other health districts to report less than “good” general health. Residents in Health District 4 were significantly more likely to report “good” or better general health.

Percent of Idaho adults who reported their general health status as "fair" or "poor," 2003 Health District

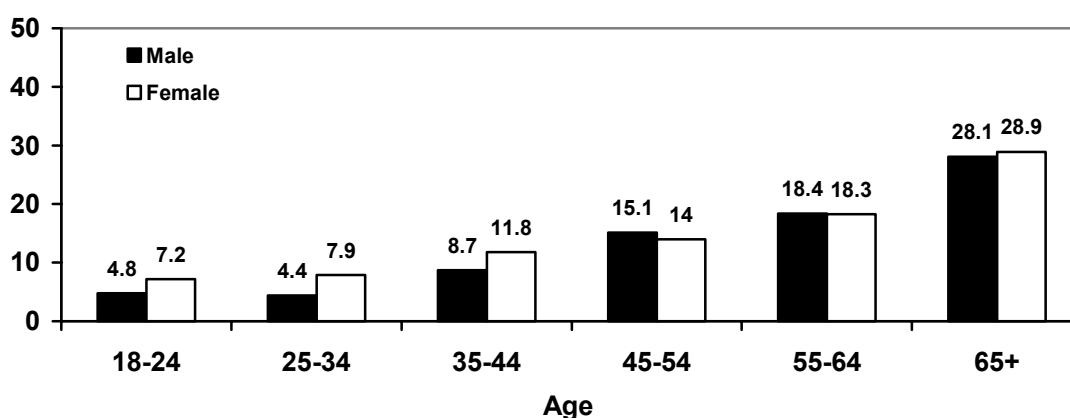


General Health and Health Care Coverage

General Health Status

In 2003, 1.2 times more women than men reported their general health as “fair” or “poor” (14.7 percent and 12.5 percent, respectively). Those in the 18-34 age range were significantly less likely to have reported their health as less than “good” when compared with all other ages. Idaho residents aged 65 and older were 4.9 times more likely to report their health as less than “good” (28.6 percent) than those aged 18-24 (6.0 percent).

Percent of Idaho adults who reported their general health status as "fair" or "poor," 2003
Age and Sex



Other highlights:

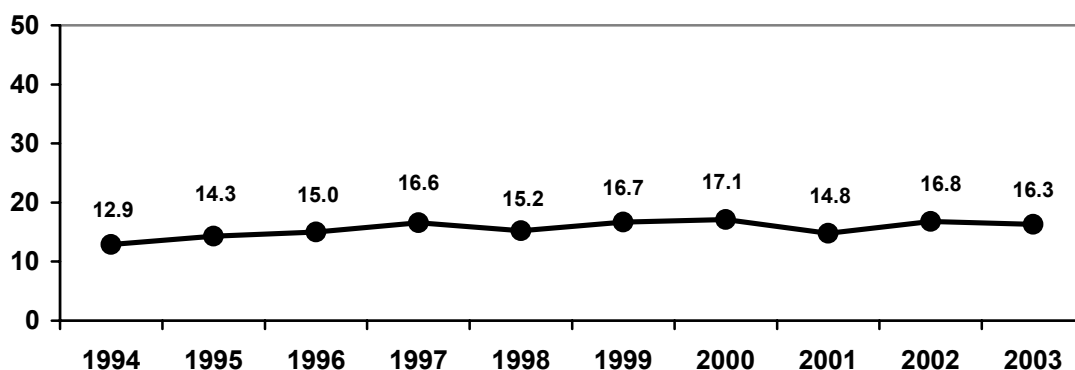
- Income was positively related to general health status. Adults with household incomes of less than \$15,000 per year were 12.3 times more likely (33.0 percent) to report their health status as “fair” or “poor” than those with incomes of \$50,000 or more (3.9 percent).
- Idahoans with less than a high school education were 8.0 times more likely to report having less than “good” health (33.1 percent) when compared with college graduates (5.8 percent).
- Adults who smoked cigarettes were 2.3 times more likely to report their health as “fair” or “poor” than non-smokers.
- Idahoans who were obese (BMI \geq 30) were more than twice (2.2 times) as likely to report less than “good” health than those who were not obese.
- Idaho adults with no reported leisure time physical activity were 3.8 times more likely to report less than “good” health than those who participated in leisure time physical activity.

General Health and Health Care Coverage

Health Care Coverage

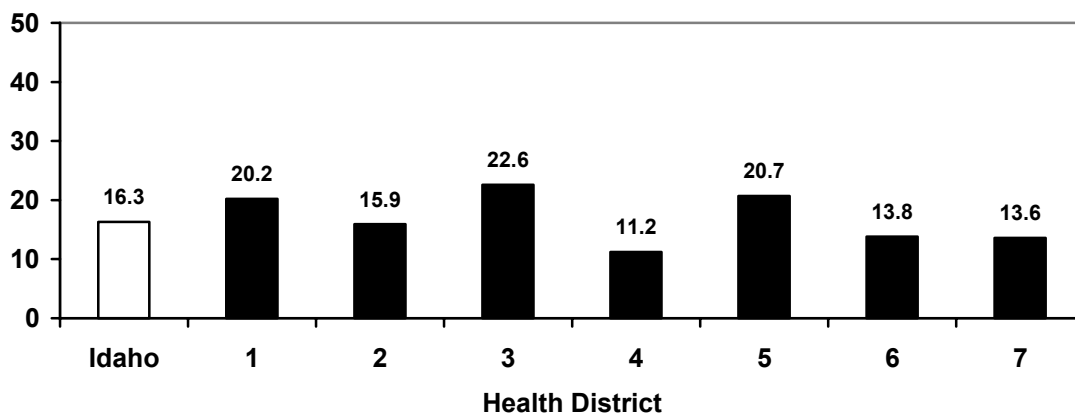
One (1) out of every 6 adults in Idaho had no health care coverage in 2003 (16.3 percent). Although the percentage of adults without health care coverage in 2003 was not the highest, the percentage of the adult population without health care coverage has increased significantly from a low of 12.9 percent in 1994.

**Percent of Idaho adults without
health care coverage
1994-2003**



Idaho adults living in Health Districts 1, 3 or 5 were significantly more likely to not have health care coverage (20.2, 22.6, and 20.7 percent, respectively). Adults who lived in Health District 4 were significantly less likely (11.2 percent) to report not having any health care coverage when compared with the rest of the state.

**Percent of Idaho adults without
health care coverage, 2003
Health District**

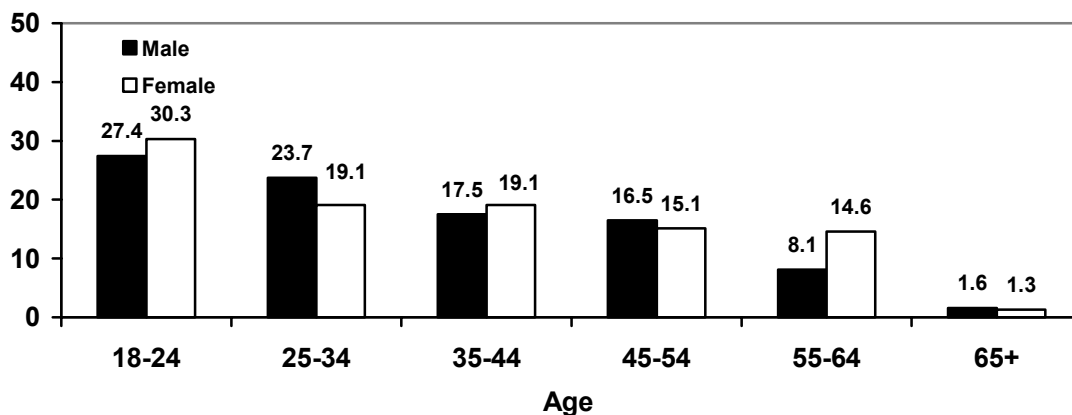


General Health and Health Care Coverage

Health Care Coverage

In 2003, no significant difference in health care coverage existed between males and females. Among those aged 65 and older, 98.6 percent had health care. This was significantly higher than adults in the 18-34 age category who were more likely to not have any health care coverage (24.8 percent). Adults aged 25-34 were 18.7 percent less likely to have health care coverage than those aged 65 and older.

**Percent of Idaho adults without
health care coverage, 2003
Age and Sex**



Other highlights:

- Compared with the percentage of Idaho college graduates without health care coverage (6.8 percent), those with less than a high school education were 6.1 times more likely (30.8 percent) to not have any health care coverage. Those with incomes below \$15,000 per year were 10.4 times (32.1 percent) as likely to not have health care coverage as those with an annual income over \$50,000 (4.4 percent).
- Idaho adults who reported they did not have health care coverage were one and a half (1.6) times more likely to have not received a routine check-up in the past year.
- Adults in Idaho who did not have health care coverage were 17.0 times more likely to also report not having dental insurance.
- Those who reported no health care coverage were three (3.0) times more likely to smoke cigarettes than those with health care coverage and 1.7 times more likely to not engage in leisure time physical activity.

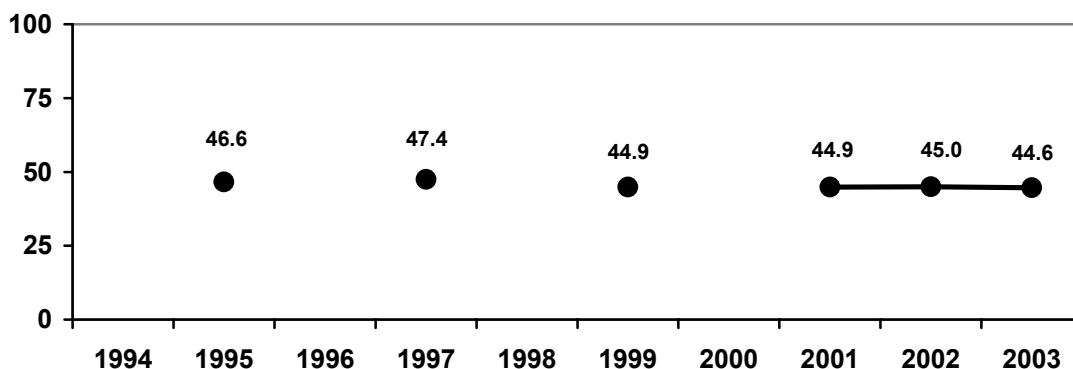
General Health and Health Care Coverage

Dental Insurance

In 2003, 44.6 percent of Idaho adults had no dental insurance. However, since 1995 the percentage of adults without dental insurance has significantly decreased. The highest reported percentage of those without dental insurance in the last decade was 47.4 percent in 1997.

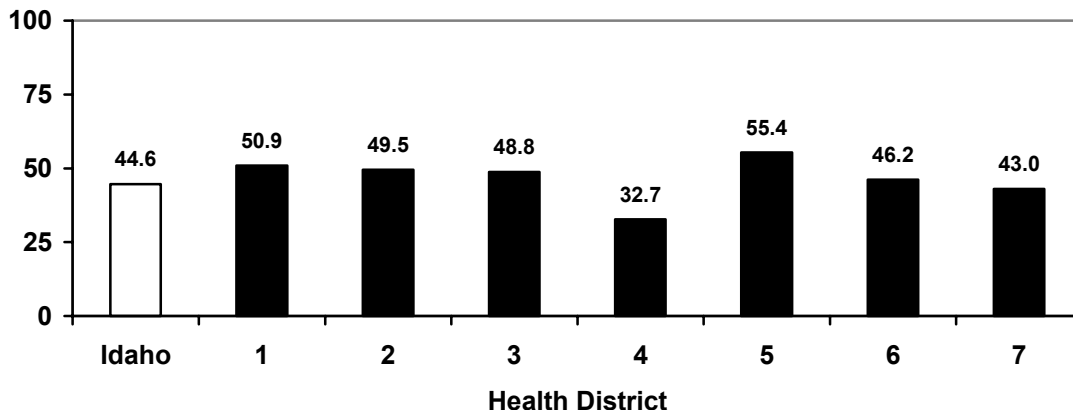
**Percent of Idaho adults who did not have dental insurance
1994-2003**

Breaks in the trendline indicate data are not available for those years



Adults living in four out of Idaho's seven public health districts (Health Districts 1, 2, 3, and 5) were significantly more likely to not have dental insurance when compared with adults living in other health districts. Health District 4 had a significantly lower percentage (32.7 percent) of people without dental insurance.

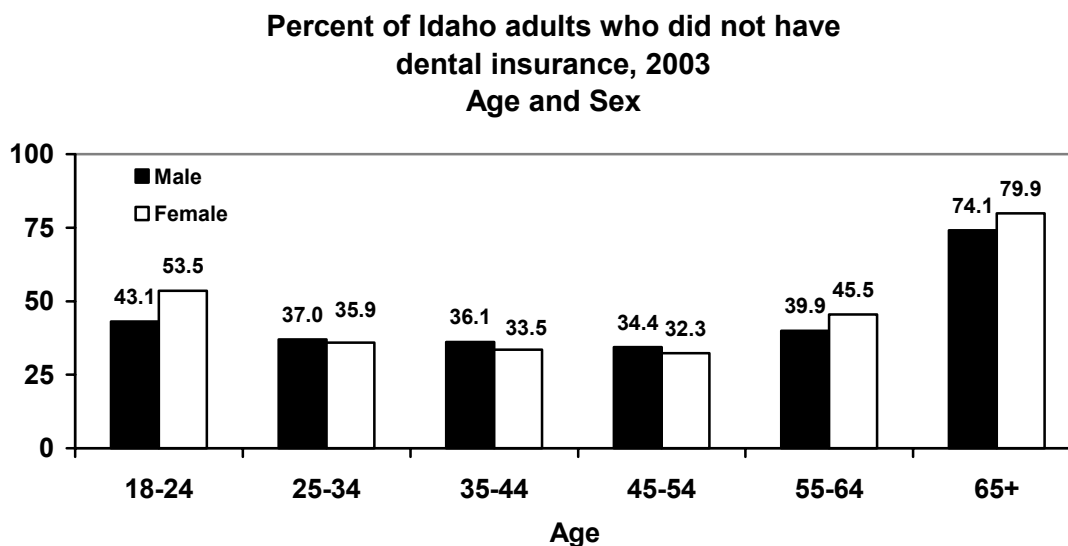
**Percent of Idaho adults who did not have
dental insurance, 2003
Health District**



General Health Status and Insurance

Dental Insurance

Little difference existed in dental insurance coverage between genders in 2003. However, significant differences existed among age categories. Adults over the age of 65 were 6.8 times more likely (77.3 percent) than those aged 45-54 (33.4 percent) to not have dental insurance. The senior population is significantly different when compared with all other ages due to three-quarters of seniors living without dental insurance.



Other highlights:

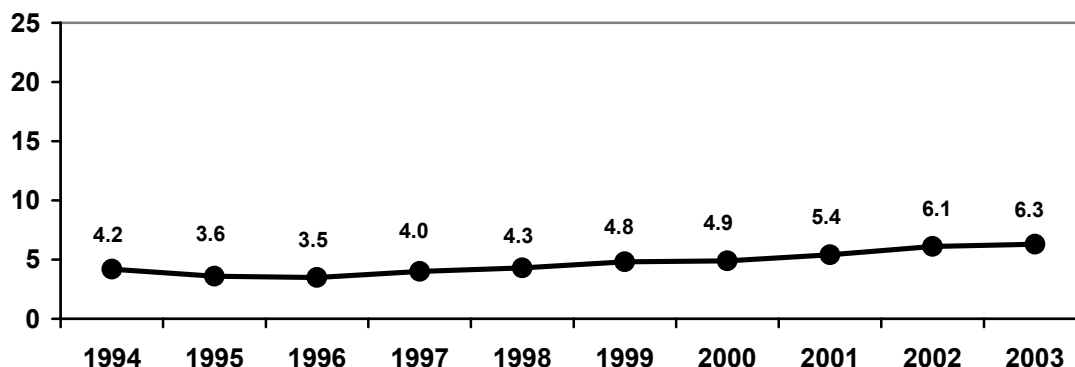
- Idaho adults with less than a high school education were four (4.0) times more likely to not have dental insurance (64.9 percent) than those who had graduated from college (31.8 percent).
- Adults without dental insurance were 2.5 times more likely to report their general health status as less than “good.”
- Idaho adults without dental insurance were 3.3 times more likely to report they had not visited a dentist within the past year.
- Dental insurance coverage was positively related to household income. Those with a household income of less than \$25,000 per year were eight (8.0) times more likely to not have dental insurance than adults with an annual household income of \$50,000 or more.
- Adults who were unemployed were 4.8 times more likely to not have dental insurance (69.7 percent) than those who were employed (32.4 percent).

Chronic Disease Prevalence

Diabetes

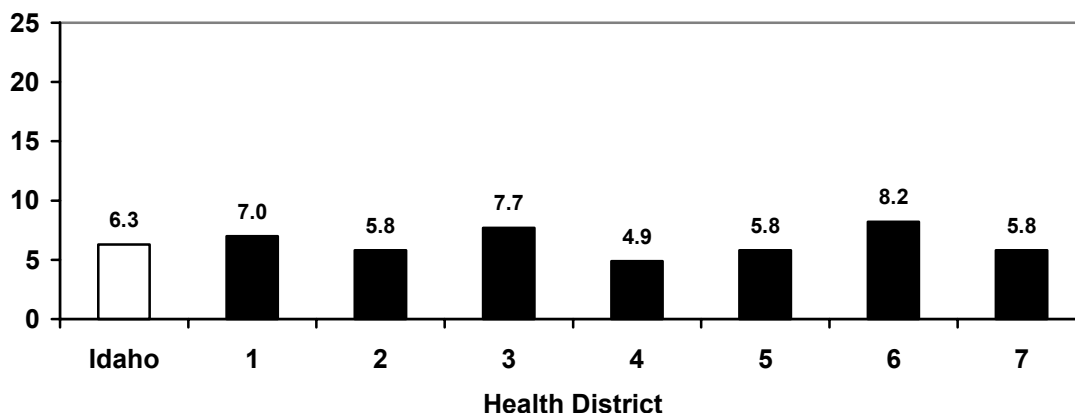
Following national trends of increasing prevalence over the last 10 years, the percentage of Idaho adults with diabetes has significantly increased. The 2003 prevalence of 6.3 percent is a 50.0 percent increase from a prevalence of 4.2 percent in 1994.

**Percent of Idaho adults who had ever been told
they had diabetes
1994-2003**



There were no significant differences when comparing diabetes prevalence by health district of residence in 2003. Prevalence of diabetes ranged from a low of 4.9 percent of adults in Health District 4 to a high of 8.2 percent of adults in Health District 6.

**Percent of Idaho adults who had ever been told
they had diabetes, 2003
Health District**

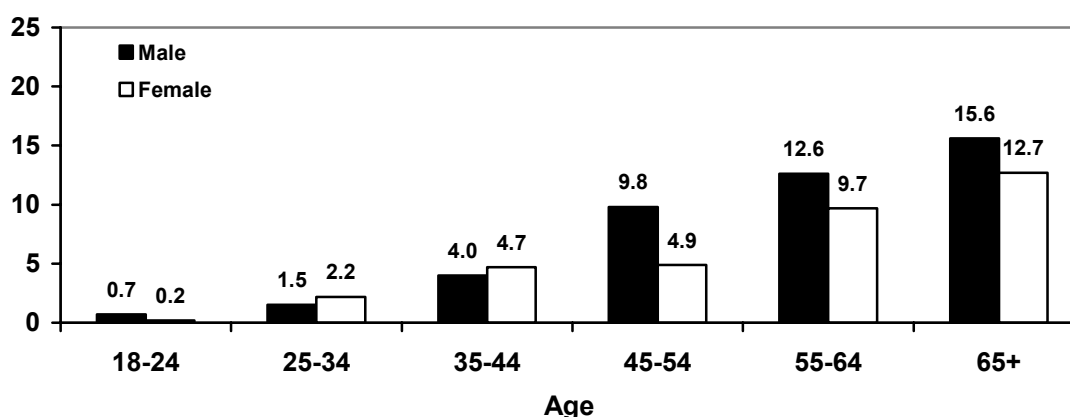


Chronic Disease Prevalence

Diabetes

Males had a higher likelihood of having been diagnosed with diabetes (6.9 percent) than females (5.7 percent) in 2003, but the difference was not significant. Among age groups, adults over the age of 55 were significantly more likely to have ever been diagnosed with diabetes when compared with the rest of the adult population. Those aged 65 and older were 6.7 times more likely to have been diagnosed (14.0 percent) than those aged 18-44 (2.4 percent).

**Percent of Idaho adults who had ever been told
they had diabetes, 2003
Age and Sex**



Other Highlights:

- Significant differences between education levels among adults diagnosed with diabetes existed. Idaho adults with less than a college education were two (2.0) times more likely to have been diagnosed with diabetes (7.2 percent) than those with a college degree (3.8 percent).
- Idaho adults who were diagnosed with diabetes were 5.9 times more likely to report their general health status as less than “good” than those without diabetes.
- Obese ($BMI \geq 30$) adults were nearly five (4.9) times more likely to have received a diagnoses of diabetes than those who were not obese. This difference was significant in 2003. Adults who were overweight were more than five (5.2) times more likely to have been diagnosed with diabetes than those who were not overweight.
- Those who reported no leisure time physical activity were 2.5 times more likely to have been diagnosed with diabetes when compared with those who participated in some kind of leisure time physical activity.

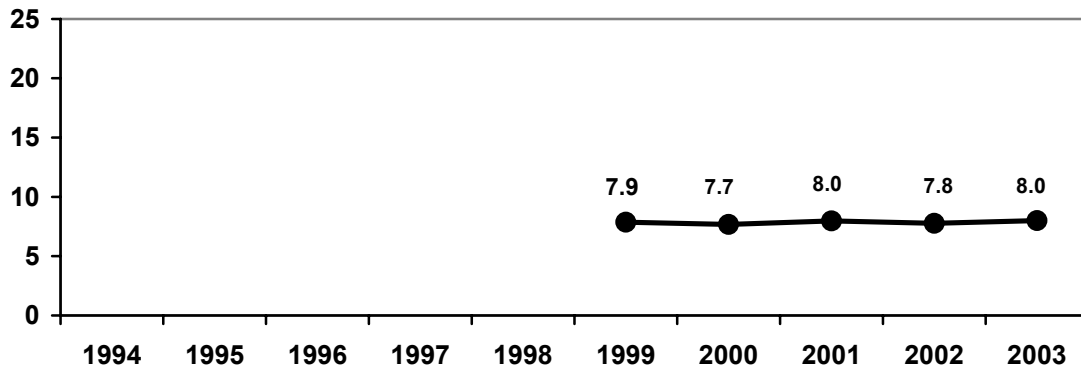
Chronic Disease Prevalence

Asthma

Prior to 2002, the Idaho BRFSS reported asthma prevalence as those who had ever been told they had asthma. Beginning in 2002, Idaho began reporting asthma prevalence as adults who had ever been told they had asthma and reported they still did. In 2003, this prevalence was 8.0 percent.

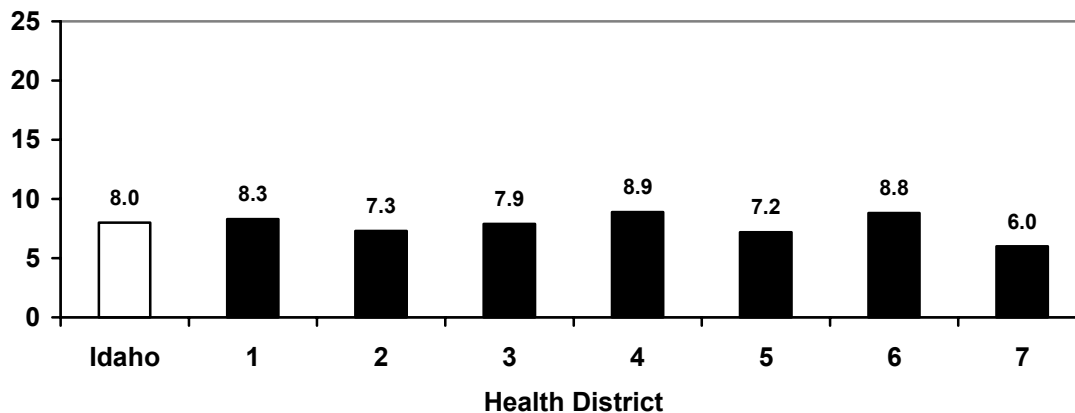
**Percent of Idaho adults who were diagnosed
and still had asthma, 1994-2003**

Breaks in the trendline indicate data are not available for those years



Idaho residents living in Health District 7 were significantly less likely to have asthma (6.0 percent) than the rest of the state. Health District 4 reported the highest prevalence at 8.9 percent, but the difference was not statistically different than the prevalence for the rest of the state.

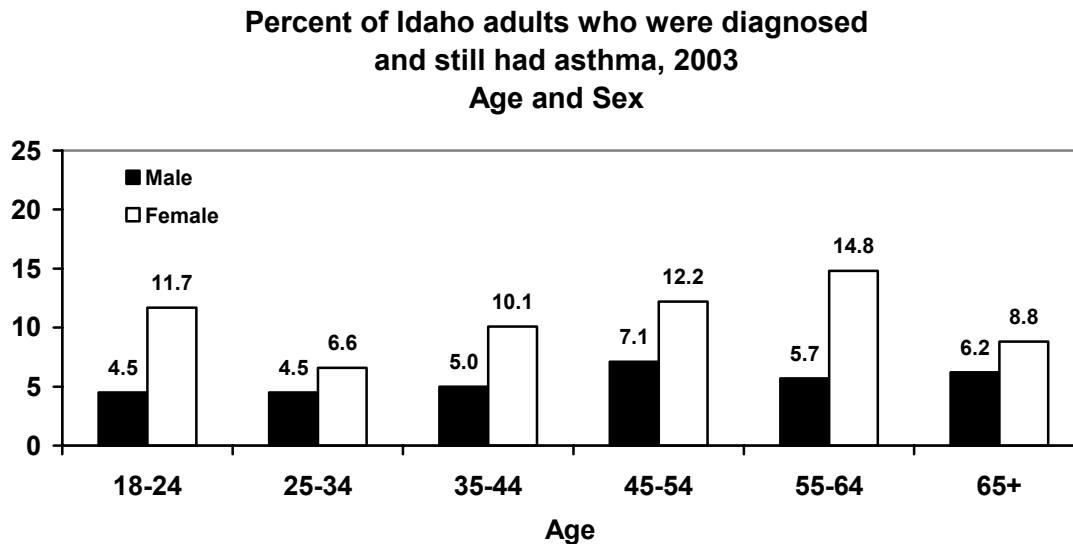
**Percent of Idaho adults who were diagnosed
and still had asthma, 2003
Health District**



Chronic Disease Prevalence

Asthma

In 2003, females were significantly more likely (2.0 times) to report having asthma (10.4 percent) than males (5.5 percent) in 2003. Among age categories, adults in the 55-64 age group were twice (2.0 times) as likely (10.3 percent) as those aged 25-34 (5.5 percent) to report having asthma. Those aged 18-24 were 1.5 times more likely (7.9 percent) than those aged 25-34 to have asthma (5.5 percent).



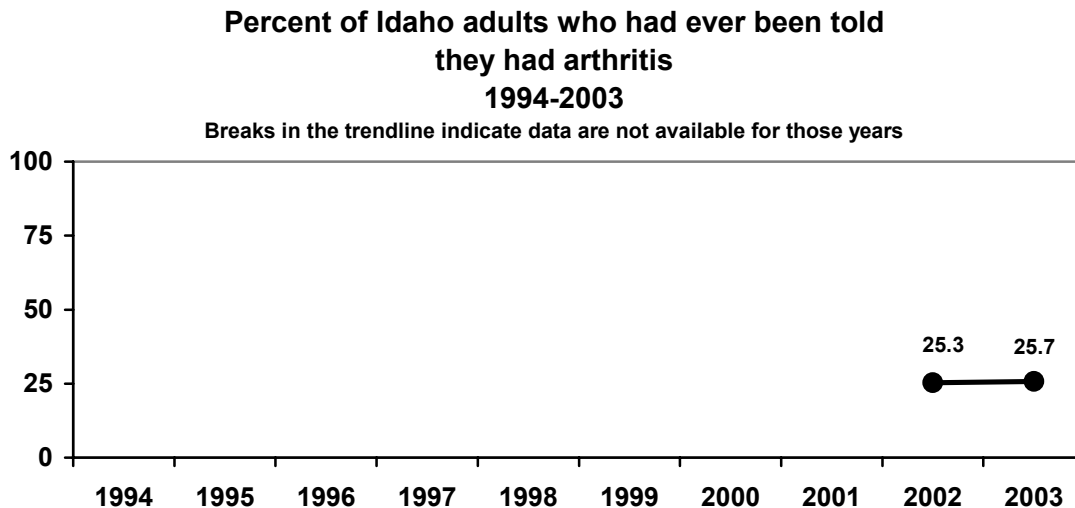
Other Highlights:

- Adults who reported they were unemployed were 2.2 times as likely (13.4 percent) as those either self-employed or employed for wages (6.6 percent) to have asthma.
- Idaho residents with incomes less than \$15,000 per year were 1.7 times more likely (11.7 percent) to have asthma when compared with those in other income categories (6.0 percent – 10.2 percent).
- Adults with asthma were 2.3 times more likely to report their general health status as less than “good” and were 1.5 times more likely to be obese.
- Those with asthma in 2003 were 1.4 times less likely to engage in leisure time physical activity.
- Adults who reported having asthma were 1.4 times as likely to smoke cigarettes.

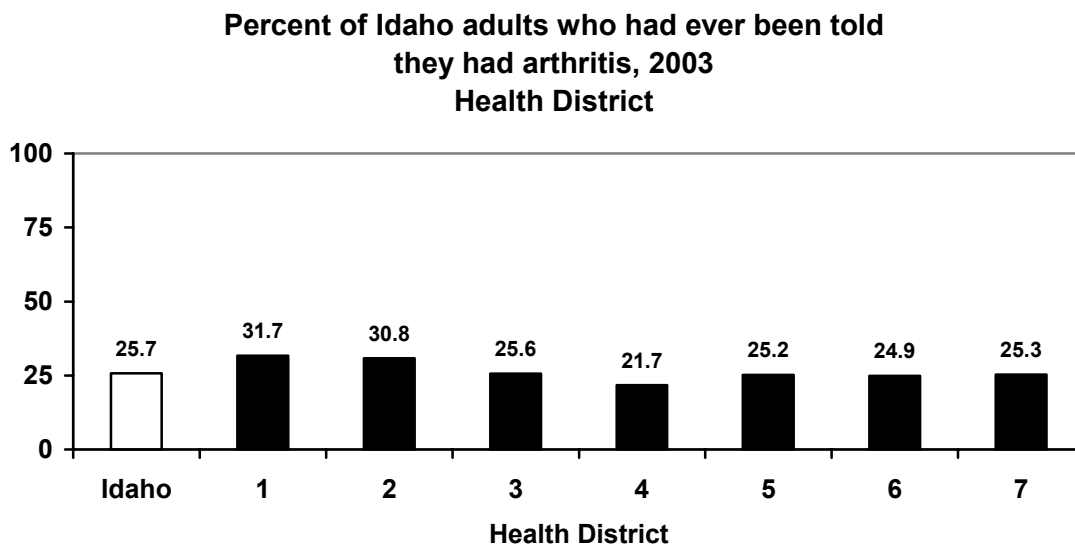
Chronic Disease Prevalence

Arthritis

Due to a change in the definition of arthritis, data for arthritis prevalence published by BRFSS prior to 2002 are not comparable to data published after 2002 and are not presented in this report. In 2003, 25.7 percent of the Idaho adult population had doctor diagnosed arthritis.



Among the health districts, Health District 1 (31.7 percent) and Health District 2 (30.8 percent) had significantly higher prevalence of arthritic adults in 2003 compared with the rest of the state. Health District 4 adults had a significantly lower prevalence of arthritis (21.7 percent) than the rest of Idaho adults.

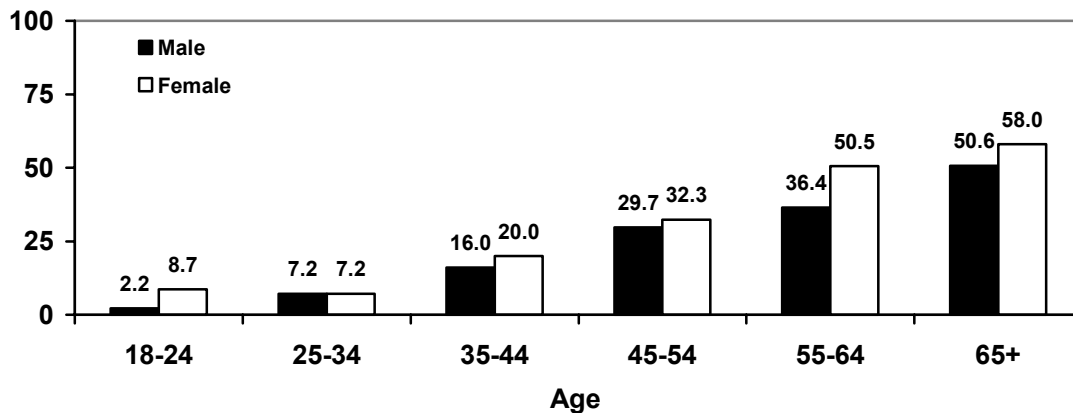


Chronic Disease Prevalence

Arthritis

In 2003, there was a significant difference in arthritis prevalence between males and females. Females were 1.4 times more likely (29.0 percent) than males (22.3 percent) to have been diagnosed with arthritis. Adults aged 18-34 were significantly less likely (6.3 percent) to have been diagnosed than those in older age groups. Nearly half (49.7 percent) of Idaho adults over the age of 55 reported having been diagnosed with arthritis.

**Percent of Idaho adults who had ever been told
they had arthritis, 2003
Age and Sex**



Other Highlights:

- College graduates were significantly less likely to have arthritis (20.7 percent) compared with adults with less education. Adults with a less than high school education were 1.7 times more likely to have arthritis (30.5 percent) than college graduates. Those who were employed were significantly less likely (18.8 percent) to have arthritis than those not employed (36.6 percent).
- Adults with incomes less than \$15,000 were 1.6 times more likely to have arthritis (29.9 percent) than those with incomes of \$50,000 or more (20.8 percent). Those with incomes between \$15,000 and \$25,000 were 1.6 times more likely (29.5 percent) to have arthritis than those with incomes of \$50,000 or more.
- Adults diagnosed with arthritis were 4.3 times more likely to report their general health as less than “good.”
- Adults with arthritis were 2.1 times more likely to be obese ($BMI \geq 30$) and 1.9 times more likely to not participate in leisure time physical activity than those without arthritis.

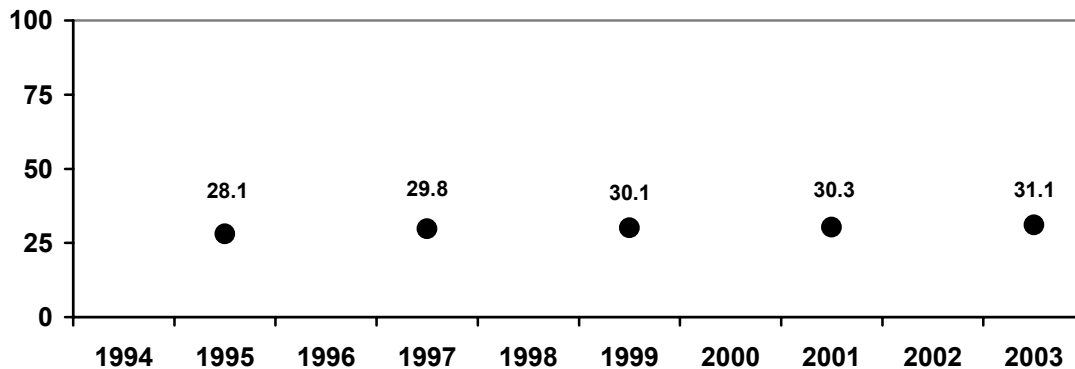
Chronic Condition Prevalence

High Cholesterol

Among Idaho adults who had been screened for high cholesterol, 31.1 percent reported that they were told their cholesterol was high. The percentage of adults who were screened and told they had high cholesterol has increased significantly since 1997.

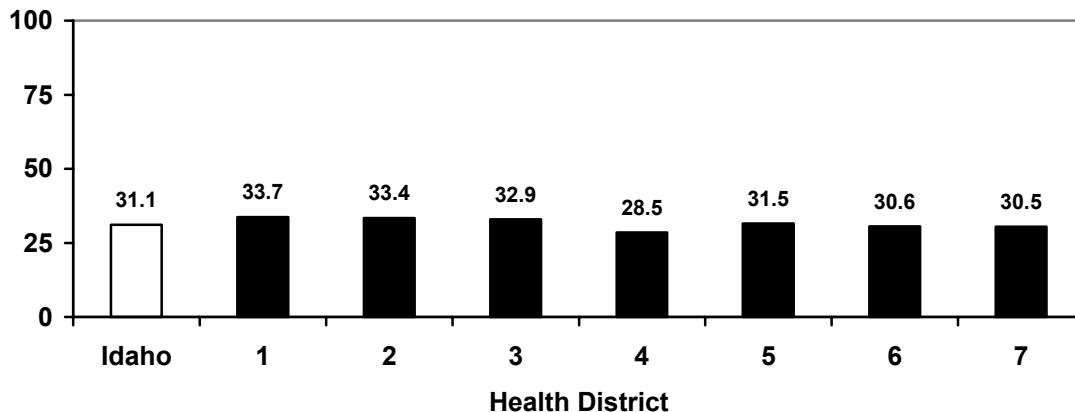
Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 1994-2003

Breaks in the trendline indicate data are not available for those years



Although there were no significant differences among health district of residence, the prevalence of high cholesterol among adults who were screened ranged from a low of 28.5 percent in Health District 4 to a high of 33.7 percent in Health District 1.

Percent of Idaho adults who were ever told they had high cholesterol, among those screened, 2003
Health District

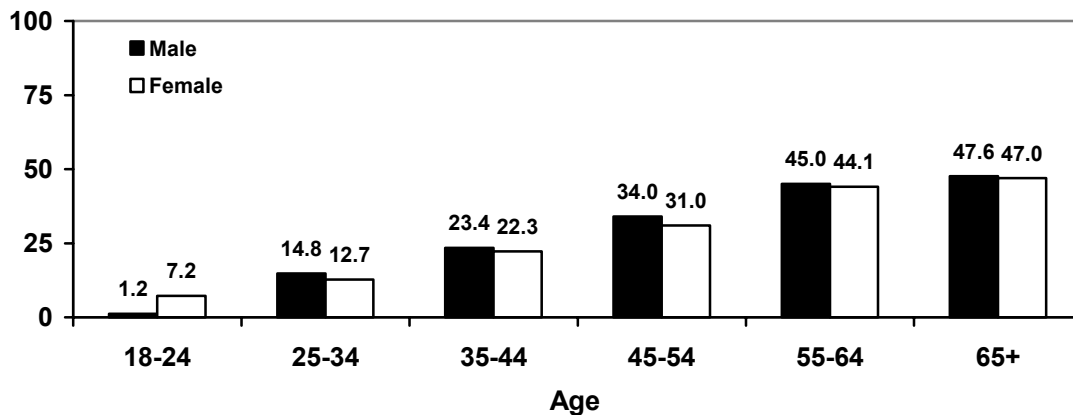


Chronic Condition Prevalence

High Cholesterol

There were no significant differences between males and females who had been told they had high cholesterol after being screened. Adults aged 55 and older were significantly more likely to have had high blood cholesterol levels (46.7 percent) than those younger than 55 years old (22.0 percent). Cholesterol levels of adults aged 45-54 were three (3.1) times more likely to be high (32.5 percent) when compared with those aged 18-44 (16.3 percent).

**Percent of Idaho adults who were ever told
they had high cholesterol, among those screened, 2003
Age and Sex**



Other Highlights:

- Adults who had been screened and later told they had high cholesterol were 2.3 times more likely to report their general health status as less than “good.”
- Those who were screened and had high cholesterol were 2.1 times more likely to be overweight (BMI ≥ 25) and 1.8 times more likely to be obese (BMI ≥ 30) than those who had not been told they had high cholesterol.
- Screened adults with high cholesterol were 2.9 times more likely to have a co-morbidity such as diabetes, asthma, arthritis, obesity, or high blood pressure than those without high cholesterol.
- Idaho adults told they had high cholesterol after being screened were 1.7 times more likely to not engage in leisure time physical activity.

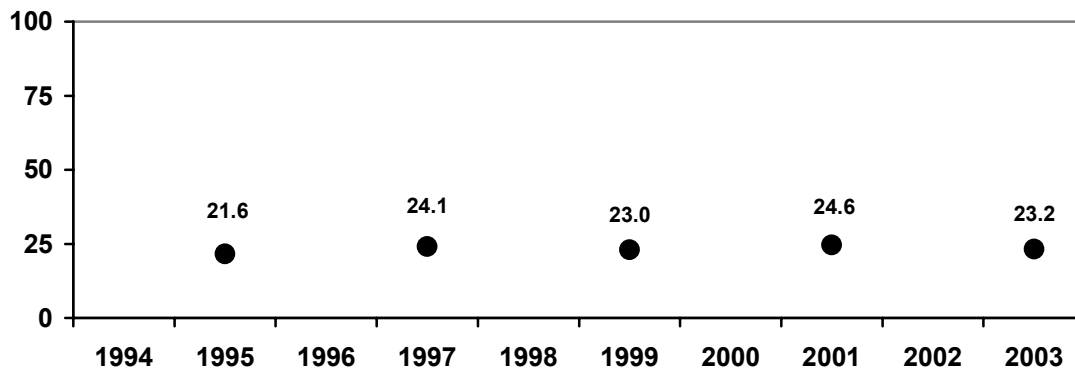
Chronic Condition Prevalence

High Blood Pressure

The prevalence of high blood pressure in Idaho's adult population has not increased or decreased significantly and varied little over the last few years. In 2003, 23.2 percent of Idaho adults had ever been told they had high blood pressure.

Percent of Idaho adults who were ever told they had high blood pressure, 1994-2003

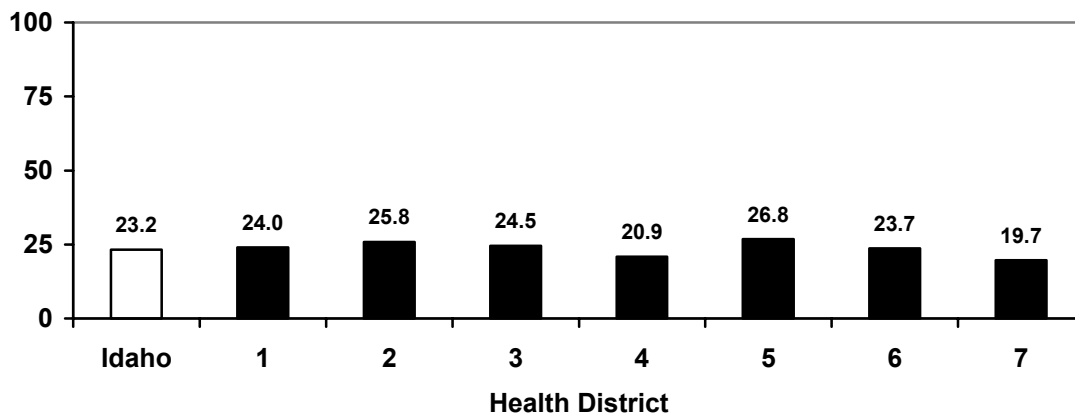
Breaks in the trendline indicate data are not available for those years



Idaho residents living in Health District 7 were significantly less likely to have high blood pressure (19.7 percent) when compared with the rest of the state. Health District 5 reported the highest prevalence at 26.8 percent of adults with high blood pressure.

Percent of Idaho adults who were ever told they had high blood pressure, 2003

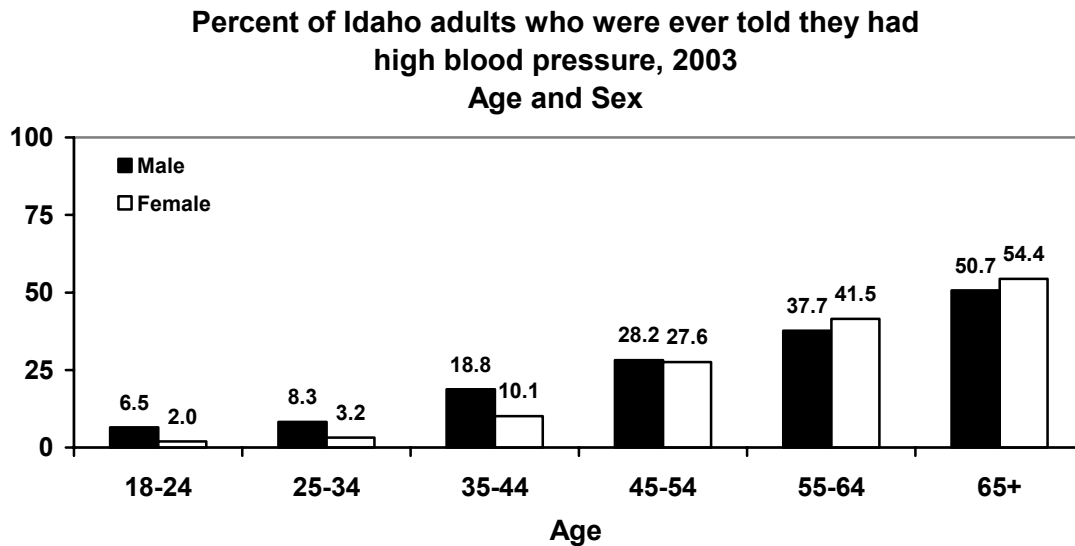
Health District



Chronic Condition Prevalence

High Blood Pressure

There were no significant differences between the percentage of males who had been told they had high blood pressure and females who reported they had high blood pressure. However, significant differences existed between age groups. The prevalence of high blood pressure nearly doubled from 14.5 percent of those aged 35-44 to 27.9 percent of those aged 45-54. This difference was significant in 2003.



Other Highlights:

- Adults with high blood pressure were nearly four (3.9) times as likely as those without high blood pressure to report their general health status as less than “good.”
- Idaho residents with incomes less than \$15,000 per year were more than 1.5 times more likely to have been told they had high blood pressure (25.4 percent) than those with incomes of \$50,000 or more (18.9 percent). In addition, those with less than a high school education were 1.8 times as likely to have high blood pressure (30.4 percent) when compared with adults with a college degree (19.8 percent).
- Adults who were told they had high blood pressure were 5.2 times more likely to also be living with a co-morbidity such as diabetes, asthma, arthritis, obesity, or high cholesterol than those without high blood pressure.
- Those who were told they had high blood pressure were 2.8 times more likely to be obese and nearly two (1.9) times as likely to not engage in leisure time physical activity than those without high blood pressure.

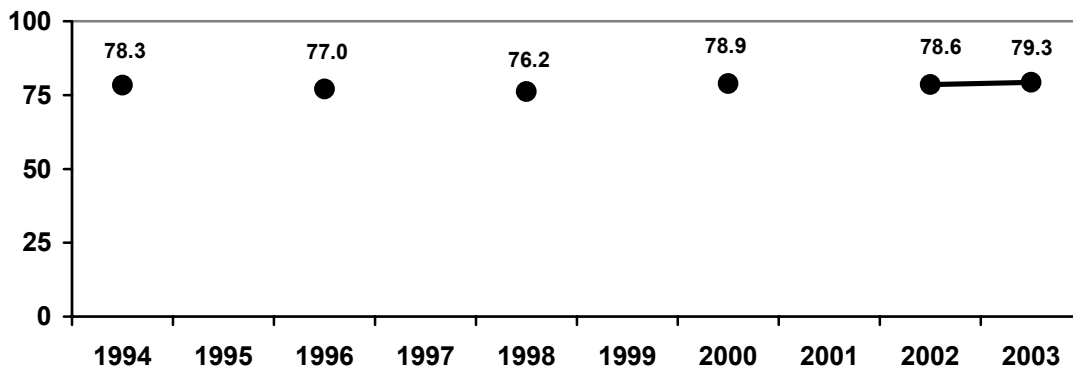
Health Risk Factors

Fruit and Vegetable Consumption

The percentage of adults not eating the recommended five servings of fruit and vegetables each day has not changed significantly over the last decade. However, the 2003 percentage of adults who reported they do not eat five servings of fruits and vegetables a day (79.3 percent) was a ten-year high.

Percent of Idaho adults who did not eat five servings of fruits and vegetables each day, 1994-2003

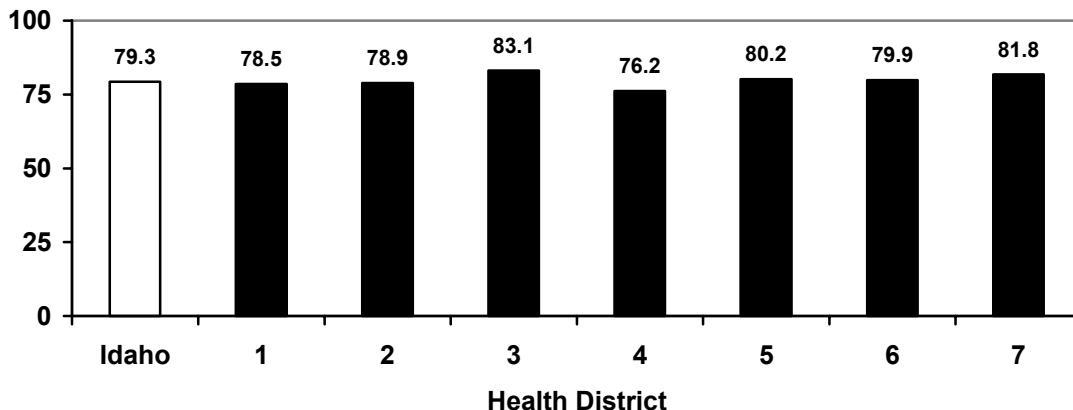
Breaks in the trendline indicate data are not available for those years



Results may differ from previous publications due to revisions in the risk factor calculation.

Health District 3 had a significantly higher percentage (83.1 percent) and Health District 4 had a significantly lower percentage (76.2 percent) of adults who did not eat five servings of fruits and vegetables per day, when compared with the rest of adults in the state.

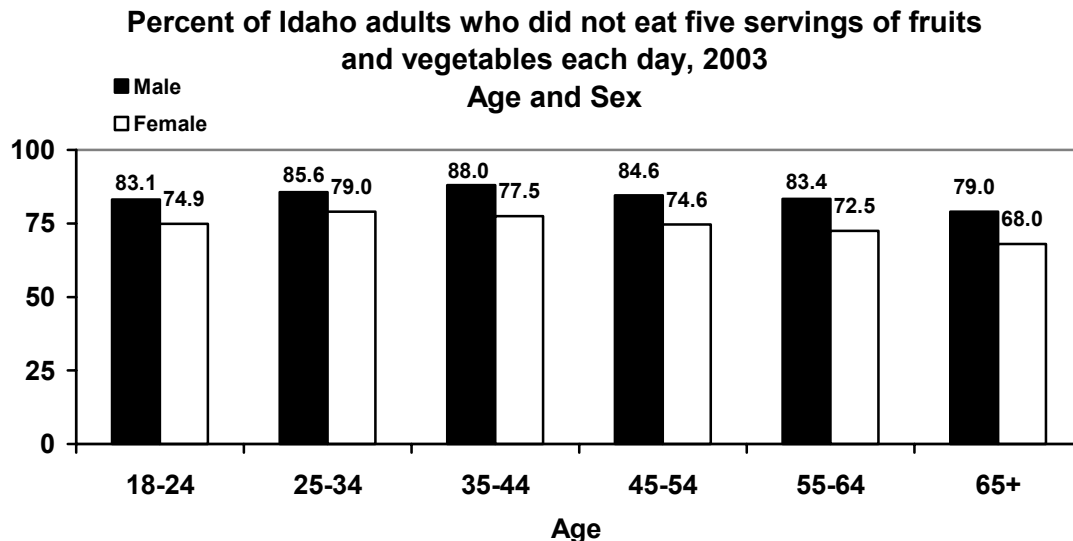
Percent of Idaho adults who did not eat five servings of fruits and vegetables each day, 2003
Health District



Health Risk Factors

Fruit and Vegetable Consumption

Males were significantly more likely to not eat the recommended daily amount of fruits and vegetable servings (84.3 percent) than females (74.5 percent). Among age groups, adults aged 35-44 were significantly more likely to not consume five or more servings per day (82.8 percent) and those aged 65 and older were significantly less likely (72.8 percent) to not eat the recommended amount of five servings per day when compared with other age groups.



Other Highlights:

- Education and employment were significantly different among Idaho adults who did or did not consume the recommended five servings of fruits and vegetables a day. Those who were employed (81.5 percent) and those with a high school education (83.2 percent) were both significantly more likely to not eat five servings per day than those who were either not employed or had more education.
- Adults who did not eat the recommended five servings of fruits and vegetables per day were 1.3 times more likely to be overweight and 1.2 times more likely to be obese than adults who did.
- In 2003, adults who did not eat five or more servings of fruits and vegetables per day were nearly two (1.7) times more likely to not participate in leisure time physical activity and to smoke cigarettes (1.9 times) than those who did eat the recommended five servings.

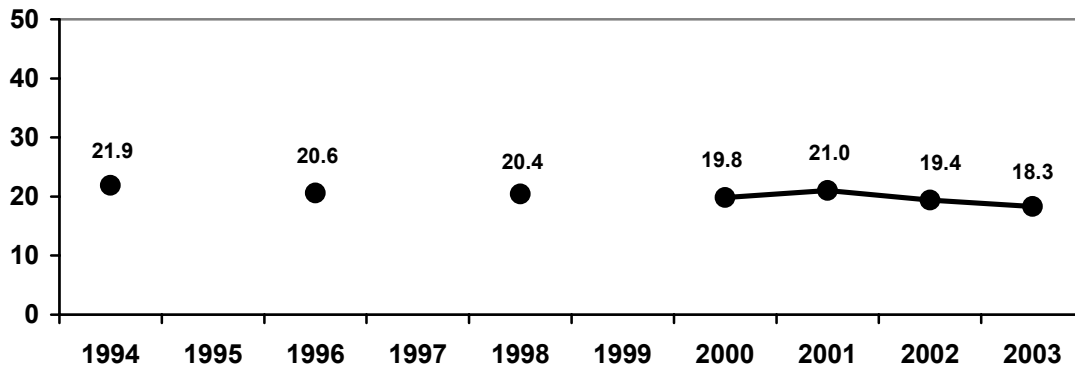
Health Risk Factors

Physical Activity (previously titled “Exercise”)

The percentage of adults who reported they did not participate in leisure time physical activity decreased significantly over the last decade. In 2003, less than one out of every five adults (18.3 percent) reported they did not participate in leisure time physical activity, the lowest percentage in ten years.

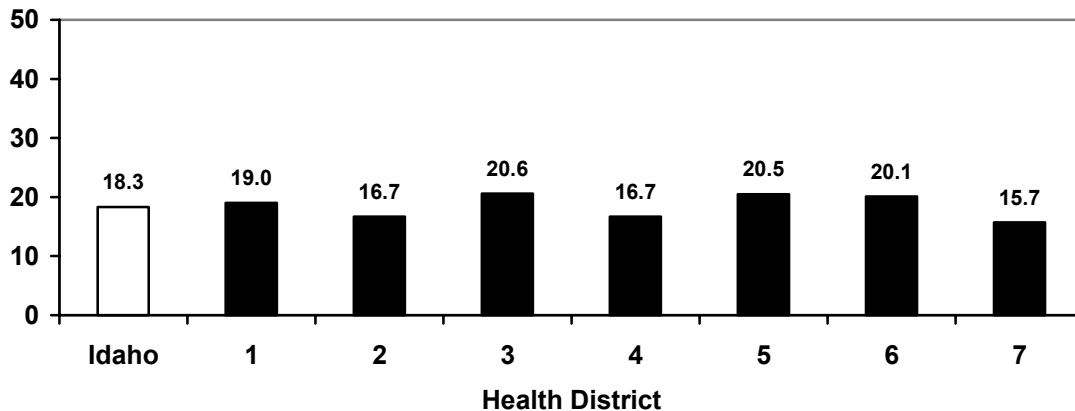
Percent of Idaho adults who did not participate in leisure time physical activity, 1994-2003

Breaks in the trendline indicate data are not available for those years



The percentage of Idaho adults who did not participate in some kind of leisure time physical activity ranged from a low of 16.7 percent in Health District 2 and Health District 4 to a high of 20.6 percent in Health District 3. The differences were not significant.

Percent of Idaho adults who did not participate in leisure time physical activity, 2003
Health District

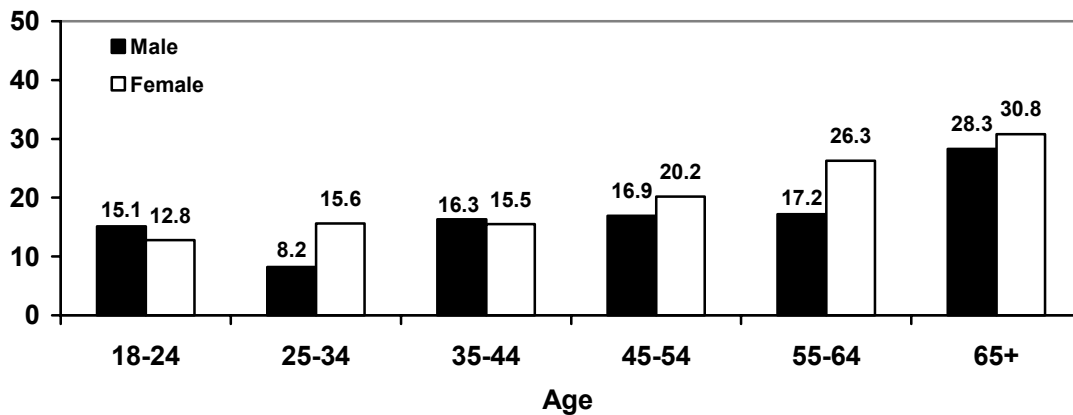


Health Risk Factors

Physical Activity (previously titled “Exercise”)

Females were significantly more likely to not participate in leisure time physical activity (20.1 percent) than males (16.5 percent). Those aged 25-34 were significantly less likely to not exercise outside of work (11.9 percent) when compared to other age groups. Those aged 55-64 were twice (2.1 times) as likely and those aged 65 and older were three (3.1) times as likely to not participate in leisure time physical activity as those aged 25-34.

Percent of Idaho adults who did not participate in leisure time physical activity, 2003
Age and Sex



Other Highlights:

- Adults with lower income and education levels were more likely to not participate in leisure time physical activity. Adults with incomes less than \$25,000 were over three (3.4) times more likely to not participate in leisure time physical activity (25.0 percent) than those with an income of \$50,000 or more (8.9 percent). Adults with less than a high school education were 3.9 times more likely to not participate in leisure time physical activity (30.2 percent) than those with a college education (10.0 percent).
- Adults who reported no leisure time physical activity were 3.8 times more likely to report less than “good” general health than those who participated.
- Those who reported no exercise outside of work were twice (2.0 times) as likely to be obese ($BMI \geq 30$). They were also twice (2.0 times) as likely to smoke cigarettes as adults who participated in some kind of physical activity in their leisure time.
- Adults who did not participate in leisure time physical activity were 1.7 times more likely to report not eating five servings of fruits and vegetables per day.

Health Risk Factors

Weight

Body Mass Index

Body Mass Index (BMI) is an index based on height and weight used to categorize an adult as not overweight or obese, overweight, or obese. BMI is calculated using the following formula:

$$\frac{\text{Weight in kilograms}}{(\text{Height in meters})^2}$$

The following table illustrates common category breakouts based on BMI and used by the BRFSS.

BMI Category	BMI
Not Overweight or Obese*	< 25.0
Overweight**	25.0 +
Obese	30.0 +

*Note: The category “Not Overweight or Obese” also includes adults who are underweight based on BMI (<18.0). Although underweight is a recognized health risk, only approximately 2.0 percent of Idaho’s adult population fall into the underweight category.

**Note: The category Overweight *includes* the category Obese.

Overweight and Obesity Trends

The prevalence of adult Idahoans who were overweight has increased significantly since 1994. Over the last decade, the percentage of overweight adults in Idaho increased by 20.8 percent from 49.1 percent in 1994 to 59.3 percent in 2003.

The prevalence of adult Idahoans considered obese also increased significantly since 1994 to include more than 1 out of every 5 Idahoans. In the last ten years, the percentage of adults in Idaho who were obese increased by 48.6 percent from 14.8 in 1994 to a ten-year high of 22.0 percent in 2003.

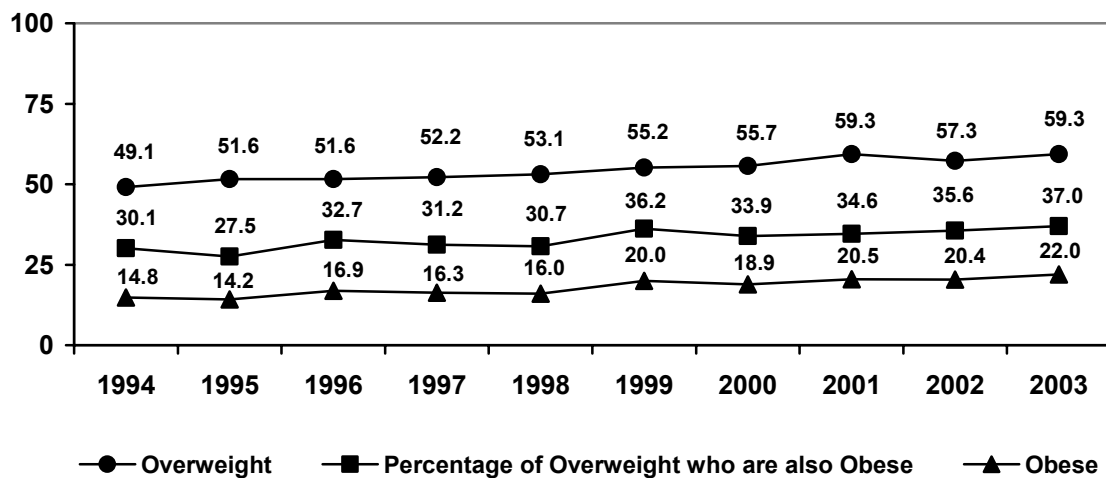
Out of the overall population of adults who were overweight, a larger percentage of them fell into the category of obese than ever before. The ratio of adults who were obese versus those who were just overweight increased by 22.9 percent over the last ten years.

Health Risk Factors

Weight

The following graph illustrates the trend of overweight and obesity. The middle line is a measure of the proportion of overweight adults who were not just overweight, but were also obese in each year. This proportion is designated on the chart by the trend line with square data points. The other two trend lines indicate the ten-year trend of overweight (circle data points) and obese (triangle data points).

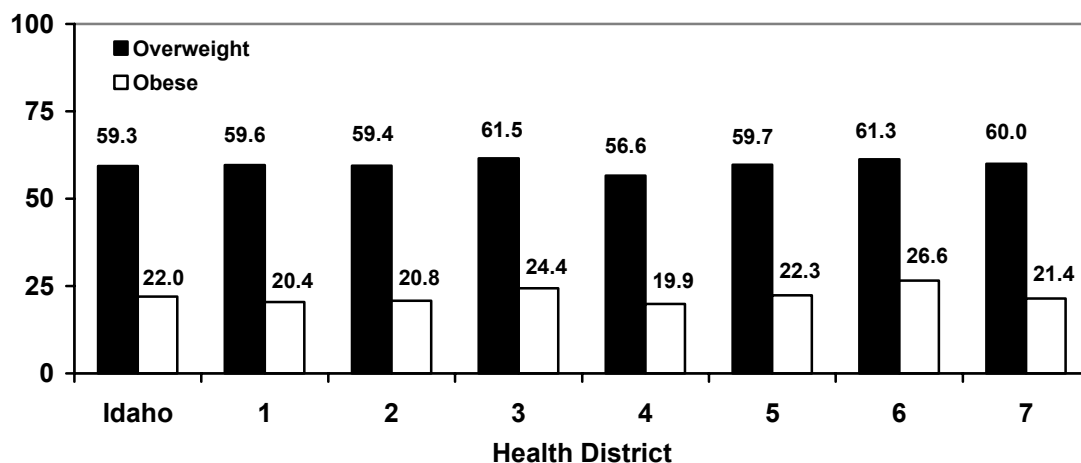
**Percent of Idaho adults who were overweight*/obese
1994-2003**



*Results for overweight may differ from previous publications due to revisions in risk factor calculation

Health district of residence made no significant difference on the prevalence of overweight or obesity in 2003. Overweight prevalence ranged from a high of 61.5 percent in Health District 3 to a low of 56.6 percent in Health District 4.

**Percent of Idaho adults who were overweight/obese, 2003
Health District**

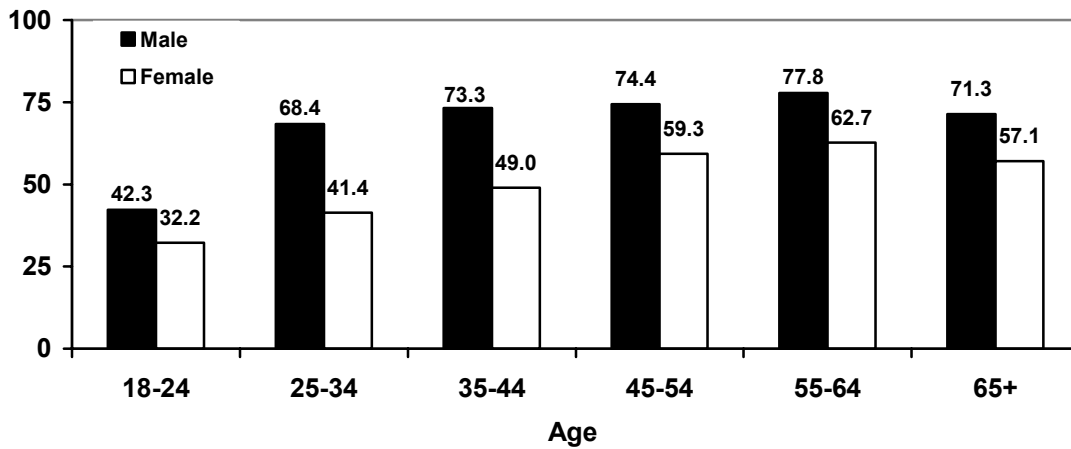


Health Risk Factors

Weight

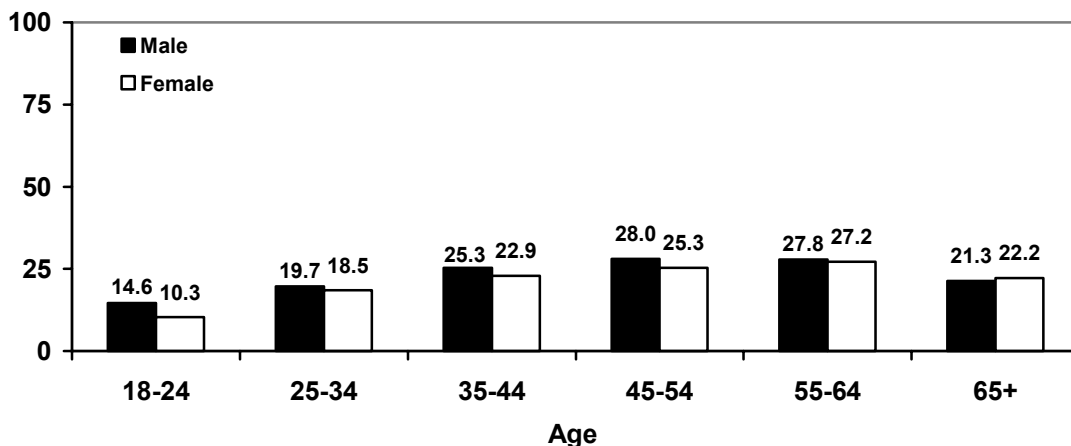
Males were significantly more likely to be overweight (68.0 percent) than females (50.1 percent). Adults aged 18-24 were significantly less likely to be overweight (37.6 percent), and those either 45-54 (67.3 percent) or 55-64 (70.6 percent) were significantly more likely to be overweight than other age groups.

Percent of Idaho adults who were overweight, 2003
Age and Sex



Males (22.8 percent) and females (21.0 percent) did not differ significantly in obesity prevalence. Among age groups, adults 45-54 (26.7 percent) and 55-64 (27.5 percent) had a significantly higher prevalence of obesity and those 18-24 had a significantly lower prevalence (12.6 percent) than all other adults.

Percent of Idaho adults who were obese, 2003
Age and Sex



Health Risk Factors

Weight

Other Highlights:

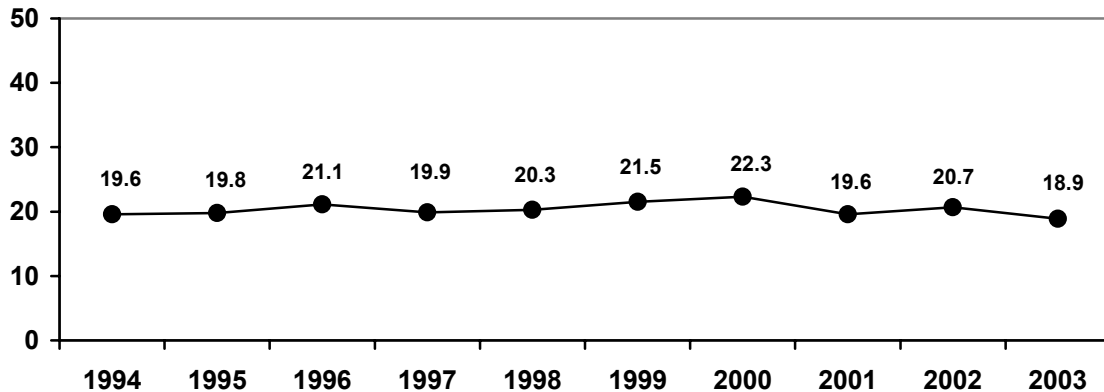
- Although adults with incomes less than \$15,000 were significantly less likely to be overweight, this group was not significantly different in obesity prevalence. Adults in the “other” employment category were significantly more likely to have a lower prevalence of overweight and obesity, but this is due to the “other” employment category including a large percentage of students and retirees. It is probable that the age differences affected the prevalence more so than employment status.
- Level of education was not significant among Idaho’s adult prevalence of overweight, but those with a college education were significantly less likely to be obese (16.5 percent) than those with less education. Both the prevalence of overweight and the prevalence of obesity decreased as level of education increased.
- Overweight adults were 1.4 times as likely to report their general health as less than “good” compared with those who were not overweight. In contrast, adults who were obese were more than twice (2.2 times) as likely to report their general health as less than “good” than those who were not obese.
- Adults who were overweight were 1.4 times more likely than those who were not overweight to report they did not participate in any kind of leisure time physical activity.
- Obese Idahoans were two times (2.0) more likely to report they did not participate in leisure time physical activity than those who were not obese.
- Overweight and obese adults were 1.3 times more likely to not consume at least five servings of fruits and vegetables per day.
- Idaho adults categorized as overweight were 2.3 times more likely to have a chronic disease or condition such as diabetes, asthma, arthritis, high cholesterol, or high blood pressure than those who were not overweight. Those who were obese were over two and a half (2.6) times more likely to have a co-morbidity than those who were not obese.

Health Risk Factors

Cigarette Smoking

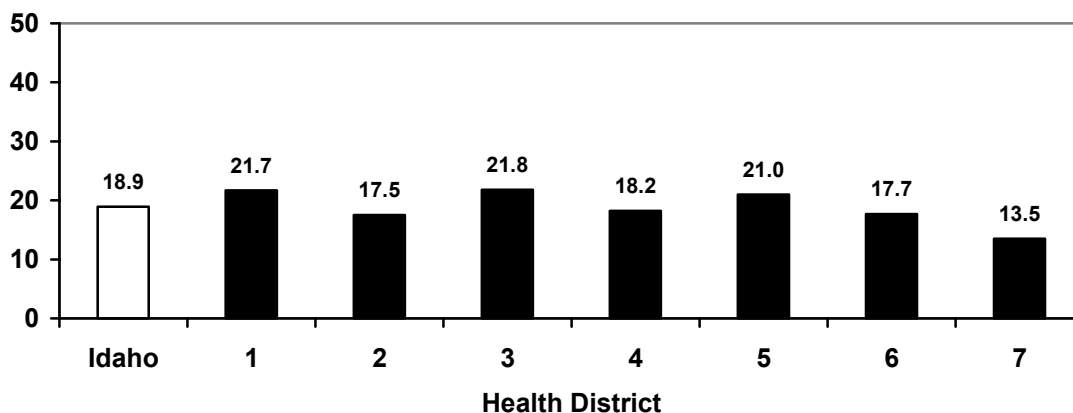
The prevalence of cigarette smoking among Idaho adults decreased to a ten-year low of 18.9 percent in 2003. However, the overall trend of cigarette smoking has changed little in the last decade with no significant increases or decreases in prevalence between years.

**Percent of Idaho adults who smoked cigarettes
1994-2003**



In 2003, the percentage of adults who smoked in Health District 7 was significantly lower (13.5 percent) than the rest of the state. The health district with the highest prevalence of smoking among adults was Health District 3 at 21.8 percent.

**Percent of Idaho adults who smoked cigarettes, 2003
Health District**

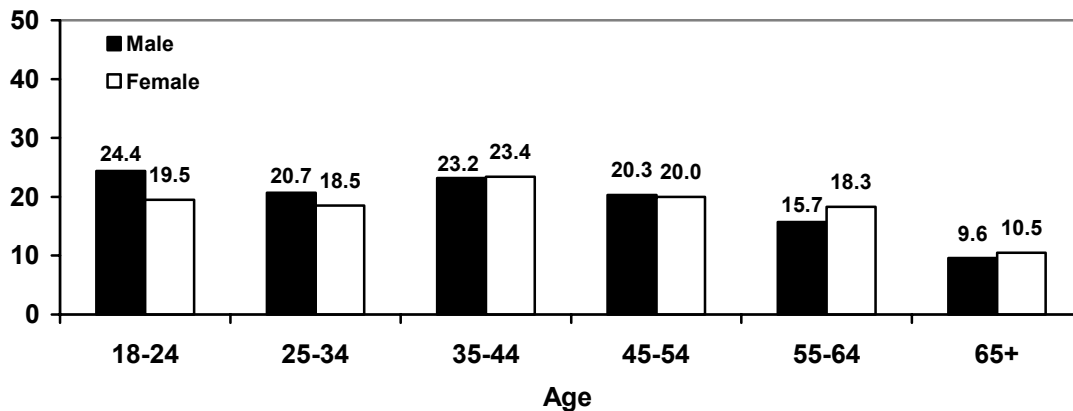


Health Risk Factors

Cigarette Smoking

In 2003, females were nearly just as likely (18.4 percent) as males (19.5 percent) to smoke cigarettes. Significant differences were seen among age categories, however. Adults aged 35-44 (23.3 percent) were significantly more likely to smoke cigarettes when compared with other age categories. Adults over the age of 65 were significantly less likely to smoke (10.1 percent) than those in other age categories.

Percent of Idaho adults who smoked cigarettes, 2003
Age and Sex



Other Highlights:

- As level of education increased, smoking prevalence decreased significantly. Those with an education of less than high school were more than five and a half (5.6) times more likely to smoke cigarettes (34.4 percent) than those with a college education (8.6 percent). Those with a high school education were three and a half (3.6) times more likely (25.4 percent) and those with some college were over two (2.3) times more likely (17.6 percent) to smoke cigarettes when compared with college graduates.
- Adults with incomes less than \$25,000 were significantly more likely to smoke cigarettes than those with higher incomes. Those with incomes less than \$15,000 were nearly four (3.8) times more likely to smoke (28.7 percent) than those with incomes of \$50,000 or more (9.6 percent). Those with incomes ranging from \$15,000 to \$24,999 were 3.7 times more likely to smoke (28.2 percent) than those with incomes of \$50,000 or more.
- Adult cigarette smokers were 2.3 times more likely to have less than “good” general health, 3.0 times more likely to not have health insurance coverage, and twice (2.0 times) as likely to not engage in leisure time physical activity.

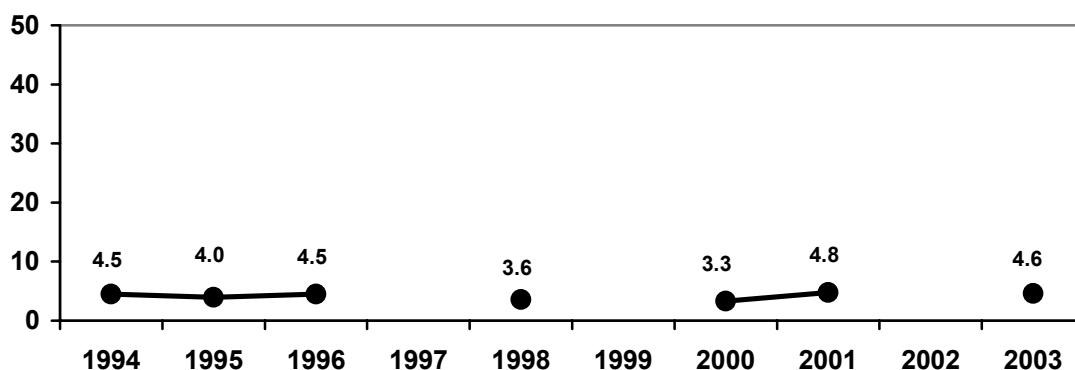
Health Risk Factors

Smokeless Tobacco Use

The prevalence of smokeless tobacco use among Idaho adults has varied little over the last decade with no significant increase or decline in usage. In 2003, the percentage of Idaho adults using smokeless tobacco products was 4.6 percent.

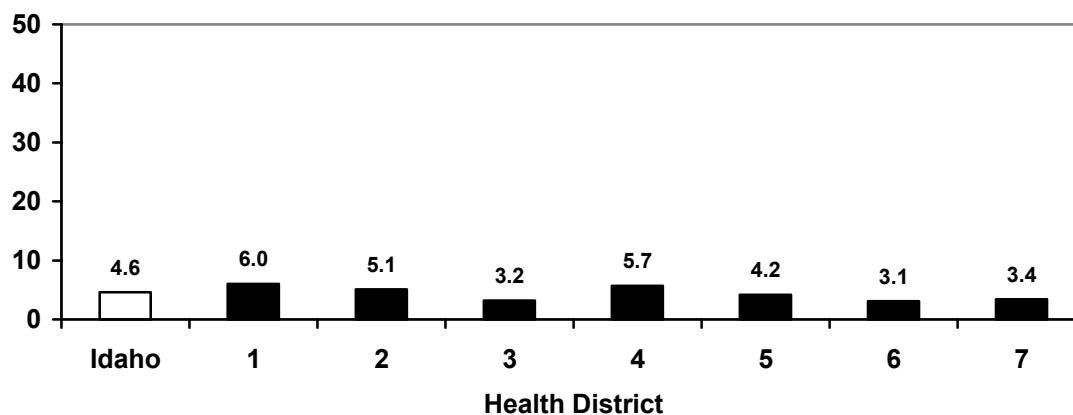
**Percent of Idaho adults who used smokeless tobacco
1994-2003**

Breaks in the trendline indicate data are not available for those years



In 2003, there was little difference in the percentage of adults who used smokeless tobacco among the seven health districts. The prevalence of smokeless tobacco use ranged from a low of 3.1 percent in Health District 6 to a high of 6.0 percent in Health District 1.

**Percent of Idaho adults who used smokeless tobacco, 2003
Health District**

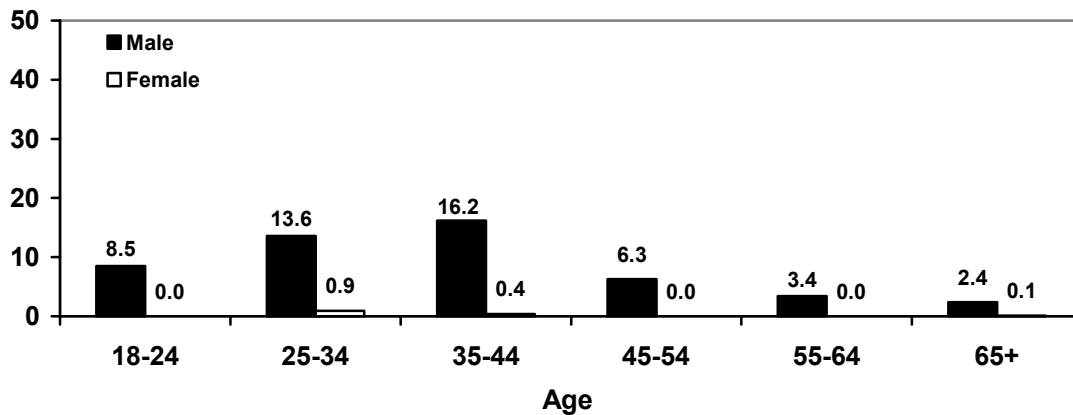


Health Risk Factors

Smokeless Tobacco Use

Males were significantly more likely to use smokeless tobacco products (9.0 percent) than females (0.2 percent). As with cigarette smoking, those aged 35-44 were significantly more likely to report smokeless tobacco use (8.4 percent) than adults in other age categories. Adults aged 55 and older were significantly less likely to use smokeless tobacco (1.4 percent) than those in the younger age groups.

Percent of Idaho adults who used smokeless tobacco, 2003
Age and Sex



Other Highlights:

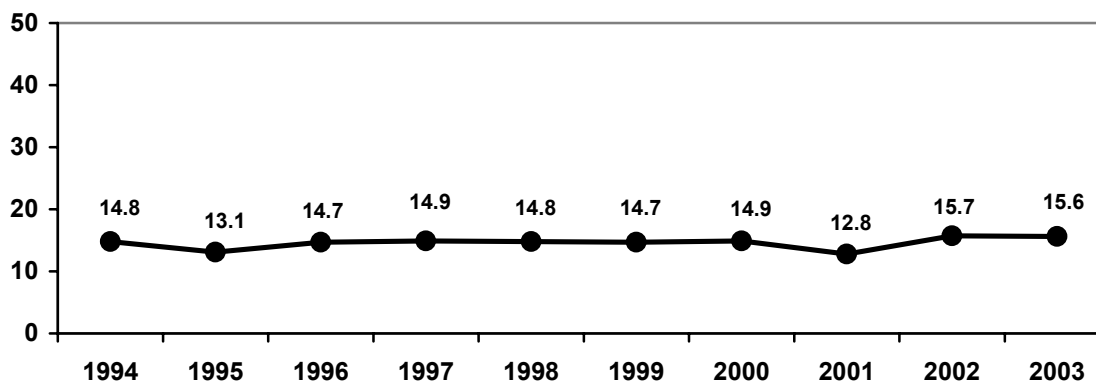
- Adults who were self-employed or employed for wages were significantly more likely to use smokeless tobacco (6.2 percent) than those who were not employed (1.8 percent).
- Adults with incomes between \$34,999 and \$50,000 were significantly more likely to use smokeless tobacco (7.4 percent) than any other income category. Those with incomes of less than \$15,000 per year were significantly less likely to use smokeless tobacco (2.3 percent) than those in other income categories.
- Adults who use smokeless tobacco were 1.4 times more likely to also smoke cigarettes than those who did not use smokeless tobacco.
- Smokeless tobacco users were twice (2.0 times) as likely to not eat five servings of fruits and vegetables than non-users.

Health Risk Factors

Alcohol Consumption

Binge drinking (the consumption of five or more alcoholic beverages on one occasion in the last 30 days) has not statistically increased or decreased in the last ten years. In 2003, the prevalence of binge drinking among Idaho adults was 15.6 percent.

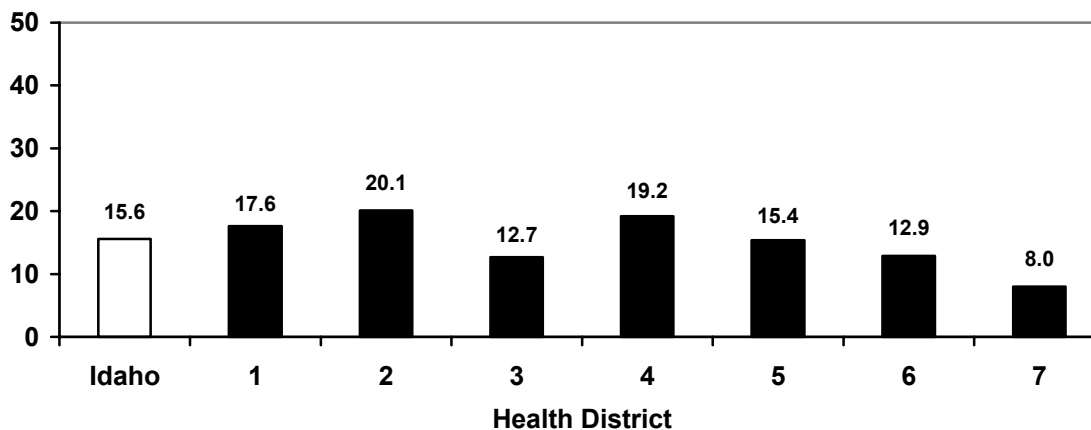
**Percent of Idaho adults who were binge drinkers
1994-2003**



Minor changes have been made to the trend line to correct data entry errors from previous editions

Idaho adults living in Health Districts 2 and 4 were significantly more likely to be at risk for binge drinking (20.1 percent and 19.2 percent, respectively) when compared to the rest of the state. Adults living in Health District 7 were significantly less likely (8.0 percent) to be binge drinkers.

**Percent of Idaho adults who were binge drinkers, 2003
Health District**

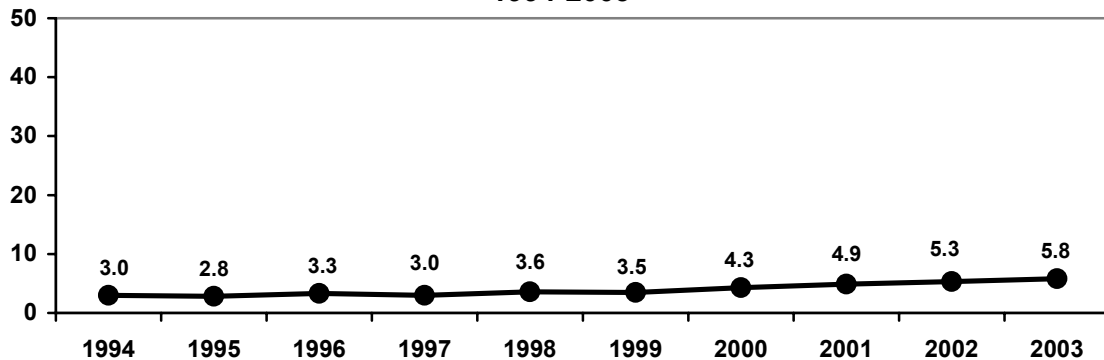


Health Risk Factors

Alcohol Consumption

In the last decade, the prevalence of heavy drinking (the consumption of 60 or more alcoholic beverages in the last 30 days) significantly increased. In 2003, the percentage of Idaho adults who were heavy drinkers was at a ten-year high of 5.8 percent.

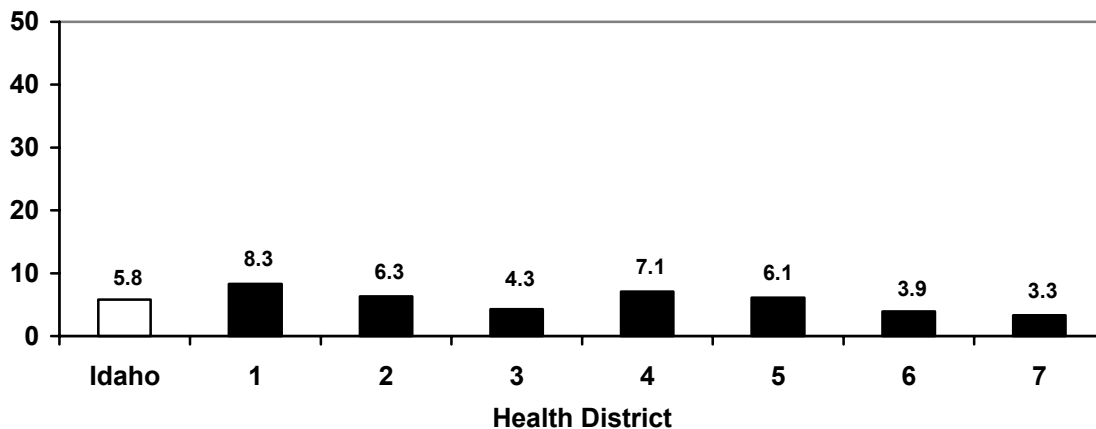
**Percent of Idaho adults who were heavy drinkers
1994-2003**



Minor changes have been made to the trend line to correct data entry errors from previous editions

Health District 1 had a significantly higher prevalence of heavy drinking (8.3 percent) when compared with the rest of Idaho. Health Districts 6 and 7 had a significantly lower percentage of the adult population engaging in heavy drinking when compared with adults in the rest of the state.

**Percent of Idaho adults who were heavy drinkers, 2003
Health District**

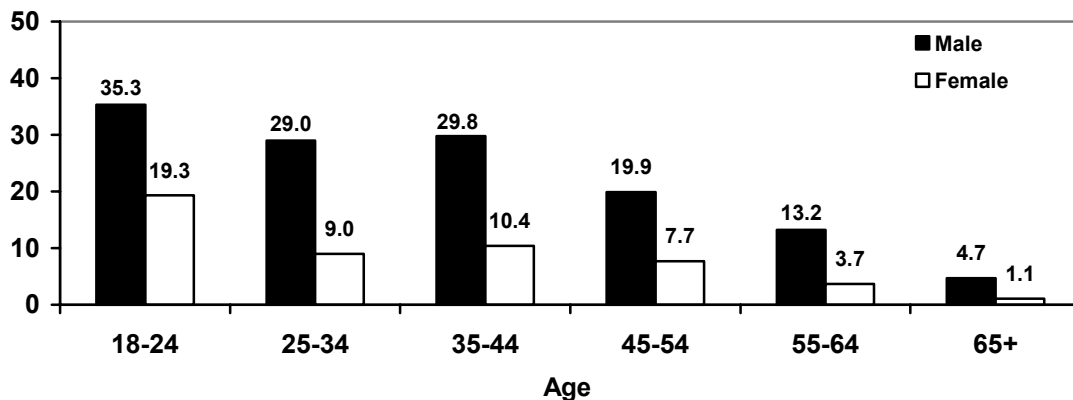


Health Risk Factors

Alcohol Consumption

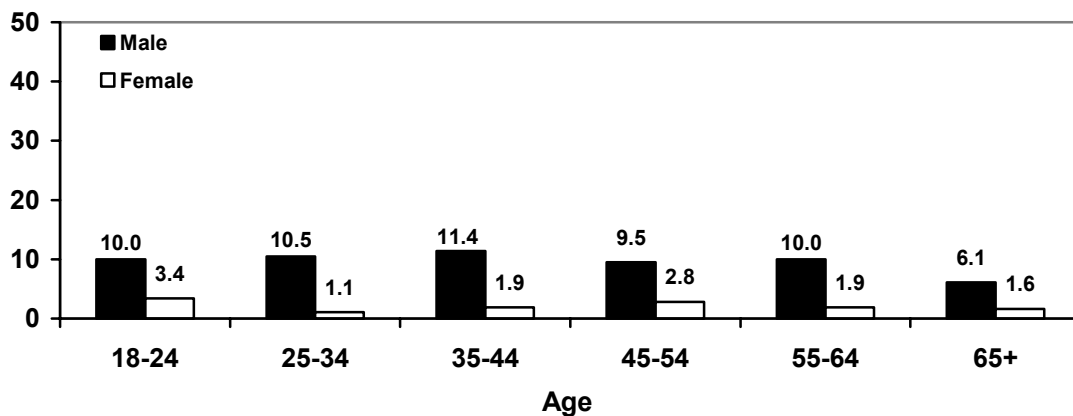
Males were 3.2 times more likely to be binge drinkers (22.9 percent) when compared with females (8.4 percent). Those in the 18-34 age range were significantly more likely (5.5 times) to be at risk for binge drinking (23.1 percent) than those aged 55 or older (5.2 percent).

Percent of Idaho adults who were binge drinkers, 2003
Age and Sex



Males were 5.1 times more likely to be heavy drinkers (9.7 percent) when compared with females (2.1 percent). Adults aged 65 and older were significantly less likely to be heavy drinkers (3.6 percent), but no significant difference was present among the other age categories.

Percent of Idaho adults who were heavy drinkers, 2003
Age and Sex



Health Risk Factors

Alcohol Consumption

Other Highlights:

- In 2003, 28.7 percent, or approximately 14,000 adults under the legal drinking age in Idaho (18-20) engaged in binge drinking in the last 30 days. Within that same age group, 9.6 percent (approximately 4,500) were heavy drinkers.
- Adults who reported binge drinking in 2003 were 3.8 times more likely than those who did not binge drink to also smoke cigarettes. Those who reported heavy drinking were 3.6 times more likely to also be cigarette smokers.
- Adults who reported they were employed in 2003 were significantly more likely (19.7 percent) to report having engaged in binge drinking than those who were not employed (8.9 percent). Not employed includes those that were either unemployed or in the “other” employment category which included students, homemakers, retirees, and persons unable to work.
- Among employment status categories, those who were unemployed were significantly more likely to be at risk for heavy drinking (7.2 percent) than those who were either employed or in the “other” employment category (4.0 percent).
- Among adult males, those engaging in heavy drinking were 1.7 times more likely to report no leisure time physical activity and 3.6 times more likely to smoke cigarettes than males who were not heavy drinkers. Males who engaged in binge drinking were 1.2 times more likely to not participate in leisure time physical activity and 3.9 times more likely to smoke cigarettes than males who were not binge drinkers.
- Among adult females, those who engaged in heavy drinking were 4.5 times more likely to smoke cigarettes. Female binge drinkers were 4.4 times as likely to smoke cigarettes.
- Adults with less than a high school education were 1.6 times more likely to binge drink (20.6 percent) than those with a college degree (14.2 percent). Those with less than a high school education were also 1.3 times more likely to be at risk for heavy drinking (7.2 percent) than those with a college education (5.7 percent).

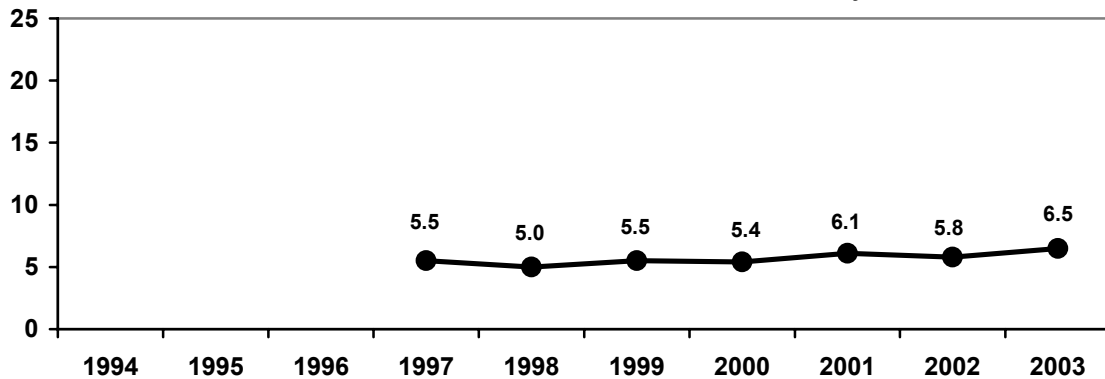
Health Risk Factors

Illicit Drug Use

The percentage of Idaho adults who reported illicit drug use within the last 12 months has significantly increased since 1997 to 6.5 percent. Drug use includes drugs not prescribed by a doctor or used to get high or for curiosity. It includes marijuana, cocaine, heroin or other opiates, and methamphetamines.

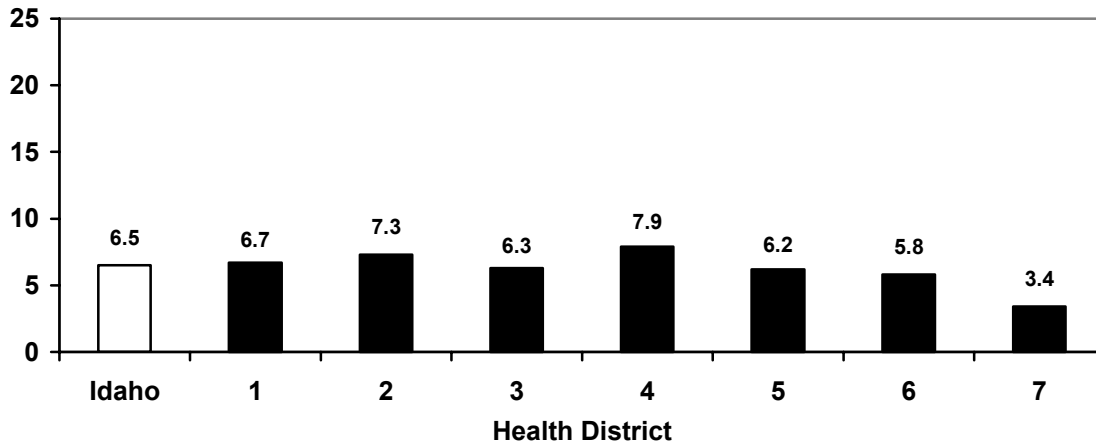
**Percent of Idaho adults who used illicit drugs
in the last 12 months, 1994-2003**

Breaks in the trendline indicate data are not available for those years



Adults living in Health District 7 were significantly less likely to have used illicit drugs in the last 12 months (3.4 percent) than those living in the rest of the state. In 2003, Health District 4 had the highest reported prevalence of illicit drug use in the last 12 months at 7.9 percent.

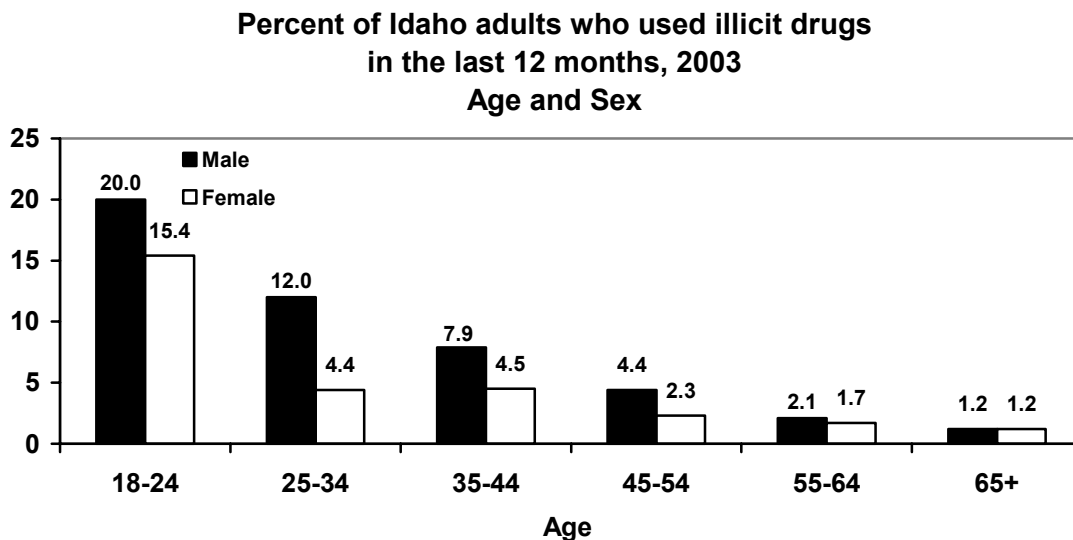
**Percent of Idaho adults who used illicit drugs
in the last 12 months, 2003
Health District**



Health Risk Factors

Illicit Drug Use

In 2003, males were significantly more likely to report illicit drug use in the last 12 months (8.2 percent) when compared with females (4.8 percent). Adults aged 18-24 were significantly more likely to have reported illicit drug use (17.8 percent) when compared with adults in other age categories. The prevalence of illicit drug use dropped by 50 percent after ages 18-24 and continued to decline among older age groups.



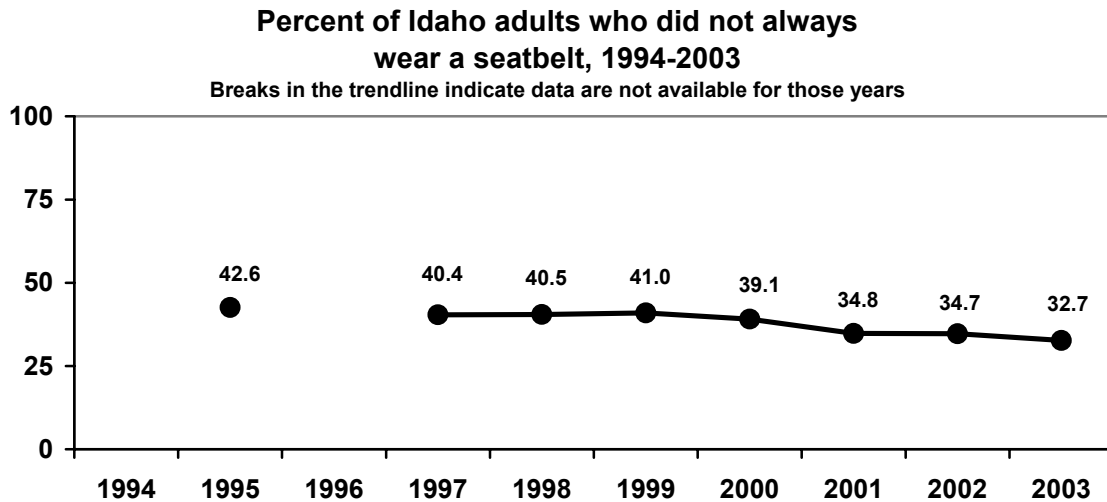
Other Highlights:

- Idaho adults who had less than a high school education were significantly more likely to have used illicit drugs in the last 12 months (10.8 percent) than those who had more education.
- Adults who reported illicit drug use in the previous 12 months were 8.0 times more likely to engage in binge drinking and 5.2 times as likely to engage in heavy drinking.
- In 2003, Idaho adults who used illicit drugs within the last 12 months were 4.6 times more likely than adults without illicit drug use in the last 12 months to smoke cigarettes.
- Adults with incomes of \$50,000 or more were 3.7 times less likely to report illicit drug use in the last 12 months (3.0 percent) than those with incomes of less than \$15,000 (10.1 percent) and 3.5 times less likely than those with incomes between \$15,000 and \$25,000 (9.7 percent).

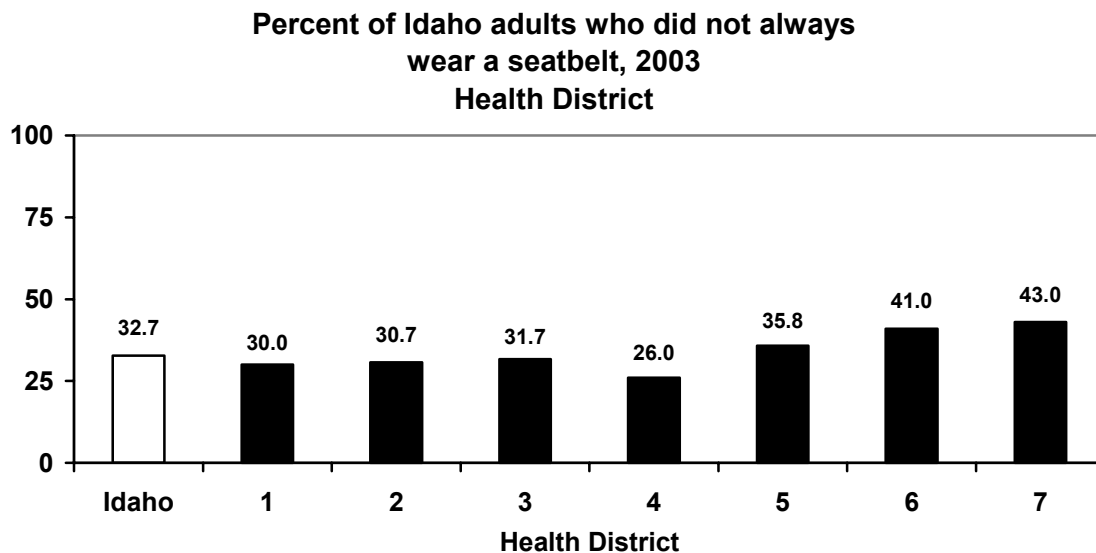
Preventive Behaviors

Seat Belt Use

The percentage of Idaho adults who did not always wear a seat belt when driving or riding in a car significantly decreased over the last ten years. The 2003 percentage of 32.7 percent not using seat belts was the lowest percentage for the years from 1994-2003 (when data were available).



The percentage of adults who did not always wear their seat belt among health districts ranged from a significant low of 26.0 percent in Health District 4 to significant highs of 41.0 percent in Health District 6 and 43.0 percent in Health District 7 when compared with adults residing outside those districts.

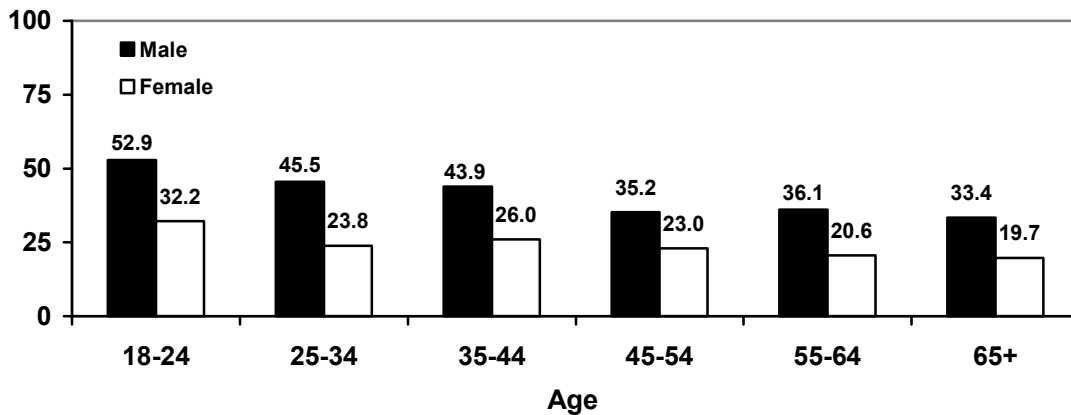


Preventive Behaviors

Seat Belt Use

Males were significantly more likely to not always wear their seat belt when driving or riding in a car (41.5 percent) than females (24.1 percent). Seat belt usage also differed significantly among age categories. Seat belt usage increased with age in 2003, ranging from a significantly high percentage of adults aged 18-24 not always buckling up (43.0 percent) to a significant low in the 65 and older age group (25.7 percent).

**Percent of Idaho adults who did not always wear a seat belt, 2003
Age and Sex**



Other Highlights:

- Seat belt usage increased with increased education level. Those with less than a high school education were 1.9 times more likely to not always wear their seatbelt (43.0 percent) than college graduates (28.1 percent). Those with a high school or equivalent education were 1.4 times as likely (35.4 percent) to not always wear their seat belt as college graduates.
- Adults with household incomes of \$50,000 per year or more were significantly less likely to not always wear their seat belts (26.6 percent) than adults with less annual household income. Those with incomes less than \$15,000 were 1.5 times more likely to not wear seat belts (34.7 percent) and those with incomes between \$15,000 and \$25,000 were 1.7 times more likely to not wear their seat belt (37.8 percent) when compared with those with incomes of \$50,000 or more.

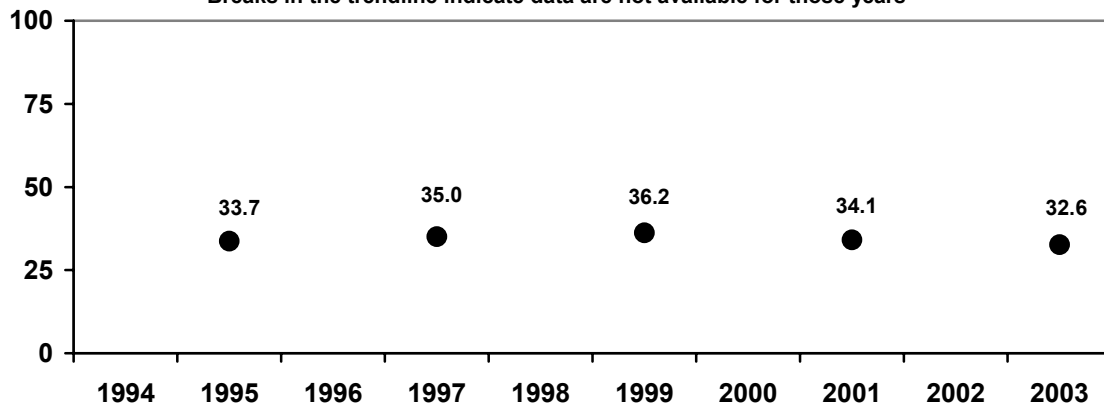
Preventive Behaviors

Cholesterol Screening

The percentage of the adult population who had not received a screening for blood cholesterol levels within the previous five years was 32.6 percent in 2003. The trend of adults not receiving screenings has varied slightly, but the changes have not been significant.

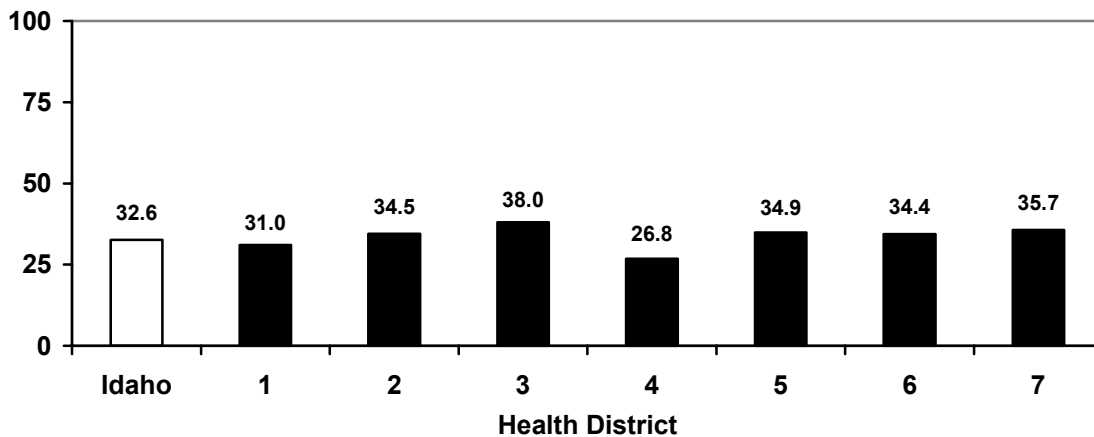
Percent of Idaho adults who had not had cholesterol checked within the last five years, 1994-2003

Breaks in the trendline indicate data are not available for those years



Those living in Health District 3 were significantly more likely to have not received a screening for blood cholesterol within the previous five years (38.0 percent) and those living in Health District 4 were significantly less likely (26.8 percent) to have not had their cholesterol screened than the rest of the state.

Percent of Idaho adults who had not had cholesterol checked within the last five years, 2003
Health District

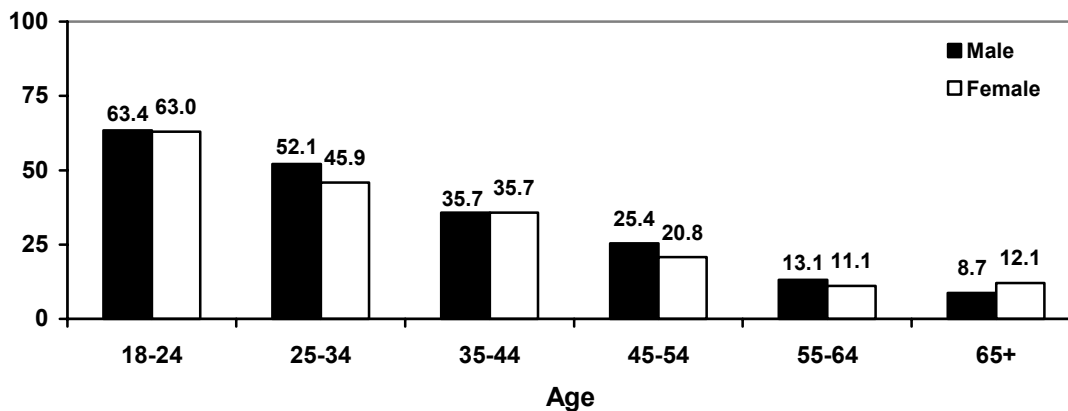


Preventive Behaviors

Cholesterol Screening

Males were significantly more likely to not have had their cholesterol checked in the previous five years (34.4 percent) than females (30.8 percent). Cholesterol screening increased significantly with age in 2003. The percentage of those who had not received cholesterol screening in the previous five years ranged from a high of 63.2 percent of adults aged 18-24 to a low of 10.6 percent of adults aged 65 and older.

**Percent of Idaho adults who had not had cholesterol checked
within the last five years, 2003
Age and Sex**



Other Highlights:

- Adults with a college education were significantly less likely to have not been screened (24.6 percent) when compared to those with less education.
- Cholesterol screening within the past five years significantly increased with household income. Among those with incomes of \$50,000 or more, only 21.0 percent had not had a cholesterol screening in the previous 5 years. Those with incomes less than \$15,000 per year were 3.0 times more likely to have not been screened (44.2 percent) and those with incomes between \$15,000 and \$34,999 were 2.4 times less likely to have received a screening (39.3 percent).
- Adults who had not received a cholesterol screening in the previous five years were 3.9 times more likely to not have any kind of health care coverage.
- Those who had not received a cholesterol screening in the previous five years were twice as likely to have not visited a doctor for a routine checkup within the past year than those who had been screened.

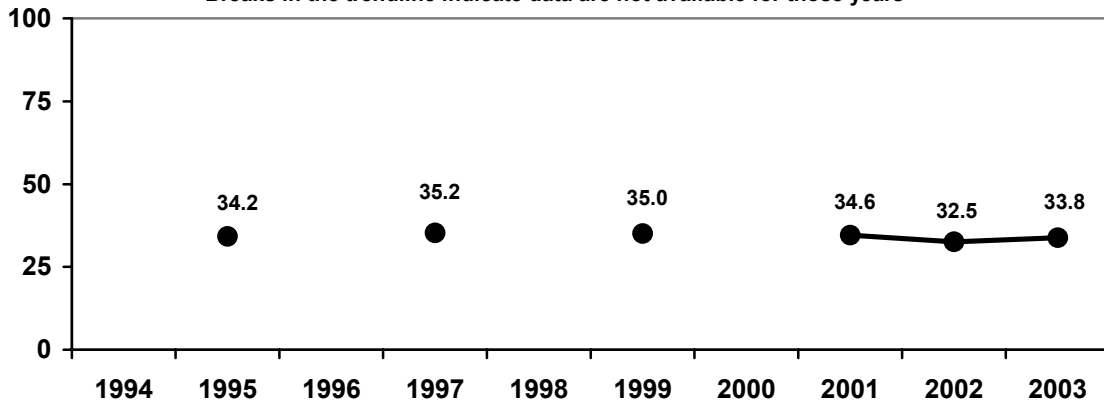
Preventive Behaviors

Dental Visits

Over the last decade, there was very little change in the percentage of the adult population who had not received annual dental care by visiting a dentist. In 2003, 33.8 percent of adults had not visited a dentist within the previous 12 months.

Percent of Idaho adults who had not visited the dentist in the previous 12 months, 1994-2003

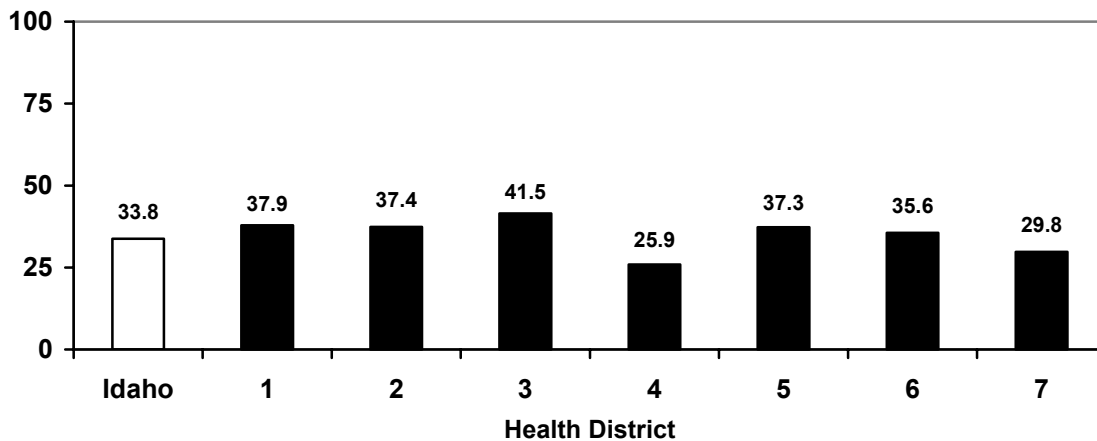
Breaks in the trendline indicate data are not available for those years



Health Districts 1 and 3 had a significantly higher percentage of the adult population who did not visit the dentist in the previous 12 months (37.9 percent and 41.5 percent, respectively). Health District 4 (25.9 percent) and Health District 7 (29.8 percent) had significantly lower percentages.

Percent of Idaho adults who had not visited the dentist in the previous 12 months, 2003

Health District

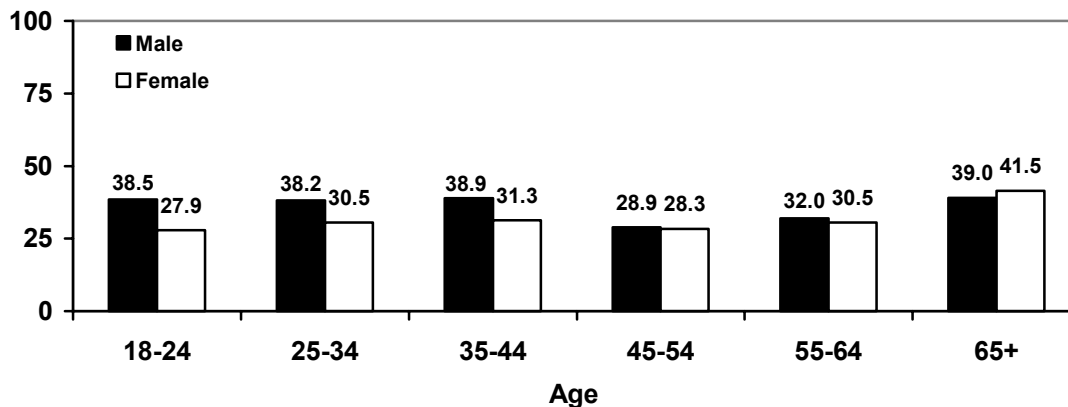


Preventive Behaviors

Dental Visits

Males were significantly more likely to have not visited a dentist in the previous 12 months (36.0 percent) than females (31.7 percent). Adults 65 and older were significantly less likely to have visited a dentist in the previous 12 months (40.4 percent) than those in younger age groups. In age groups less than 65, a higher proportion of males reported they had not visited the dentist in the previous 12 months. After age 65, females were more likely to have not visited a dentist.

Percent of Idaho adults who had not visited the dentist in the previous 12 months, 2003
Age and Sex



Other Highlights:

- As household income increased, the percentage of adults not visiting the dentist in the last year significantly decreased. Over half (52.2 percent) of adults with incomes less than \$15,000 per year did not visit a dentist in the last year, while only 17.5 percent of those with incomes of \$50,000 or more did not visit the dentist.
- Adults with a college education were significantly less likely to have not visited a dentist (23.8 percent) than adults with less education. Those with less than a high school education were 3.4 times more likely to have not visited a dentist in the last year and those with a high school education were twice (2.1) as likely to have not visited the dentist than those with a college degree.
- Adults who had not visited the dentist in the last year were 2.3 times more likely to report their general health status as less than “good,” 3.4 times more likely to not have health care coverage and 3.3 times more likely to not have dental insurance than those who had visited a dentist within the past year.

Understanding the Data Tables

The data tables on the following pages provide both state and health district data for various demographic subcategories. An understanding of the tables is important to interpreting the data correctly.

- A.** This title refers to the risk factor.
- B.** This title refers to the population surveyed. For most questions, this will be the Idaho adult (aged 18 and over) population. However, for some calculated variables and some risk factors, the population surveyed may be a subset of adults aged 18 and over. For instance, the high cholesterol risk factor table on page 64 will only include those who have been screened for high cholesterol. It is important to understand the population the data represent in order to accurately interpret the data in the tables.
- C.** The labels across the top of the table (i.e., state and district) refer to the geographic region of residence of the population in (B). For more information on geographic break-outs, please see page iv of this report for a map of Idaho's seven public health districts.
- D.** The labels on the left side of the table refer to the particular group the numbers represent. For example, the row labeled "Female" will contain data for women for the geographic region indicated at the top of the table (C). In the example table provided, the data could be interpreted (see circled data point):

"In 2003, 13.0 percent of females in Health District 1 were at risk for this risk factor."
- E.** "N" refers to the number of people sampled who responded to the question within the demographic group and geographic region indicated. It does not represent the number of people who have the risk factor in the population. An asterisk indicates that fewer than 50 people in the group responded (see Methodology and Reporting section, pages 1-2 for explanation on sampling and suppressing data for sample sizes less than 50). In the example table provided, the data could be interpreted (see boxed data point):

"In 2003, there were 689 people in Health District 1 sampled for this risk factor."

Understanding the Data Tables

F. The shaded columns contain the prevalence (percent) of the risk factor. This percentage is a weighted percentage and is not calculated using the sample frequencies from the column containing N. Therefore, it is not possible to calculate the prevalence by simply dividing N by the total number of people sampled for the year (see Methodology section, pages 1-2 for explanation on weighting procedures).

G. The two numbers in the column labeled "95% CI" are the lower and upper limits of the confidence interval. Confidence intervals are a way to measure sampling error and define the range of values where the "true" percentage would be found. This interval can be interpreted to mean that there is a 95% certainty that the true prevalence of the risk factor in the population falls within the confidence interval. In the example table provided, the data could be interpreted like this:

"For this risk factor, the prevalence in Idaho was 11.7 percent in 2003. We can say, with 95% certainty, the actual population prevalence falls within the range of 10.6 percent to 12.8 percent."

A Risk Factor																
B Population																
D	C State				Health District											
	E				District 1			District 2			District 3					
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	F11.7	G10.6 12.8		4,830	10.8	8.3	13.3	689	11.6	8.9	14.3	685	11.5	9.0	14.0	680
SEX																
Male	10.6	9.0	12.2	2,070	8.5	5.2	11.8	274	10.5	6.8	14.2	317	14.5	10.2	18.8	294
Female	12.7	11.2	14.2	2,760	13.0	9.5	16.5	415	12.7	8.6	16.8	368	8.6	5.7	11.5	386

General Health Status

Idaho adults who reported their general health was "fair" or "poor," 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	13.6	12.5	14.8	4,813	16.8	13.7	19.8	681	15.0	12.1	17.8	656	16.8	13.7	19.9	677
SEX																
Male	12.5	10.9	14.2	1,870	16.7	11.9	21.6	262	15.0	10.4	19.5	255	16.7	11.9	21.6	262
Female	14.7	13.2	16.2	2,943	16.8	13.0	20.6	419	15.0	11.5	18.5	401	16.9	12.9	20.8	415
AGE																
18-24	6.0	3.3	8.6	414	*	*	*	*	1.0	0.0	2.9	69	4.5	0.0	9.9	53
25-34	6.1	4.2	8.1	764	7.6	2.3	13.0	91	5.5	0.4	10.6	90	8.6	2.3	14.9	124
35-44	10.3	8.1	12.4	926	12.3	6.6	18.1	139	11.3	4.7	18.0	94	13.6	6.5	20.8	112
45-54	14.6	11.8	17.3	981	17.5	10.6	24.4	156	17.7	10.7	24.6	147	19.7	12.0	27.4	132
55-64	18.4	15.1	21.7	727	17.8	9.7	26.0	106	27.3	18.2	36.3	113	24.9	15.9	33.8	105
65+	28.6	25.3	31.9	977	31.5	23.0	40.0	137	28.7	20.3	37.1	141	30.2	21.8	38.7	146
18-34	6.1	4.5	7.7	1,178	8.4	3.5	13.3	140	3.0	0.5	5.6	159	6.8	2.5	11.2	177
35-54	12.4	10.6	14.2	1,907	15.1	10.5	19.6	295	14.6	9.8	19.5	241	16.6	11.3	21.8	244
55+	24.0	21.7	26.4	1,704	25.3	19.3	31.2	243	28.1	21.9	34.3	254	28.0	21.8	34.2	251
SEX and AGE																
Male																
18-34	4.6	2.5	6.8	475	10.0	1.5	18.4	58	3.5	0.0	7.5	71	6.7	0.3	13.0	69
35-54	11.9	9.3	14.5	786	15.6	8.1	23.1	107	16.6	9.0	24.3	99	17.0	9.0	24.9	106
55+	23.5	19.7	27.4	604	23.7	14.7	32.7	97	26.9	16.6	37.3	85	28.5	18.0	39.0	84
Female																
18-34	7.6	5.2	9.9	703	6.9	1.9	11.8	82	2.5	0.0	5.5	88	7.0	1.1	12.9	108
35-54	12.9	10.5	15.3	1,121	14.6	9.3	19.9	188	12.5	6.6	18.5	142	16.2	9.4	23.0	138
55+	24.5	21.6	27.4	1,100	26.7	18.8	34.6	146	29.1	22.0	36.3	169	27.6	20.2	34.9	167
INCOME																
Less than \$15,000	33.0	28.2	37.8	587	35.7	24.6	46.7	88	27.0	18.0	36.1	112	32.7	20.7	44.7	83
\$15,000 - \$24,999	23.2	19.8	26.7	859	27.7	19.4	36.0	131	16.6	10.0	23.2	117	29.8	21.1	38.5	139
\$25,000 - \$34,999	11.1	8.4	13.9	689	15.9	8.2	23.7	115	11.3	4.1	18.5	92	11.5	5.8	17.2	116
\$35,000 - \$49,999	10.3	7.9	12.6	897	12.2	5.6	18.8	121	11.5	5.5	17.5	115	14.7	7.7	21.6	119
\$50,000+	3.9	2.8	5.0	1,267	3.8	0.5	7.1	164	7.3	2.8	11.7	157	5.6	1.0	10.1	126
EMPLOYMENT																
Employed	8.0	6.8	9.1	2,818	9.3	6.1	12.4	387	9.3	6.3	12.4	365	11.8	8.3	15.3	397
Unemployed	15.9	9.7	22.1	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	23.4	21.1	25.7	1,798	26.9	21.0	32.7	260	22.7	17.3	28.2	269	26.0	19.9	32.0	252
EDUCATION																
K-11th Grade	33.1	27.7	38.5	407	35.2	21.9	48.4	62	37.4	23.7	51.0	62	34.7	23.7	45.7	94
12th Grade or GED	17.5	15.3	19.7	1,532	17.7	12.5	22.8	227	17.8	12.2	23.5	190	19.4	14.0	24.8	255
Some College	11.5	9.6	13.4	1,554	16.0	10.6	21.5	216	11.8	7.2	16.5	198	12.8	7.7	17.8	185
College Graduate+	5.8	4.5	7.1	1,313	9.0	4.7	13.3	176	8.8	4.5	13.0	205	5.1	1.2	8.9	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

General Health Status

Idaho adults who reported their general health was "fair" or "poor," 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	11.0	8.4	13.5	681	11.9	9.1	14.6	710	14.4	11.6	17.3	693	12.2	9.8	14.6	715
SEX																
Male	9.9	6.2	13.7	269	12.0	7.7	16.2	260	10.6	6.9	14.2	289	9.2	6.0	12.5	273
Female	12.0	8.5	15.4	412	11.8	8.4	15.2	450	18.2	14.0	22.4	404	15.1	11.7	18.5	442
AGE																
18-24	10.6	2.5	18.8	60	5.4	0.0	12.2	59	6.1	0.2	12.0	57	1.3	0.0	3.8	67
25-34	4.2	0.7	7.7	113	5.7	1.0	10.5	115	6.5	2.3	10.8	130	7.2	2.0	12.4	101
35-44	8.7	4.2	13.2	156	7.0	2.5	11.5	134	11.5	5.9	17.1	139	9.3	4.8	13.9	152
45-54	10.9	4.3	17.4	136	12.0	6.0	18.0	125	17.5	9.5	25.6	119	11.1	6.3	15.9	166
55-64	13.7	6.0	21.4	88	18.2	9.1	27.3	108	18.6	11.0	26.1	114	14.5	7.0	22.0	93
65+	24.0	15.5	32.4	123	23.3	15.3	31.3	166	29.0	20.8	37.1	132	37.2	28.3	46.0	132
18-34	6.8	2.8	10.7	173	5.6	1.4	9.7	174	6.3	2.7	10.0	187	3.9	1.1	6.6	168
35-54	9.7	5.8	13.7	292	9.5	5.7	13.2	259	14.6	9.6	19.5	258	10.2	6.9	13.5	318
55+	19.0	13.2	24.7	211	21.2	15.2	27.2	274	24.5	18.8	30.2	246	26.9	20.8	33.1	225
SEX and AGE																
Male																
18-34	3.5	0.0	8.3	67	4.6	0.0	11.1	68	4.0	0.0	8.2	76	1.6	0.0	4.8	66
35-54	9.8	4.2	15.5	122	9.1	3.7	14.4	108	9.5	3.1	15.9	115	8.6	4.1	13.2	129
55+	20.4	10.5	30.3	79	24.0	14.1	34.0	83	21.2	12.8	29.5	98	21.9	12.4	31.3	78
Female																
18-34	10.2	4.0	16.3	106	6.6	1.7	11.4	106	8.7	2.8	14.6	111	6.1	1.7	10.4	102
35-54	9.6	4.1	15.2	170	9.9	4.7	15.1	151	19.7	12.2	27.1	143	11.8	7.0	16.6	189
55+	17.7	11.2	24.3	132	18.7	11.6	25.8	191	27.5	19.7	35.2	148	31.3	23.4	39.3	147
INCOME																
Less than \$15,000	40.2	25.1	55.3	57	31.6	19.6	43.7	84	33.6	21.5	45.8	78	27.2	16.1	38.2	85
\$15,000 - \$24,999	26.2	15.2	37.2	83	19.8	11.0	28.6	126	19.4	12.2	26.5	141	17.0	10.3	23.6	122
\$25,000 - \$34,999	9.8	2.3	17.3	79	7.5	2.3	12.7	104	9.3	3.7	14.9	93	11.1	4.7	17.6	90
\$35,000 - \$49,999	10.5	4.1	16.8	118	6.8	2.7	10.8	138	7.8	3.1	12.4	130	7.7	3.5	11.9	156
\$50,000+	1.1	0.0	2.3	261	4.9	1.3	8.4	180	6.9	2.8	11.0	186	6.1	2.5	9.7	193
EMPLOYMENT																
Employed	6.1	3.7	8.5	425	7.3	4.4	10.3	413	7.2	4.4	9.9	400	6.8	4.5	9.2	431
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	20.7	14.8	26.6	231	21.2	15.4	26.9	267	27.0	21.0	32.9	265	20.5	15.4	25.5	254
EDUCATION																
K-11th Grade	23.2	11.6	34.9	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	16.3	10.6	22.0	176	14.9	9.7	20.0	239	20.1	14.3	26.0	229	17.0	11.8	22.2	216
Some College	10.0	5.1	14.9	209	9.3	5.1	13.4	251	11.4	7.1	15.6	249	10.7	7.0	14.4	246
College Graduate+	3.9	1.8	6.0	265	4.9	1.0	8.7	152	5.7	2.2	9.2	163	7.4	3.8	11.0	210

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults who did not have health care coverage, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	16.3	15.0	17.6	4,808	20.2	16.8	23.7	679	15.9	12.5	19.2	658	22.6	18.7	26.5	677
SEX																
Male	16.5	14.4	18.5	1,867	18.2	13.1	23.3	262	16.5	11.2	21.7	255	25.9	19.7	32.1	261
Female	16.2	14.5	17.9	2,941	22.1	17.6	26.7	417	15.3	11.1	19.5	403	19.5	14.8	24.3	416
AGE																
18-24	28.8	23.7	33.8	406	*	*	*	*	26.5	15.0	38.0	69	44.8	29.7	59.8	52
25-34	21.4	17.9	24.8	763	29.9	19.2	40.5	91	23.1	12.7	33.5	90	24.7	16.0	33.4	125
35-44	18.3	15.5	21.1	927	25.3	17.3	33.3	139	10.7	4.3	17.2	94	27.3	18.6	36.0	112
45-54	15.8	12.9	18.6	982	20.3	12.9	27.6	155	16.5	10.0	22.9	148	24.4	15.2	33.6	132
55-64	11.4	8.9	13.9	728	16.7	9.8	23.6	107	19.5	11.6	27.5	112	15.9	8.2	23.7	106
65+	1.4	0.6	2.2	978	3.4	0.0	6.9	136	1.3	0.0	3.1	143	1.7	0.0	4.1	145
18-34	24.8	21.8	27.8	1,169	30.3	21.9	38.8	139	25.0	17.1	32.8	159	33.2	24.9	41.5	177
35-54	17.0	15.0	19.0	1,909	22.6	17.2	28.0	294	13.7	9.1	18.3	242	25.9	19.6	32.2	244
55+	5.9	4.7	7.1	1,706	9.5	5.8	13.2	243	8.8	5.2	12.4	255	7.8	4.1	11.5	251
SEX and AGE																
Male																
18-34	25.5	20.9	30.0	468	26.6	14.7	38.4	57	26.2	14.8	37.6	71	40.4	27.4	53.3	68
35-54	17.0	14.0	19.9	788	19.5	11.2	27.9	107	15.7	8.2	23.3	99	27.7	18.2	37.3	106
55+	4.7	3.0	6.5	606	9.9	4.0	15.9	98	5.6	0.4	10.8	85	6.7	0.9	12.5	84
Female																
18-34	24.2	20.3	28.0	701	34.0	22.0	46.0	82	23.5	12.9	34.1	88	25.9	15.7	36.1	109
35-54	17.1	14.5	19.8	1,121	25.6	18.7	32.5	187	11.6	6.5	16.7	143	24.1	15.8	32.3	138
55+	6.9	5.2	8.6	1,100	9.1	4.5	13.7	145	11.6	6.7	16.6	170	8.6	3.9	13.4	167
INCOME																
Less than \$15,000	32.1	27.3	36.9	587	26.1	16.1	36.0	88	27.5	17.4	37.7	113	46.4	33.0	59.9	82
\$15,000 - \$24,999	30.2	26.2	34.1	858	34.6	25.2	44.0	130	21.1	11.9	30.2	118	35.8	25.9	45.7	139
\$25,000 - \$34,999	20.9	17.0	24.7	688	23.9	15.5	32.4	115	28.9	18.1	39.7	92	20.9	12.7	29.1	116
\$35,000 - \$49,999	11.3	8.7	13.8	898	16.5	9.1	23.8	121	10.0	3.7	16.2	115	16.4	8.5	24.4	119
\$50,000+	4.4	2.9	5.8	1,267	7.3	2.1	12.5	164	4.0	1.0	7.1	157	9.2	2.1	16.3	127
EMPLOYMENT																
Employed	16.4	14.8	18.1	2,814	19.7	15.1	24.2	385	16.8	12.1	21.4	364	24.4	19.3	29.6	398
Unemployed	41.0	31.6	50.4	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	12.6	10.6	14.6	1,798	18.3	13.1	23.5	260	11.6	6.9	16.3	272	14.6	9.2	20.0	251
EDUCATION																
K-11th Grade	30.8	25.2	36.4	405	40.3	26.5	54.1	62	31.3	17.2	45.5	62	35.7	24.0	47.4	94
12th Grade or GED	21.2	18.5	23.8	1,528	21.5	15.8	27.2	225	18.5	12.0	25.0	192	24.7	17.9	31.5	255
Some College	16.2	13.8	18.5	1,555	20.4	14.3	26.5	216	15.1	8.8	21.3	199	21.6	14.8	28.5	185
College Graduate+	6.8	5.2	8.3	1,313	10.1	4.6	15.5	176	9.5	5.0	14.0	204	11.4	5.2	17.7	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Health Care Coverage

Idaho adults who did not have health care coverage, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	11.2	8.4	14.0	680	20.7	17.0	24.4	707	13.8	10.8	16.9	692	13.6	10.6	16.7	715
SEX																
Male	10.4	6.3	14.6	267	23.2	17.2	29.2	259	12.0	7.7	16.4	289	13.8	9.0	18.6	274
Female	11.9	8.1	15.8	413	18.2	13.9	22.4	448	15.6	11.4	19.8	403	13.5	9.7	17.3	441
AGE																
18-24	22.6	10.2	35.0	59	40.7	25.5	55.9	55	25.5	14.0	37.0	57	19.4	9.9	28.9	66
25-34	12.9	6.4	19.4	111	37.1	26.8	47.5	115	14.1	7.8	20.4	130	22.4	12.5	32.2	101
35-44	11.7	6.5	16.9	157	25.7	17.1	34.4	134	14.9	8.4	21.4	139	15.9	9.7	22.1	152
45-54	11.7	5.4	18.0	136	16.2	9.4	22.9	125	13.0	6.6	19.4	119	10.9	5.9	15.8	167
55-64	5.6	0.4	10.8	89	7.5	2.7	12.3	108	13.1	6.0	20.2	113	7.1	1.9	12.3	93
65+	0.4	0.0	1.1	123	1.0	0.0	2.4	167	0.9	0.0	2.6	132	1.4	0.0	3.1	132
18-34	16.8	10.3	23.2	170	38.8	29.9	47.7	170	19.7	13.2	26.2	187	20.7	13.8	27.6	167
35-54	11.7	7.6	15.7	293	21.0	15.4	26.6	259	14.0	9.4	18.5	258	13.4	9.4	17.4	319
55+	2.9	0.3	5.5	212	3.7	1.5	5.9	275	6.1	2.8	9.4	245	4.0	1.5	6.5	225
SEX and AGE																
Male																
18-34	15.4	5.6	25.1	64	40.5	26.6	54.5	66	17.0	7.7	26.2	76	23.3	12.3	34.2	66
35-54	11.3	5.7	16.8	123	25.4	16.4	34.4	108	12.3	5.7	19.0	115	11.6	5.8	17.5	130
55+	1.6	0.0	4.8	79	2.3	0.0	5.0	84	4.8	0.6	8.9	98	2.3	0.0	4.7	78
Female																
18-34	18.2	9.7	26.6	106	36.8	26.3	47.3	104	22.6	13.6	31.6	111	18.1	9.7	26.5	101
35-54	12.1	6.2	18.0	170	16.4	10.0	22.8	151	15.6	9.4	21.9	143	15.3	10.0	20.7	189
55+	4.0	0.0	7.9	133	4.9	1.6	8.2	191	7.2	2.3	12.2	147	5.4	1.2	9.6	147
INCOME																
Less than \$15,000	25.7	13.2	38.2	57	38.5	26.0	50.9	84	35.7	22.9	48.5	78	24.9	12.9	36.9	85
\$15,000 - \$24,999	33.5	21.1	45.9	83	32.4	22.0	42.8	125	20.2	12.6	27.7	141	28.5	18.7	38.3	122
\$25,000 - \$34,999	18.8	7.6	30.1	78	25.3	15.3	35.3	104	10.6	4.1	17.0	93	19.0	8.5	29.6	90
\$35,000 - \$49,999	7.8	1.8	13.8	119	14.7	8.0	21.3	138	7.7	2.9	12.5	130	7.1	2.7	11.4	156
\$50,000+	1.1	0.0	2.4	260	9.1	2.9	15.2	179	4.4	0.5	8.2	186	3.3	0.5	6.0	194
EMPLOYMENT																
Employed	10.4	7.2	13.6	424	23.3	18.5	28.0	411	12.5	8.8	16.2	400	13.8	9.9	17.8	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	11.1	5.9	16.3	232	10.5	5.6	15.5	266	11.1	6.3	15.9	264	9.7	5.1	14.2	253
EDUCATION																
K-11th Grade	26.8	14.4	39.2	65	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	19.3	12.5	26.1	175	26.9	19.8	34.0	238	17.1	10.9	23.2	228	18.4	12.4	24.5	215
Some College	11.9	6.4	17.4	209	21.9	15.5	28.2	251	12.3	7.8	16.9	249	13.9	8.7	19.2	246
College Graduate+	3.3	1.2	5.3	265	5.1	1.1	9.1	152	9.8	4.8	14.7	163	6.4	2.1	10.7	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults who did not have dental insurance, 2003

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	44.6	42.9 46.3	4,771	50.9	46.7 55.1	678	49.5	45.0 53.9	652	48.8	44.5 53.1	674
SEX												
Male	42.9	40.3 45.6	1,854	45.7	39.3 52.2	262	47.2	40.4 54.1	252	49.2	42.5 55.9	260
Female	46.2	44.1 48.4	2,917	55.8	50.5 61.1	416	51.7	46.2 57.2	400	48.3	42.9 53.8	414
AGE												
18-24	48.0	42.4 53.7	399	*	* *	*	47.5	34.6 60.4	68	57.1	42.3 72.0	52
25-34	36.4	32.3 40.5	759	42.8	31.5 54.1	91	40.8	29.3 52.2	89	28.8	20.1 37.4	124
35-44	34.8	31.3 38.3	920	41.4	32.4 50.4	139	34.2	23.9 44.6	92	34.9	25.5 44.3	112
45-54	33.4	29.8 36.9	981	37.5	29.2 45.9	156	40.0	31.4 48.6	148	47.3	37.5 57.0	132
55-64	42.7	38.4 47.0	721	50.2	39.9 60.6	106	48.7	38.2 59.1	111	53.1	42.6 63.6	105
65+	77.3	74.1 80.5	967	85.1	78.6 91.5	134	80.9	73.5 88.3	142	76.3	68.5 84.0	144
18-34	41.7	38.3 45.2	1,158	45.9	36.8 55.1	140	44.4	35.7 53.2	157	40.8	32.4 49.2	176
35-54	34.1	31.6 36.6	1,901	39.4	33.2 45.5	295	37.2	30.6 43.9	240	40.9	34.1 47.8	244
55+	61.9	59.1 64.7	1,688	69.1	62.7 75.6	240	67.7	61.2 74.2	253	66.5	60.0 73.0	249
SEX and AGE												
Male												
18-34	39.8	34.6 45.1	464	36.9	24.1 49.7	58	42.3	29.7 54.9	70	40.7	27.8 53.7	67
35-54	35.3	31.4 39.1	784	34.7	25.2 44.3	107	37.6	27.3 48.0	98	44.1	33.8 54.4	106
55+	57.9	53.4 62.4	601	66.7	56.5 76.9	97	64.1	52.9 75.3	84	64.3	53.5 75.2	84
Female												
18-34	43.8	39.4 48.1	694	54.9	42.6 67.3	82	47.0	35.1 58.8	87	40.8	30.1 51.5	109
35-54	32.9	29.7 36.1	1,117	43.7	36.1 51.4	188	36.8	28.3 45.4	142	37.7	28.8 46.7	138
55+	65.4	62.0 68.9	1,087	71.4	63.4 79.4	143	70.9	63.5 78.3	169	68.3	60.5 76.0	165
INCOME												
Less than \$15,000	68.9	63.6 74.3	574	70.5	58.5 82.4	88	67.4	55.6 79.3	111	79.5	67.4 91.7	82
\$15,000 - \$24,999	69.3	65.4 73.2	855	74.9	66.6 83.1	131	72.6	63.3 81.9	119	69.5	61.0 78.1	138
\$25,000 - \$34,999	49.2	44.5 53.8	687	55.9	45.7 66.1	115	58.5	47.0 69.9	92	43.8	33.8 53.8	116
\$35,000 - \$49,999	36.0	32.3 39.7	894	37.9	28.4 47.4	121	37.1	27.1 47.1	114	35.1	25.5 44.8	119
\$50,000+	21.7	19.1 24.3	1,262	28.3	20.9 35.8	163	20.7	13.8 27.5	155	21.6	14.1 29.0	127
EMPLOYMENT												
Employed	32.4	30.3 34.4	2,807	34.5	29.2 39.7	387	34.0	28.5 39.5	362	39.4	33.9 44.9	396
Unemployed	69.7	60.0 79.5	177	*	* *	*	*	* *	*	*	* *	*
Other**	63.6	60.8 66.4	1,774	73.7	67.7 79.7	258	69.0	62.2 75.8	268	62.3	55.4 69.1	250
EDUCATION												
K-11th Grade	64.9	59.2 70.6	397	73.1	60.8 85.4	61	58.9	43.8 73.9	62	65.0	54.0 75.9	95
12th Grade or GED	52.4	49.2 55.5	1,518	56.4	49.2 63.5	225	57.0	48.9 65.2	191	50.7	43.6 57.8	254
Some College	42.9	39.8 45.9	1,544	46.4	38.9 54.0	216	48.6	40.3 56.8	196	51.2	43.2 59.2	184
College Graduate+	31.8	28.9 34.7	1,305	40.1	32.1 48.1	176	40.0	32.5 47.5	202	30.0	21.9 38.1	140

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Insurance

Idaho adults who did not have dental insurance, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	32.7	28.7	36.6	672	55.4	51.2	59.7	700	46.2	41.9	50.4	684	43.0	38.6	47.3	711
SEX																
Male	34.3	28.1	40.5	266	53.7	46.9	60.5	256	38.8	32.5	45.2	286	41.4	34.7	48.0	272
Female	31.0	26.0	36.0	406	57.2	52.0	62.4	444	53.3	47.8	58.7	398	44.5	39.0	50.1	439
AGE																
18-24	40.4	26.1	54.8	55	62.0	47.8	76.1	55	49.2	35.0	63.4	55	39.8	26.7	52.9	65
25-34	28.3	19.4	37.2	113	56.8	46.6	67.1	113	35.1	26.3	43.8	128	42.9	32.0	53.7	101
35-44	26.5	19.2	33.7	155	46.1	36.8	55.3	133	33.6	25.2	42.1	138	38.1	29.6	46.6	151
45-54	21.9	13.8	30.0	135	39.8	30.5	49.1	125	34.8	25.3	44.4	118	26.3	19.3	33.4	167
55-64	32.5	22.3	42.8	88	41.8	31.2	52.5	108	45.2	35.2	55.1	112	34.0	23.5	44.5	91
65+	60.2	50.4	70.0	121	85.2	79.1	91.3	163	82.7	75.6	89.8	131	81.8	74.3	89.2	132
18-34	32.9	25.0	40.9	168	59.2	50.6	67.9	168	41.9	33.7	50.1	183	41.2	32.4	49.9	166
35-54	24.3	18.9	29.7	290	43.0	36.3	49.6	258	34.2	27.9	40.6	256	32.3	26.7	37.8	318
55+	46.7	39.2	54.2	209	66.9	60.4	73.3	271	66.8	60.5	73.1	243	60.5	53.2	67.8	223
SEX and AGE																
Male																
18-34	36.9	24.5	49.3	66	55.8	42.0	69.5	65	33.1	21.3	45.0	74	37.9	24.8	50.9	64
35-54	28.5	20.1	36.8	121	46.5	36.4	56.6	108	30.6	21.3	39.8	114	33.4	24.9	41.9	130
55+	42.0	30.5	53.6	78	61.5	50.5	72.5	82	57.6	47.3	67.8	98	58.7	46.6	70.8	78
Female																
18-34	28.5	19.0	38.1	102	63.3	53.1	73.4	103	50.7	40.2	61.2	109	44.3	32.8	55.8	102
35-54	19.9	13.1	26.7	169	39.3	30.9	47.7	150	37.9	29.2	46.6	142	31.0	23.9	38.1	188
55+	50.7	41.1	60.3	131	71.5	64.3	78.7	189	75.2	67.7	82.6	145	62.1	53.4	70.8	145
INCOME																
Less than \$15,000	50.5	34.1	66.8	52	77.8	66.9	88.8	83	75.6	63.3	87.8	75	64.0	47.3	80.6	83
\$15,000 - \$24,999	64.8	52.7	77.0	81	76.2	67.8	84.5	125	66.1	55.7	76.5	139	62.1	51.1	73.1	122
\$25,000 - \$34,999	34.0	21.5	46.4	78	62.9	51.8	74.1	103	45.1	34.0	56.1	93	57.6	45.9	69.4	90
\$35,000 - \$49,999	32.9	23.5	42.2	119	44.4	35.2	53.6	137	29.5	21.1	37.9	129	37.1	28.5	45.8	155
\$50,000+	15.8	11.2	20.5	260	35.1	27.2	43.1	178	24.5	17.9	31.2	185	19.4	13.7	25.2	194
EMPLOYMENT																
Employed	22.8	18.4	27.3	422	44.8	39.3	50.3	410	31.2	26.0	36.4	398	31.7	26.7	36.7	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	52.0	44.6	59.3	227	70.5	64.2	76.8	260	68.7	62.3	75.1	260	58.6	50.5	66.7	251
EDUCATION																
K-11th Grade	65.9	51.4	80.4	63	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	43.6	35.2	51.9	172	62.2	55.1	69.3	237	53.0	45.4	60.5	226	52.1	44.2	60.1	213
Some College	30.5	23.3	37.8	209	53.7	46.7	60.8	250	40.3	33.4	47.1	245	44.6	36.7	52.5	244
College Graduate+	24.0	18.6	29.3	265	41.5	32.6	50.4	149	40.6	32.3	48.9	162	29.0	22.1	35.8	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	6.3	5.5	7.1	4,823	7.0	4.9	9.1	683	5.8	4.0	7.7	658	7.7	5.5	10.0	679
SEX																
Male	6.9	5.6	8.3	1,876	7.7	4.4	11.1	264	6.6	3.5	9.6	255	8.9	5.2	12.7	263
Female	5.7	4.8	6.6	2,947	6.3	3.9	8.8	419	5.1	3.0	7.2	403	6.6	4.0	9.2	416
AGE																
18-24	0.5	0.0	1.3	414	*	*	*	*	1.0	0.0	2.9	69	0.0	0.0	0.0	53
25-34	1.9	0.7	3.1	765	0.0	0.0	0.0	91	0.8	0.0	2.3	90	4.1	0.0	8.2	125
35-44	4.3	2.4	6.2	927	3.8	0.7	7.0	139	1.0	0.0	2.8	94	6.7	1.3	12.1	112
45-54	7.4	5.2	9.6	982	1.8	0.0	4.0	156	9.7	4.1	15.3	147	7.7	2.1	13.2	132
55-64	11.2	8.5	13.8	730	17.9	9.1	26.7	107	13.3	6.5	20.2	113	12.2	5.2	19.2	106
65+	14.0	11.5	16.5	981	17.3	10.7	23.9	138	10.1	4.4	15.8	143	15.4	8.4	22.3	146
18-34	1.2	0.5	2.0	1,179	0.0	0.0	0.0	140	0.9	0.0	2.2	159	2.3	0.0	4.7	178
35-54	5.8	4.4	7.3	1,909	2.8	0.9	4.7	295	5.5	2.4	8.6	241	7.2	3.3	11.0	244
55+	12.7	10.9	14.5	1,711	17.6	12.2	23.0	245	11.4	7.1	15.8	256	14.0	9.0	19.0	252
SEX and AGE																
Male																
18-34	1.2	0.0	2.4	475	0.0	0.0	0.0	58	0.0	0.0	0.0	71	2.8	0.0	6.6	69
35-54	6.8	4.4	9.3	787	2.4	0.0	5.2	107	8.2	2.6	13.8	98	8.9	2.8	15.0	106
55+	14.2	11.1	17.3	609	20.6	11.7	29.5	99	12.6	5.1	20.1	86	15.9	7.0	24.7	85
Female																
18-34	1.3	0.4	2.2	704	0.0	0.0	0.0	82	1.9	0.0	4.7	88	1.9	0.0	4.6	109
35-54	4.8	3.3	6.3	1,122	3.2	0.7	5.6	188	2.7	0.2	5.3	143	5.4	0.8	10.1	138
55+	11.5	9.4	13.5	1,102	14.8	8.6	21.1	146	10.4	5.6	15.2	170	12.5	7.1	17.9	167
INCOME																
Less than \$15,000	10.5	7.2	13.9	589	14.1	5.7	22.5	89	7.4	2.0	12.7	113	10.1	4.0	16.3	83
\$15,000 - \$24,999	8.6	6.5	10.6	862	9.6	4.4	14.8	132	7.4	2.9	11.8	119	8.5	3.1	14.0	139
\$25,000 - \$34,999	6.0	4.0	8.1	689	8.7	3.0	14.5	115	3.0	0.0	6.7	92	7.8	2.8	12.9	116
\$35,000 - \$49,999	4.3	2.9	5.8	898	4.0	0.4	7.5	121	4.4	0.7	8.1	115	9.4	3.1	15.6	119
\$50,000+	4.4	2.9	5.9	1,268	3.8	0.3	7.3	164	4.2	1.2	7.2	156	3.3	0.0	6.6	127
EMPLOYMENT																
Employed	3.8	3.0	4.7	2,820	2.5	0.6	4.4	387	4.2	2.3	6.2	364	5.2	2.7	7.6	398
Unemployed	9.6	3.2	16.0	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	10.3	8.7	11.8	1,806	13.8	9.4	18.2	262	8.7	5.0	12.3	272	12.3	7.7	16.9	253
EDUCATION																
K-11th Grade	7.0	4.2	9.7	408	1.6	0.0	3.7	62	14.2	3.8	24.7	61	6.7	0.5	12.8	96
12th Grade or GED	7.5	5.9	9.1	1,537	9.3	5.2	13.4	228	6.4	3.1	9.7	192	9.8	5.8	13.9	255
Some College	7.0	5.5	8.5	1,556	7.8	3.7	11.9	216	6.5	3.2	9.9	199	8.7	4.4	13.0	185
College Graduate+	3.8	2.6	5.0	1,315	5.2	1.9	8.5	177	2.0	0.1	3.9	205	3.5	0.0	7.3	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Diabetes

Idaho adults who had ever been told they had diabetes, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	4.9	3.0	6.8	683	5.8	3.8	7.8	711	8.2	6.0	10.4	693	5.8	3.9	7.6	716
SEX																
Male	5.8	2.6	9.1	270	6.5	3.0	9.9	261	8.8	5.3	12.3	289	4.8	1.8	7.8	274
Female	4.0	2.2	5.8	413	5.2	3.2	7.2	450	7.6	4.9	10.4	404	6.7	4.4	9.0	442
AGE																
18-24	0.0	0.0	0.0	60	0.0	0.0	0.0	59	0.0	0.0	0.0	57	2.5	0.0	7.3	67
25-34	2.6	0.0	5.6	113	0.6	0.0	1.5	115	0.0	0.0	0.0	130	2.5	0.0	5.3	101
35-44	3.5	0.0	8.0	157	4.1	0.0	8.7	134	6.1	1.9	10.3	139	4.8	1.2	8.3	152
45-54	8.0	2.4	13.6	136	7.7	1.7	13.7	125	13.6	5.9	21.3	119	5.4	2.1	8.7	167
55-64	6.5	1.8	11.1	89	8.3	2.3	14.4	108	14.7	7.9	21.6	114	8.0	2.5	13.5	93
65+	10.4	4.6	16.2	123	13.2	7.3	19.2	167	17.9	11.0	24.9	132	14.3	7.3	21.2	132
18-34	1.6	0.0	3.4	173	0.3	0.0	0.8	174	0.0	0.0	0.0	187	2.5	0.0	5.5	168
35-54	5.6	2.0	9.2	293	5.9	2.1	9.7	259	9.9	5.4	14.4	258	5.1	2.7	7.5	319
55+	8.5	4.7	12.2	212	11.2	6.9	15.5	275	16.6	11.6	21.5	246	11.4	6.8	16.0	225
SEX and AGE																
Male																
18-34	1.4	0.0	4.2	67	0.0	0.0	0.0	68	0.0	0.0	0.0	76	2.8	0.0	8.3	66
35-54	8.2	1.9	14.6	123	6.3	0.0	12.6	108	9.2	2.4	16.0	115	3.8	0.7	6.9	130
55+	8.2	2.0	14.4	79	13.9	6.0	21.8	84	20.4	12.2	28.7	98	9.4	2.1	16.7	78
Female																
18-34	1.7	0.0	4.1	106	0.7	0.0	1.7	106	0.0	0.0	0.0	111	2.2	0.0	4.6	102
35-54	2.8	0.0	5.6	170	5.5	1.6	9.4	151	10.6	4.7	16.5	143	6.5	2.8	10.2	189
55+	8.7	4.2	13.2	133	8.8	4.9	12.7	191	13.1	7.4	18.8	148	13.2	7.4	19.0	147
INCOME																
Less than \$15,000	11.8	0.0	25.0	57	10.5	4.1	16.9	84	12.2	4.2	20.2	78	7.0	2.0	12.1	85
\$15,000 - \$24,999	4.9	1.4	8.5	83	6.4	1.8	11.0	126	12.9	6.9	18.9	141	10.6	3.1	18.1	122
\$25,000 - \$34,999	4.6	0.0	10.0	79	7.2	1.9	12.6	104	6.3	1.5	11.1	93	2.2	0.0	4.7	90
\$35,000 - \$49,999	0.5	0.0	1.6	119	4.6	0.1	9.2	138	3.7	0.8	6.6	130	6.1	2.1	10.0	156
\$50,000+	5.6	2.4	8.8	261	4.0	0.0	8.3	180	4.1	0.8	7.5	186	3.0	0.7	5.4	194
EMPLOYMENT																
Employed	3.5	1.5	5.6	426	3.6	1.3	6.0	413	4.6	2.5	6.7	400	3.8	2.1	5.5	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	5.7	2.9	8.5	232	10.4	6.3	14.5	268	14.2	9.4	18.9	265	9.7	5.2	14.2	254
EDUCATION																
K-11th Grade	9.0	0.5	17.6	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	6.0	1.6	10.4	177	4.8	2.1	7.5	240	10.1	5.8	14.5	229	5.5	2.4	8.5	216
Some College	4.8	1.4	8.1	210	8.3	4.3	12.2	251	8.2	4.5	12.0	249	6.9	3.0	10.7	246
College Graduate+	4.0	1.6	6.4	265	1.5	0.0	3.6	152	5.6	2.3	9.0	163	3.7	1.0	6.3	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2003

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	8.0	7.0 8.9	4,800	8.3	6.1 10.5	676	7.3	5.1 9.5	655	7.9	5.6 10.2	678
SEX												
Male	5.5	4.3 6.7	1,873	6.8	3.8 9.8	263	4.7	1.9 7.5	255	5.2	2.1 8.4	263
Female	10.4	9.0 11.9	2,927	9.7	6.6 12.8	413	9.9	6.6 13.2	400	10.5	7.1 13.9	415
AGE												
18-24	7.9	4.9 10.9	413	*	* *	*	5.7	0.0 11.5	69	6.1	0.0 13.0	53
25-34	5.5	3.7 7.4	762	5.0	0.4 9.6	90	10.1	3.0 17.2	90	5.8	1.2 10.3	125
35-44	7.5	5.5 9.4	921	8.0	2.9 13.1	137	3.6	0.3 6.9	93	11.0	4.7 17.4	111
45-54	9.6	7.1 12.1	976	8.3	3.7 12.9	154	6.8	2.3 11.2	147	9.0	3.6 14.3	132
55-64	10.3	7.7 12.9	726	12.3	5.9 18.7	107	11.2	4.5 17.9	111	10.6	3.9 17.3	106
65+	7.7	5.8 9.5	978	11.0	5.5 16.5	136	7.6	3.2 12.0	143	5.7	1.1 10.4	146
18-34	6.6	4.9 8.4	1,175	4.4	1.1 7.7	139	7.7	3.2 12.2	159	5.9	2.0 9.8	178
35-54	8.5	6.9 10.1	1,897	8.2	4.8 11.6	291	5.3	2.4 8.1	240	10.0	5.8 14.2	243
55+	8.9	7.3 10.4	1,704	11.6	7.4 15.8	243	9.1	5.3 12.9	254	7.8	3.9 11.7	252
SEX and AGE												
Male												
18-34	4.5	2.3 6.6	474	4.4	0.0 9.3	58	5.1	0.0 10.1	71	3.1	0.0 8.1	69
35-54	6.0	4.0 8.0	787	6.3	1.7 11.0	106	2.1	0.0 5.5	99	7.1	1.5 12.6	106
55+	6.0	4.0 8.0	607	9.4	3.5 15.2	99	7.3	1.4 13.2	85	5.6	0.0 11.5	85
Female												
18-34	8.9	6.3 11.6	701	4.4	0.0 8.8	81	10.8	3.1 18.5	88	8.8	2.7 14.9	109
35-54	11.1	8.7 13.6	1,110	10.0	5.0 14.9	185	8.5	4.1 12.9	141	13.1	6.8 19.3	137
55+	11.3	9.0 13.6	1,097	13.6	7.7 19.5	144	10.6	5.8 15.5	169	9.6	4.3 14.8	167
INCOME												
Less than \$15,000	11.7	8.4 15.0	583	12.8	5.2 20.5	87	8.4	2.3 14.5	112	10.2	3.1 17.2	83
\$15,000 - \$24,999	10.2	7.6 12.7	860	9.8	4.4 15.2	131	10.8	4.1 17.5	119	9.4	3.7 15.1	139
\$25,000 - \$34,999	6.0	4.0 8.0	683	4.5	0.5 8.5	112	8.6	3.0 14.1	91	7.2	2.1 12.3	116
\$35,000 - \$49,999	6.2	4.5 7.9	893	5.5	1.6 9.4	121	5.9	1.3 10.6	114	7.8	2.8 12.8	119
\$50,000+	7.3	5.5 9.1	1,264	9.0	4.4 13.6	163	5.2	1.6 8.9	156	6.5	1.7 11.3	126
EMPLOYMENT												
Employed	6.6	5.5 7.7	2,809	7.5	4.8 10.2	383	5.8	3.2 8.4	362	6.5	3.8 9.1	398
Unemployed	13.4	6.5 20.3	181	*	* *	*	*	* *	*	*	* *	*
Other**	9.7	8.0 11.4	1,797	9.6	5.8 13.3	260	9.3	5.4 13.2	271	8.6	4.8 12.4	252
EDUCATION												
K-11th Grade	6.7	4.1 9.4	408	8.8	2.1 15.5	62	5.6	0.0 11.8	62	8.1	2.3 13.9	96
12th Grade or GED	8.1	6.4 9.7	1,529	7.8	4.1 11.4	225	5.1	2.2 8.0	192	6.7	2.9 10.4	254
Some College	9.2	7.3 11.0	1,548	6.8	3.3 10.2	215	10.3	5.5 15.2	196	9.6	4.8 14.3	185
College Graduate+	6.8	5.2 8.4	1,308	10.7	5.8 15.7	174	6.7	2.9 10.5	204	7.1	2.4 11.9	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Asthma

Idaho adults who were diagnosed and still had asthma, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	8.9	6.4	11.3	681	7.2	5.2	9.2	706	8.8	6.4	11.2	690	6.0	4.2	7.8	714
SEX																
Male	5.7	2.7	8.7	270	4.6	2.0	7.2	260	7.7	4.4	11.0	288	2.8	0.9	4.7	274
Female	12.1	8.2	15.9	411	9.8	6.8	12.8	446	9.8	6.4	13.3	402	9.1	6.1	12.2	440
AGE																
18-24	14.5	4.9	24.1	60	5.7	0.6	10.8	59	7.2	0.9	13.6	57	6.1	0.6	11.6	66
25-34	4.7	0.5	8.8	113	8.8	3.5	14.0	113	5.7	2.1	9.3	130	1.8	0.0	4.3	101
35-44	6.1	2.1	10.2	156	6.2	1.6	10.9	134	9.4	3.9	14.9	138	7.9	3.6	12.3	152
45-54	12.9	6.2	19.7	136	7.6	2.7	12.6	122	13.7	6.1	21.3	118	3.6	1.1	6.1	167
55-64	11.3	4.4	18.1	88	6.6	2.0	11.1	108	10.0	4.0	16.1	113	8.6	2.9	14.4	93
65+	6.1	1.6	10.6	123	8.2	3.6	12.8	167	6.9	2.4	11.3	132	9.1	4.2	14.0	131
18-34	8.6	3.9	13.2	173	7.3	3.6	11.0	172	6.5	2.9	10.1	187	4.2	1.0	7.5	167
35-54	9.4	5.5	13.3	292	6.9	3.5	10.3	256	11.6	6.9	16.3	256	5.8	3.2	8.3	319
55+	8.6	4.6	12.7	211	7.5	4.2	10.8	275	8.2	4.6	11.9	245	8.9	5.1	12.6	224
SEX and AGE																
Male																
18-34	6.3	0.2	12.4	67	4.3	0.0	8.8	67	5.3	0.3	10.3	76	0.9	0.0	2.8	66
35-54	5.8	1.3	10.4	123	5.7	1.0	10.4	108	10.5	4.2	16.8	115	3.4	0.1	6.8	130
55+	4.5	0.6	8.5	79	3.6	0.0	7.7	84	7.4	2.1	12.7	97	4.7	0.1	9.4	78
Female																
18-34	10.9	4.0	17.9	106	10.6	4.7	16.4	105	7.7	2.5	12.9	111	7.6	1.4	13.7	101
35-54	13.1	6.8	19.5	169	8.3	3.4	13.1	148	12.7	5.7	19.8	141	8.2	4.5	12.0	189
55+	12.1	5.5	18.6	132	11.0	5.9	16.0	191	9.0	4.0	14.0	148	12.5	6.9	18.1	146
INCOME																
Less than \$15,000	15.7	3.6	27.8	57	11.1	3.7	18.6	83	15.8	6.2	25.5	77	7.5	2.6	12.4	84
\$15,000 - \$24,999	14.1	4.8	23.4	83	8.8	3.3	14.3	126	10.1	4.6	15.6	141	6.5	1.0	12.0	121
\$25,000 - \$34,999	5.2	0.0	10.3	79	5.5	0.6	10.4	103	5.0	0.0	10.9	92	8.2	1.7	14.6	90
\$35,000 - \$49,999	5.2	1.0	9.4	118	7.3	2.9	11.7	136	7.4	2.5	12.3	129	5.4	2.2	8.6	156
\$50,000+	8.9	5.0	12.7	260	4.4	1.6	7.3	179	8.1	3.7	12.4	186	4.3	1.6	6.9	194
EMPLOYMENT																
Employed	7.3	4.7	9.9	425	6.2	3.8	8.5	411	8.1	5.1	11.1	399	3.6	2.0	5.2	431
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	10.3	5.3	15.4	231	10.3	6.2	14.3	266	9.7	5.5	13.9	264	9.9	5.9	14.0	253
EDUCATION																
K-11th Grade	4.4	0.0	9.2	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	9.9	4.8	14.9	176	9.0	5.4	12.7	239	9.3	5.1	13.6	228	6.0	3.1	8.9	215
Some College	11.4	6.3	16.5	209	8.1	4.3	11.8	249	10.4	6.1	14.6	248	6.0	2.4	9.5	246
College Graduate+	6.5	3.3	9.7	265	4.2	0.8	7.6	150	6.0	1.6	10.4	162	5.8	2.9	8.8	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2003

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	25.7	24.3	27.1	4,799	31.7	27.8	35.6	679	30.8	26.9	34.7	653	25.6	22.0	29.3	677
SEX																
Male	22.3	20.2	24.4	1,870	29.0	23.2	34.9	262	29.0	22.9	35.1	255	21.5	16.2	26.7	263
Female	29.0	27.1	30.9	2,929	34.2	29.1	39.3	417	32.6	27.8	37.4	398	29.7	24.7	34.6	414
AGE																
18-24	5.3	2.9	7.7	414	*	*	*	*	6.9	0.0	13.9	69	7.4	0.0	15.5	53
25-34	7.2	5.0	9.4	761	9.7	3.3	16.1	90	8.1	2.5	13.7	90	7.1	1.7	12.5	125
35-44	18.0	15.1	20.8	925	21.8	13.9	29.6	139	12.7	6.0	19.4	93	15.1	8.2	22.1	112
45-54	31.0	27.4	34.6	976	34.2	25.7	42.7	155	33.9	25.5	42.3	147	30.5	21.4	39.6	132
55-64	43.5	39.2	47.8	727	44.6	34.3	54.8	107	51.1	40.8	61.5	111	48.9	38.4	59.4	105
65+	54.7	51.0	58.4	972	56.8	47.7	65.9	136	71.9	63.9	79.9	141	50.1	40.9	59.3	145
18-34	6.3	4.7	7.9	1,175	12.4	6.3	18.5	139	7.4	2.9	12.0	159	7.2	2.6	11.9	178
35-54	24.4	22.1	26.7	1,901	28.3	22.4	34.2	294	23.7	18.0	29.3	240	22.6	16.8	28.5	244
55+	49.7	46.9	52.5	1,699	51.2	44.3	58.0	243	63.4	56.8	70.0	252	49.6	42.7	56.5	250
SEX and AGE																
Male																
18-34	4.8	2.7	6.8	474	9.4	2.2	16.7	58	8.1	0.6	15.5	71	3.3	0.0	7.3	69
35-54	22.8	19.3	26.3	785	29.3	19.8	38.8	106	21.0	12.7	29.3	99	21.6	13.0	30.3	106
55+	43.8	39.4	48.3	606	44.8	34.2	55.4	98	63.7	52.9	74.6	85	43.1	31.6	54.5	85
Female																
18-34	7.9	5.4	10.4	701	15.4	5.6	25.1	81	6.7	2.1	11.3	88	11.2	3.1	19.4	109
35-54	26.1	23.1	29.1	1,116	27.4	20.3	34.4	188	26.4	18.7	34.0	141	23.6	15.8	31.4	138
55+	54.8	51.3	58.3	1,093	57.1	48.4	65.7	145	63.1	55.1	71.1	167	55.1	46.8	63.4	165
INCOME																
Less than \$15,000	29.9	25.5	34.3	585	41.0	29.4	52.6	89	33.6	23.7	43.6	112	36.0	23.9	48.1	83
\$15,000 - \$24,999	29.5	26.0	33.1	855	39.2	29.8	48.7	131	37.2	27.6	46.9	118	33.4	24.1	42.7	138
\$25,000 - \$34,999	25.3	21.7	29.0	685	33.3	23.6	43.0	114	34.3	23.5	45.0	90	23.6	15.6	31.6	115
\$35,000 - \$49,999	25.4	22.1	28.8	895	33.4	24.6	42.3	120	24.2	15.3	33.0	115	17.6	10.4	24.7	119
\$50,000+	20.8	18.2	23.4	1,263	16.0	10.1	21.9	163	26.1	18.8	33.5	155	19.1	11.4	26.7	127
EMPLOYMENT																
Employed	18.8	17.2	20.5	2,807	20.4	16.1	24.7	385	19.1	14.9	23.2	361	18.3	14.1	22.5	397
Unemployed	23.3	15.4	31.3	182	*	*	*	*	*	*	*	*	*	*	*	*
Other**	38.5	35.8	41.1	1,797	47.9	41.2	54.6	260	47.5	40.7	54.4	270	40.2	33.4	47.0	252
EDUCATION																
K-11th Grade	30.5	25.3	35.6	408	41.4	27.8	55.0	62	39.9	25.6	54.3	61	28.8	19.1	38.5	96
12th Grade or GED	27.8	25.2	30.3	1,534	32.6	26.0	39.3	227	42.3	34.3	50.2	191	24.4	18.5	30.4	255
Some College	26.7	24.1	29.2	1,540	36.4	29.2	43.6	214	28.9	22.1	35.7	198	31.6	24.3	39.0	183
College Graduate+	20.7	18.1	23.2	1,310	20.7	14.1	27.3	176	19.4	13.7	25.0	202	17.2	10.4	24.1	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Arthritis

Idaho adults who had ever been told they had arthritis, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	21.7	18.5	25.0	681	25.2	21.6	28.8	707	24.9	21.5	28.3	690	25.3	22.0	28.7	712
SEX																
Male	17.9	13.1	22.7	270	23.4	18.0	28.8	260	21.6	16.5	26.6	287	20.4	15.5	25.2	273
Female	25.6	21.2	30.0	411	27.0	22.3	31.7	447	28.1	23.5	32.7	403	30.2	25.6	34.9	439
AGE																
18-24	4.7	0.0	10.0	60	0.7	0.0	1.9	59	2.8	0.0	6.7	57	1.7	0.0	5.1	67
25-34	7.0	1.8	12.1	112	6.4	1.1	11.6	115	6.2	2.4	10.0	129	6.6	1.7	11.5	100
35-44	17.2	10.8	23.6	157	15.0	8.6	21.5	134	21.3	13.9	28.7	139	22.1	14.7	29.5	151
45-54	27.1	18.7	35.4	135	31.2	22.1	40.3	123	33.2	23.8	42.6	119	32.8	24.9	40.7	165
55-64	38.7	27.8	49.6	89	40.9	30.2	51.5	108	47.5	37.7	57.4	114	38.7	27.6	49.9	93
65+	48.0	38.1	57.9	123	53.4	44.5	62.4	165	47.7	38.5	56.9	130	65.4	56.3	74.5	132
18-34	6.0	2.3	9.8	172	3.6	0.8	6.5	174	4.5	1.8	7.3	186	3.8	1.0	6.7	167
35-54	21.9	16.7	27.1	292	23.0	17.3	28.7	257	27.4	21.3	33.4	258	27.4	22.0	32.9	316
55+	43.5	36.1	50.8	212	48.2	41.3	55.1	273	47.6	40.9	54.4	244	53.4	46.1	60.7	225
SEX and AGE																
Male																
18-34	4.2	0.0	9.3	67	6.2	1.0	11.5	68	3.3	0.0	7.0	75	1.6	0.0	4.1	66
35-54	20.4	12.5	28.3	123	19.4	11.5	27.3	107	25.5	16.7	34.4	115	24.3	16.3	32.3	129
55+	34.7	23.3	46.1	79	47.5	36.3	58.7	84	41.7	31.2	52.2	97	43.2	31.4	55.0	78
Female																
18-34	7.9	2.4	13.4	105	0.7	0.0	2.1	106	5.8	1.8	9.8	111	6.0	0.9	11.2	101
35-54	23.4	16.6	30.3	169	26.8	18.8	34.7	150	29.2	20.9	37.4	143	30.8	23.6	38.0	187
55+	50.8	41.3	60.4	133	48.9	40.4	57.3	189	52.8	44.2	61.5	147	62.2	53.8	70.7	147
INCOME																
Less than \$15,000	30.6	17.5	43.8	57	17.0	8.6	25.4	83	22.5	13.4	31.7	77	23.5	13.9	33.1	84
\$15,000 - \$24,999	19.5	11.0	28.0	83	28.6	18.9	38.2	125	26.6	18.4	34.8	139	25.8	17.3	34.2	121
\$25,000 - \$34,999	16.7	8.6	24.7	79	31.6	21.3	41.8	104	20.4	12.3	28.5	93	23.3	14.4	32.2	90
\$35,000 - \$49,999	28.7	19.6	37.7	118	21.8	14.3	29.3	138	19.5	12.4	26.5	130	29.0	21.6	36.5	155
\$50,000+	19.7	14.5	24.9	260	21.1	14.6	27.6	179	26.8	20.0	33.6	186	21.9	15.3	28.5	193
EMPLOYMENT																
Employed	17.8	14.0	21.6	424	19.3	15.1	23.4	412	18.5	14.6	22.5	398	20.0	16.0	24.1	430
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	29.8	23.6	36.0	232	38.5	31.7	45.2	266	36.8	30.5	43.2	264	35.4	28.7	42.1	253
EDUCATION																
K-11th Grade	20.5	10.7	30.3	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	20.2	14.3	26.1	177	30.9	24.2	37.6	240	29.0	22.5	35.5	229	28.0	21.6	34.4	215
Some College	21.9	15.8	27.9	209	25.8	19.7	31.9	247	23.7	18.2	29.3	246	24.0	18.3	29.7	243
College Graduate+	21.4	16.2	26.6	264	16.9	10.3	23.5	152	21.6	15.0	28.2	163	24.4	18.0	30.8	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol,
among those screened, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	31.1	29.3	32.9	3,588	33.7	29.2	38.2	514	33.4	28.7	38.0	486	32.9	28.4	37.5	487
SEX																
Male	31.4	28.5	34.2	1,371	30.5	23.7	37.3	198	33.1	25.5	40.7	177	32.6	25.2	39.9	175
Female	30.8	28.5	33.1	2,217	36.7	30.8	42.7	316	33.6	28.0	39.1	309	33.2	27.5	39.0	312
AGE																
18-24	4.1	0.5	7.7	145	*	*	*	*	*	*	*	*	*	*	*	*
25-34	13.8	9.7	17.9	412	21.5	7.4	35.7	51	18.1	6.6	29.7	52	11.6	3.6	19.6	66
35-44	22.9	19.2	26.5	663	19.1	10.3	27.8	95	28.3	16.6	40.0	64	28.8	16.9	40.7	65
45-54	32.5	28.5	36.5	823	38.3	28.9	47.7	128	32.3	23.3	41.4	121	25.6	16.7	34.6	106
55-64	46.0	41.5	50.6	651	44.6	33.6	55.7	90	41.3	30.7	51.9	102	48.6	37.6	59.6	95
65+	47.3	43.4	51.1	873	44.6	35.1	54.0	127	50.5	40.5	60.6	126	53.6	43.9	63.3	129
18-34	10.3	7.3	13.3	557	15.7	5.5	25.9	71	11.5	3.8	19.2	71	7.7	2.2	13.3	87
35-54	28.0	25.2	30.8	1,486	30.0	23.3	36.6	223	30.6	23.4	37.8	185	27.0	19.8	34.2	171
55+	46.7	43.8	49.7	1,524	44.6	37.4	51.8	217	46.7	39.3	54.0	228	51.5	44.2	58.8	224
SEX and AGE																
Male																
18-34	9.8	5.4	14.2	227	*	*	*	*	*	*	*	*	*	*	*	*
35-54	29.0	24.7	33.3	590	23.5	13.6	33.4	80	29.2	18.1	40.3	73	25.1	14.5	35.7	68
55+	47.8	43.1	52.5	550	43.2	32.3	54.1	89	48.2	35.5	61.0	73	49.1	37.1	61.2	77
Female																
18-34	10.8	6.8	14.8	330	*	*	*	*	*	*	*	*	7.5	1.8	13.2	60
35-54	27.0	23.5	30.5	896	36.0	27.3	44.8	143	31.9	22.6	41.3	112	28.6	18.8	38.4	103
55+	45.8	42.1	49.5	974	45.9	36.5	55.3	128	45.3	37.0	53.7	155	53.5	44.7	62.2	147
INCOME																
Less than \$15,000	35.1	29.1	41.1	369	42.1	28.6	55.6	65	34.3	21.9	46.6	72	49.7	32.7	66.6	52
\$15,000 - \$24,999	34.0	29.5	38.6	613	42.2	31.0	53.4	96	38.0	26.5	49.5	87	34.7	24.1	45.2	97
\$25,000 - \$34,999	33.4	28.4	38.4	473	36.1	24.1	48.2	74	35.3	22.5	48.1	65	34.0	22.7	45.2	77
\$35,000 - \$49,999	28.0	24.0	32.0	677	25.5	15.8	35.2	91	26.8	16.7	37.0	86	23.2	14.3	32.2	92
\$50,000+	29.0	25.7	32.2	1,074	31.6	23.5	39.7	144	32.3	23.2	41.5	126	26.4	17.0	35.7	100
EMPLOYMENT																
Employed	26.4	24.1	28.7	2,032	26.8	21.0	32.6	275	28.3	22.4	34.2	259	24.5	18.9	30.1	268
Unemployed	23.5	14.6	32.4	119	*	*	*	*	*	*	*	*	*	*	*	*
Other**	39.8	36.8	42.8	1,427	40.2	33.1	47.3	216	41.6	34.0	49.2	211	45.4	37.8	53.1	202
EDUCATION																
K-11th Grade	33.3	26.5	40.0	248	*	*	*	*	*	*	*	*	36.0	22.4	49.6	58
12th Grade or GED	33.4	30.1	36.7	1,077	30.6	22.8	38.4	158	37.5	28.6	46.4	146	36.6	28.8	44.5	179
Some College	29.0	25.8	32.2	1,168	33.3	25.4	41.1	171	32.5	24.0	41.0	139	32.8	24.3	41.3	140
College Graduate+	30.6	27.4	33.9	1,089	32.8	24.4	41.1	148	28.8	21.1	36.6	160	25.8	17.0	34.5	109

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Cholesterol

Idaho adults ever told they had high cholesterol,
among those screened, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	28.5	24.3	32.7	544	31.5	26.9	36.1	525	30.6	26.3	35.0	499	30.5	26.2	34.8	533
SEX																
Male	31.6	24.9	38.3	210	31.9	24.6	39.1	185	30.0	23.5	36.4	217	30.2	23.4	36.9	209
Female	25.5	20.3	30.7	334	31.1	25.3	36.8	340	31.4	25.5	37.2	282	30.8	25.4	36.2	324
AGE																
18-24	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
25-34	11.1	2.8	19.3	69	12.3	1.3	23.2	56	15.1	5.3	25.0	68	14.1	3.6	24.6	50
35-44	19.9	12.4	27.3	123	28.0	17.7	38.3	94	22.7	14.1	31.4	103	22.4	14.4	30.3	119
45-54	33.1	23.3	42.9	121	27.1	17.9	36.2	104	33.3	23.2	43.5	96	35.5	26.9	44.0	147
55-64	46.3	34.6	57.9	84	41.4	30.3	52.5	99	50.5	40.0	60.9	101	49.0	36.7	61.3	80
65+	45.3	35.2	55.5	117	50.3	40.8	59.7	149	43.5	33.7	53.3	111	43.0	33.2	52.9	114
18-34	9.9	3.4	16.3	95	10.2	1.5	19.0	76	9.4	2.9	15.9	86	9.2	2.5	16.0	71
35-54	26.5	20.2	32.9	244	27.5	20.6	34.4	198	28.3	21.6	35.1	199	29.2	23.3	35.2	266
55+	45.8	38.1	53.5	201	46.5	39.2	53.7	248	46.6	39.4	53.7	212	45.7	38.0	53.5	194
SEX and AGE																
Male																
18-34	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
35-54	31.8	22.1	41.6	101	33.0	21.5	44.5	74	27.1	17.6	36.7	91	29.7	20.3	39.0	103
55+	51.2	39.0	63.4	74	46.5	34.7	58.2	76	46.3	35.1	57.4	86	48.7	36.5	61.0	75
Female																
18-34	11.3	2.9	19.7	60	*	*	*	*	*	*	*	*	*	*	*	*
35-54	21.1	13.2	29.0	143	22.5	14.7	30.2	124	29.6	20.1	39.2	108	28.8	21.4	36.2	163
55+	41.4	31.8	51.0	127	46.5	37.7	55.2	172	46.8	37.6	56.1	126	42.8	33.3	52.2	119
INCOME																
Less than \$15,000	34.5	18.4	50.5	53	*	*	*	*	*	*	*	*	*	*	*	*
\$15,000 - \$24,999	26.4	11.9	40.8	54	41.8	29.2	54.5	92	31.1	20.8	41.5	97	23.6	14.3	33.0	90
\$25,000 - \$34,999	32.3	19.0	45.6	59	29.0	16.0	42.1	66	28.1	16.6	39.6	64	38.6	25.7	51.5	68
\$35,000 - \$49,999	32.8	22.2	43.3	95	24.7	15.6	33.7	98	26.8	17.5	36.2	99	31.8	22.3	41.4	116
\$50,000+	27.4	21.2	33.6	233	29.3	21.3	37.3	151	29.7	22.0	37.4	154	30.8	23.1	38.4	166
EMPLOYMENT																
Employed	26.3	21.1	31.5	336	27.0	21.1	32.9	285	22.7	17.5	27.9	288	30.3	24.6	35.9	321
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	36.3	28.6	43.9	192	40.5	33.0	48.1	220	44.1	36.5	51.7	195	32.5	25.3	39.8	191
EDUCATION																
K-11th Grade	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	27.2	18.5	35.9	119	34.7	26.4	43.0	173	36.7	28.4	45.0	155	37.5	28.5	46.5	147
Some College	27.6	19.8	35.3	170	25.8	18.7	32.9	183	28.0	20.9	35.2	183	25.5	18.8	32.2	182
College Graduate+	30.0	23.7	36.4	235	37.6	28.2	47.0	131	26.7	18.7	34.7	131	32.7	25.0	40.5	175

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2003

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	23.2	21.8	24.5	4,811	24.0	20.5	27.5	682	25.8	22.2	29.3	657	24.5	21.1	28.0	677
SEX																
Male	23.7	21.5	25.8	1,871	24.4	18.9	29.9	263	25.4	19.8	31.1	254	26.1	20.6	31.6	263
Female	22.7	20.9	24.4	2,940	23.6	19.2	28.0	419	26.1	21.7	30.5	403	23.1	18.7	27.4	414
AGE																
18-24	4.4	1.8	6.9	414	*	*	*	*	4.8	0.0	10.2	69	2.5	0.0	6.3	53
25-34	5.8	4.0	7.5	765	4.4	0.0	9.7	91	14.1	6.1	22.2	90	9.7	4.0	15.4	125
35-44	14.5	11.8	17.1	925	15.4	8.6	22.2	139	14.1	6.9	21.4	93	18.2	10.6	25.8	112
45-54	27.9	24.4	31.4	982	25.1	17.4	32.8	156	31.3	23.0	39.6	148	31.6	22.7	40.5	132
55-64	39.6	35.4	43.8	729	39.0	29.0	49.0	107	43.3	33.2	53.4	112	38.8	28.7	49.0	106
65+	52.8	49.1	56.4	973	48.9	39.7	58.1	137	48.8	39.4	58.2	143	46.8	37.6	56.0	144
18-34	5.1	3.6	6.6	1,179	3.3	0.0	6.6	140	9.0	4.3	13.8	159	6.6	2.9	10.3	178
35-54	21.1	18.9	23.4	1,907	20.5	15.3	25.7	295	23.0	17.3	28.7	241	24.7	18.9	30.6	244
55+	46.9	44.1	49.7	1,702	44.4	37.6	51.2	244	46.6	39.6	53.5	255	43.4	36.6	50.3	250
SEX and AGE																
Male																
18-34	7.4	4.8	10.1	475	6.6	0.0	13.2	58	13.1	5.1	21.1	71	7.7	1.7	13.7	69
35-54	23.5	20.1	26.9	786	23.6	14.8	32.4	107	26.2	17.0	35.3	98	30.6	21.3	39.8	106
55+	44.5	40.1	49.0	605	40.0	29.6	50.5	98	39.6	28.3	51.0	85	41.3	30.0	52.5	85
Female																
18-34	2.7	1.4	4.0	704	0.0	0.0	0.0	82	4.2	0.0	8.4	88	5.4	1.1	9.7	109
35-54	18.8	15.9	21.6	1,121	17.6	11.9	23.3	188	19.8	13.0	26.7	143	18.8	11.7	26.0	138
55+	48.9	45.4	52.4	1,097	48.3	39.5	57.1	146	52.7	44.7	60.7	170	45.2	36.9	53.5	165
INCOME																
Less than \$15,000	25.4	21.3	29.4	587	30.3	19.5	41.0	89	26.1	17.4	34.9	112	26.5	16.3	36.7	83
\$15,000 - \$24,999	28.8	25.1	32.4	860	31.4	22.5	40.3	132	31.8	22.7	40.9	119	33.7	24.7	42.8	139
\$25,000 - \$34,999	24.6	20.8	28.4	687	29.7	20.4	39.1	114	20.0	10.6	29.4	92	25.4	17.0	33.9	116
\$35,000 - \$49,999	21.0	18.0	24.1	897	14.5	7.7	21.3	121	21.2	13.3	29.0	115	16.1	9.2	23.0	119
\$50,000+	18.9	16.5	21.4	1,267	17.8	11.7	23.8	164	23.1	16.3	29.9	156	22.0	14.5	29.4	127
EMPLOYMENT																
Employed	16.8	15.2	18.4	2,817	15.2	11.3	19.1	387	20.0	15.8	24.3	364	20.7	16.5	24.9	398
Unemployed	19.9	12.6	27.3	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	35.3	32.7	37.9	1,797	37.2	30.7	43.6	261	32.6	26.4	38.8	271	33.1	26.7	39.4	251
EDUCATION																
K-11th Grade	30.4	25.1	35.7	407	34.6	21.8	47.4	62	33.6	19.9	47.3	62	28.8	19.0	38.6	96
12th Grade or GED	26.2	23.6	28.7	1,534	25.5	19.3	31.6	228	27.0	20.4	33.6	192	29.5	23.4	35.6	254
Some College	21.2	18.8	23.5	1,552	24.3	18.1	30.5	216	23.1	17.0	29.2	198	21.0	14.7	27.4	184
College Graduate+	19.8	17.3	22.3	1,311	17.3	11.0	23.5	176	24.7	18.3	31.1	204	17.4	10.9	23.8	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

High Blood Pressure

Idaho adults who were ever told they had high blood pressure, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	20.9	17.7	24.1	682	26.8	22.9	30.7	709	23.7	20.2	27.2	690	19.7	16.5	22.9	714
SEX																
Male	19.9	15.2	24.6	269	29.1	22.8	35.3	260	25.9	20.3	31.6	288	19.4	14.2	24.6	274
Female	21.8	17.5	26.1	413	24.5	20.1	28.9	449	21.5	17.2	25.7	402	20.1	16.3	23.8	440
AGE																
18-24	1.8	0.0	5.4	60	10.3	0.0	23.4	59	6.5	0.0	14.6	57	5.0	0.0	12.0	67
25-34	1.0	0.0	3.1	113	5.3	1.0	9.6	115	9.4	3.7	15.1	130	6.3	1.8	10.8	101
35-44	13.0	7.4	18.7	157	17.7	10.5	25.0	134	9.9	4.4	15.3	138	13.5	7.3	19.8	152
45-54	28.3	19.8	36.8	136	27.4	18.3	36.5	124	26.3	17.3	35.2	119	26.2	18.9	33.6	167
55-64	36.7	26.0	47.4	89	42.1	31.6	52.7	108	48.7	38.8	58.6	114	33.4	23.1	43.8	93
65+	62.5	52.8	72.2	122	57.4	48.4	66.3	166	52.7	43.6	61.9	131	45.8	36.4	55.1	130
18-34	1.4	0.0	3.2	173	7.7	0.9	14.5	174	8.0	3.1	12.9	187	5.6	1.1	10.0	168
35-54	20.3	15.2	25.4	293	22.5	16.6	28.3	258	18.3	12.8	23.7	257	19.8	15.0	24.7	319
55+	49.8	42.3	57.3	211	51.0	44.1	57.9	274	51.0	44.3	57.7	245	40.2	33.1	47.2	223
SEX and AGE																
Male																
18-34	1.4	0.0	4.2	67	11.3	0.0	23.2	68	12.1	3.4	20.7	76	8.9	0.5	17.4	66
35-54	20.0	12.7	27.3	123	25.9	16.7	35.0	107	22.1	13.6	30.7	115	20.8	13.3	28.3	130
55+	49.4	37.5	61.4	78	52.8	41.6	64.0	84	50.8	40.3	61.4	97	33.2	22.0	44.4	78
Female																
18-34	1.3	0.0	3.8	106	3.6	0.0	8.1	106	3.7	0.0	8.0	111	2.2	0.0	4.3	102
35-54	20.7	13.5	27.8	170	19.0	11.9	26.0	151	14.3	7.8	20.9	142	18.8	12.8	24.8	189
55+	50.2	40.7	59.7	133	49.4	41.0	57.9	190	51.2	42.5	59.8	148	46.3	37.6	55.0	145
INCOME																
Less than \$15,000	22.4	11.0	33.8	57	23.7	14.2	33.3	84	29.0	17.3	40.8	78	20.4	11.7	29.1	84
\$15,000 - \$24,999	25.2	14.7	35.7	83	31.7	22.0	41.4	126	24.2	15.6	32.8	140	24.3	14.5	34.0	121
\$25,000 - \$34,999	19.5	10.4	28.6	79	37.5	25.1	49.9	104	22.5	14.0	31.1	92	14.9	7.9	22.0	90
\$35,000 - \$49,999	25.0	16.7	33.2	119	24.0	15.9	32.2	137	22.1	14.8	29.4	130	22.2	15.1	29.4	156
\$50,000+	17.9	13.0	22.7	260	20.2	13.6	26.9	180	19.7	13.6	25.8	186	16.4	10.7	22.1	194
EMPLOYMENT																
Employed	15.2	11.7	18.7	426	18.4	14.2	22.6	411	16.1	12.0	20.1	400	14.7	11.3	18.2	431
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	35.5	28.7	42.3	231	41.9	35.1	48.6	268	38.4	31.8	44.9	262	27.9	21.3	34.4	253
EDUCATION																
K-11th Grade	34.4	18.8	50.1	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	22.8	16.5	29.1	177	28.9	22.4	35.5	239	28.6	21.7	35.5	228	22.2	16.5	27.9	216
Some College	19.0	13.3	24.7	210	23.0	17.4	28.7	250	20.3	15.0	25.6	248	20.2	14.3	26.1	246
College Graduate+	20.5	15.4	25.5	264	24.9	17.1	32.7	152	19.6	13.2	26.0	163	16.0	10.7	21.4	210

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who did not consume five or more servings
of fruits and vegetables a day, 2003

	Statewide			Public Health District											
				District 1				District 2				District 3			
	%	95% CI	N	%	95% CI	N		%	95% CI	N		%	95% CI	N	
TOTAL	79.3	77.9 80.7	4,823	78.5	75.0 81.9	683		78.9	75.4 82.3	659		83.1	80.0 86.2	678	
SEX															
Male	84.3	82.3 86.3	1,876	86.8	82.3 91.2	264		86.1	81.3 90.8	256		88.0	83.7 92.4	262	
Female	74.5	72.6 76.4	2,947	70.7	65.7 75.6	419		71.5	66.5 76.4	403		78.4	74.1 82.7	416	
AGE															
18-24	79.2	74.6 83.8	414	*	* *	*		78.4	67.5 89.2	69		83.6	72.9 94.4	53	
25-34	82.3	79.1 85.6	765	87.2	80.3 94.0	91		82.1	73.7 90.4	90		84.3	77.5 91.1	125	
35-44	82.8	80.0 85.6	927	78.4	71.0 85.8	139		83.9	76.4 91.5	94		89.8	84.2 95.4	112	
45-54	79.7	76.6 82.8	982	80.7	73.9 87.5	156		82.8	76.5 89.1	148		84.6	77.8 91.4	131	
55-64	77.9	74.2 81.6	730	79.9	71.6 88.3	107		77.2	69.0 85.4	113		78.9	70.6 87.2	106	
65+	72.8	69.6 76.1	981	71.9	63.8 80.0	138		70.9	62.7 79.2	143		75.3	67.5 83.0	146	
18-34	80.9	78.1 83.6	1,179	80.4	73.0 87.9	140		80.0	73.0 87.1	159		84.0	78.0 90.0	178	
35-54	81.2	79.2 83.3	1,909	79.6	74.6 84.6	295		83.3	78.5 88.2	242		87.3	82.9 91.7	243	
55+	75.1	72.7 77.5	1,711	75.6	69.7 81.4	245		73.5	67.6 79.5	256		76.8	71.1 82.5	252	
SEX and AGE															
Male															
18-34	84.4	80.5 88.3	475	88.8	80.2 97.3	58		82.7	72.8 92.5	71		90.3	82.1 98.4	69	
35-54	86.3	83.4 89.2	787	85.8	78.8 92.8	107		92.5	87.4 97.6	99		90.1	84.4 95.9	105	
55+	81.1	77.4 84.8	609	86.3	78.5 94.2	99		83.0	74.5 91.5	86		82.1	73.0 91.3	85	
Female															
18-34	77.1	73.3 81.0	704	72.1	60.5 83.8	82		76.9	67.0 86.9	88		77.6	68.9 86.3	109	
35-54	76.1	73.1 79.0	1,122	73.7	66.8 80.7	188		74.0	66.2 81.9	143		84.4	77.8 91.0	138	
55+	69.9	66.7 73.1	1,102	65.8	57.5 74.1	146		65.0	57.3 72.8	170		72.4	65.2 79.5	167	
INCOME															
Less than \$15,000	80.5	76.4 84.6	589	79.4	69.6 89.2	89		84.0	76.6 91.4	113		80.6	69.8 91.5	83	
\$15,000 - \$24,999	77.9	74.3 81.4	861	81.8	74.2 89.3	132		71.6	61.8 81.4	119		78.7	71.1 86.4	138	
\$25,000 - \$34,999	80.8	77.4 84.2	689	74.5	65.8 83.1	115		80.4	71.7 89.2	92		87.4	81.2 93.7	116	
\$35,000 - \$49,999	80.5	77.5 83.6	898	83.1	76.4 89.8	121		80.5	72.5 88.5	115		84.8	78.0 91.5	119	
\$50,000+	79.0	76.3 81.7	1,269	78.4	71.6 85.2	164		80.2	73.8 86.6	157		82.2	75.0 89.3	127	
EMPLOYMENT															
Employed	81.5	79.7 83.3	2,820	83.2	79.2 87.3	387		82.9	78.6 87.1	365		86.9	83.5 90.4	397	
Unemployed	85.5	78.9 92.0	184	*	* *	*		*	* *	*		*	* *	*	
Other**	74.5	72.1 76.9	1,806	71.9	65.9 78.0	262		73.2	67.1 79.2	272		76.4	70.6 82.2	253	
EDUCATION															
K-11th Grade	79.6	74.7 84.4	409	85.4	75.3 95.6	62		65.2	50.3 80.2	62		84.3	76.1 92.6	96	
12th Grade or GED	83.2	81.0 85.4	1,536	75.7	69.5 81.9	228		82.8	77.0 88.6	192		87.3	82.5 92.1	254	
Some College	80.4	77.9 82.9	1,556	82.7	77.0 88.4	216		84.5	78.8 90.1	199		83.2	77.4 88.9	185	
College Graduate+	73.6	70.7 76.5	1,315	74.0	67.1 81.0	177		73.3	66.9 79.7	205		74.6	67.0 82.1	142	

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Fruit and Vegetable Consumption

Idaho adults who did not consume five or more servings
of fruits and vegetables a day, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	76.2	72.6	79.8	683	80.2	76.8	83.6	711	79.9	76.5	83.3	693	81.8	78.6	85.0	716
SEX																
Male	81.1	75.9	86.3	270	85.2	80.2	90.1	261	82.1	76.9	87.3	289	84.1	79.1	89.1	274
Female	71.3	66.5	76.2	413	75.1	70.5	79.8	450	77.7	73.5	82.0	404	79.7	75.6	83.7	442
AGE																
18-24	69.3	56.4	82.2	60	77.1	65.4	88.9	59	85.4	75.1	95.7	57	91.6	84.3	98.9	67
25-34	79.1	71.4	86.8	113	85.6	77.3	94.0	115	84.9	78.6	91.2	130	77.6	68.1	87.2	101
35-44	80.7	74.0	87.4	157	84.5	78.2	90.8	134	80.2	73.0	87.3	139	85.4	79.3	91.6	152
45-54	74.6	66.6	82.5	136	80.9	73.0	88.7	125	79.0	71.1	86.9	119	82.4	76.4	88.4	167
55-64	75.4	65.0	85.7	89	87.4	81.2	93.5	108	69.9	60.8	79.1	114	76.7	67.6	85.8	93
65+	75.3	66.9	83.8	123	67.2	58.6	75.7	167	76.2	68.4	83.9	132	71.3	63.1	79.5	132
18-34	75.2	68.2	82.2	173	81.6	74.5	88.6	174	85.2	79.1	91.2	187	85.6	79.5	91.6	168
35-54	77.8	72.6	82.9	293	82.7	77.7	87.7	259	79.6	74.3	84.9	258	83.9	79.6	88.2	319
SEX and AGE	75.4	68.7	82.0	212	75.5	69.7	81.4	275	73.5	67.5	79.4	246	73.7	67.6	79.9	225
SEX and AGE																
Male																
18-34	81.9	72.2	91.6	67	82.9	72.4	93.4	68	84.7	74.9	94.4	76	81.9	71.6	92.2	66
35-54	82.6	75.3	89.9	123	88.8	81.9	95.6	108	84.5	76.9	92.1	115	87.1	81.2	93.1	130
55+	76.6	65.9	87.3	79	82.9	74.6	91.1	84	75.3	66.1	84.6	98	82.7	74.0	91.5	78
Female																
18-34	68.2	58.5	77.9	106	80.1	70.8	89.3	106	85.7	78.7	92.6	111	89.2	83.2	95.3	102
35-54	72.7	65.4	79.9	170	76.4	69.1	83.6	151	74.6	67.1	82.1	143	80.5	74.4	86.6	189
55+	74.3	66.0	82.7	133	69.0	61.0	77.0	191	71.9	64.2	79.5	148	65.9	57.8	74.1	147
INCOME																
Less than \$15,000	78.5	66.1	90.8	57	70.4	58.5	82.4	84	76.6	64.3	88.9	78	93.7	89.2	98.3	85
\$15,000 - \$24,999	72.7	61.1	84.3	83	77.1	67.4	86.7	126	81.4	73.8	89.1	141	80.6	71.8	89.4	122
\$25,000 - \$34,999	81.5	72.4	90.6	79	85.0	78.0	92.0	104	87.5	80.7	94.3	93	68.8	57.3	80.3	90
\$35,000 - \$49,999	73.4	64.7	82.0	119	85.9	79.6	92.2	138	76.1	68.4	83.9	130	84.6	78.8	90.5	156
\$50,000+	76.9	71.3	82.5	261	83.5	77.4	89.6	180	76.3	69.8	82.9	186	81.4	75.5	87.2	194
EMPLOYMENT																
Employed	77.5	73.0	81.9	426	82.1	77.7	86.5	413	80.7	76.3	85.2	400	81.8	77.6	86.0	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	71.8	65.3	78.4	232	73.9	67.8	79.9	268	76.5	71.0	82.0	265	80.6	75.1	86.0	254
EDUCATION																
K-11th Grade	76.4	63.9	88.9	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	84.9	79.1	90.7	177	83.2	77.8	88.6	240	82.2	76.8	87.7	229	85.1	80.1	90.1	216
Some College	74.9	68.2	81.6	210	81.0	75.4	86.6	251	81.8	76.6	87.0	249	82.1	76.5	87.7	246
College Graduate+	71.5	65.5	77.6	265	75.8	67.9	83.7	152	74.9	67.8	82.0	163	76.0	69.5	82.5	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults who did not participate in leisure time physical activity, 2003

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	18.3	17.0	19.6	4,817	19.0	15.7	22.3	683	16.7	13.6	19.9	657	20.6	17.2	24.0	676
SEX																
Male	16.5	14.6	18.5	1,873	18.4	13.3	23.5	264	13.7	9.1	18.3	255	21.2	15.6	26.7	261
Female	20.1	18.4	21.8	2,944	19.6	15.4	23.8	419	19.8	15.6	24.0	402	20.0	16.0	24.0	415
AGE																
18-24	14.0	10.1	18.0	414	*	*	*	*	10.3	2.9	17.8	69	16.8	5.5	28.1	53
25-34	11.9	9.0	14.7	765	9.2	3.3	15.2	91	6.3	1.7	10.9	90	12.5	6.6	18.4	125
35-44	15.9	13.2	18.7	927	13.9	6.8	21.0	139	10.8	3.7	17.8	94	17.2	9.8	24.6	112
45-54	18.5	15.6	21.5	983	22.6	14.8	30.4	156	16.5	10.4	22.6	148	20.7	13.2	28.3	132
55-64	21.8	18.3	25.2	727	26.0	17.3	34.6	107	19.7	11.8	27.5	112	25.5	16.3	34.7	105
65+	29.7	26.3	33.1	977	25.7	17.7	33.6	138	35.3	26.2	44.4	142	32.4	23.6	41.2	144
18-34	12.9	10.5	15.3	1,179	10.9	5.4	16.4	140	8.5	3.9	13.1	159	14.4	8.4	20.3	178
35-54	17.2	15.2	19.2	1,910	18.5	13.1	23.8	295	13.7	9.1	18.4	242	18.9	13.6	24.2	244
55+	26.2	23.8	28.6	1,704	25.8	20.0	31.7	245	28.8	22.4	35.2	254	29.5	23.1	35.9	249
SEX and AGE																
Male																
18-34	11.5	7.8	15.2	475	10.4	2.0	18.9	58	5.7	0.6	10.9	71	17.7	7.3	28.1	69
35-54	16.6	13.6	19.6	788	20.2	11.4	28.9	107	11.5	4.5	18.5	99	19.2	11.2	27.1	106
55+	23.1	19.3	26.8	605	22.7	14.1	31.3	99	25.9	15.2	36.6	85	29.0	18.1	39.9	83
Female																
18-34	14.3	11.3	17.3	704	11.4	4.3	18.4	82	11.7	3.9	19.5	88	11.0	5.8	16.1	109
35-54	17.8	15.1	20.6	1,122	16.9	10.6	23.2	188	16.0	9.9	22.1	143	18.6	11.7	25.6	138
55+	28.9	25.8	32.1	1,099	28.7	20.7	36.6	146	31.4	24.0	38.8	169	29.9	22.4	37.5	166
INCOME																
Less than \$15,000	29.0	24.6	33.4	587	29.0	18.5	39.5	89	24.9	16.2	33.7	112	32.2	20.4	44.0	83
\$15,000 - \$24,999	25.2	21.5	28.9	861	23.6	15.7	31.6	132	19.5	11.5	27.5	119	22.4	14.9	29.9	138
\$25,000 - \$34,999	18.4	14.8	22.1	689	18.2	10.6	25.9	115	16.5	8.1	24.9	92	22.3	14.4	30.2	116
\$35,000 - \$49,999	19.2	16.1	22.4	896	23.1	14.4	31.8	121	14.2	6.9	21.5	115	17.5	9.7	25.3	118
\$50,000+	8.9	7.2	10.6	1,269	12.3	6.5	18.2	164	7.8	3.6	12.1	157	10.6	4.9	16.4	127
EMPLOYMENT																
Employed	15.4	13.8	17.0	2,819	17.1	12.8	21.5	387	11.3	7.8	14.8	364	16.0	12.0	20.0	397
Unemployed	19.6	11.3	27.8	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	23.4	21.1	25.7	1,801	22.5	17.0	27.9	262	24.6	18.8	30.3	271	28.7	22.5	34.9	251
EDUCATION																
K-11th Grade	30.2	24.9	35.4	407	27.4	15.0	39.7	62	31.0	17.7	44.2	62	33.0	22.4	43.6	94
12th Grade or GED	25.0	22.4	27.6	1,533	24.2	18.2	30.2	228	27.1	19.9	34.2	190	22.5	16.5	28.4	254
Some College	15.8	13.6	18.1	1,555	16.6	11.2	22.1	216	11.0	6.7	15.3	199	17.9	11.7	24.1	185
College Graduate+	10.0	8.1	11.8	1,315	11.5	5.8	17.2	177	9.0	4.7	13.2	205	11.4	6.2	16.6	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Physical Activity

Idaho adults who did not participate in leisure time physical activity, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	16.7	13.5	19.8	683	20.5	17.1	23.8	711	20.1	16.5	23.7	692	15.7	12.9	18.5	715
SEX																
Male	15.0	10.3	19.6	270	17.1	12.3	21.9	261	18.1	12.6	23.5	288	12.2	8.3	16.0	274
Female	18.3	14.2	22.4	413	23.8	19.2	28.4	450	22.1	17.5	26.7	404	19.1	15.1	23.2	441
AGE																
18-24	14.8	4.4	25.2	60	13.5	4.2	22.8	59	19.4	7.2	31.6	57	9.5	3.3	15.8	67
25-34	12.5	5.5	19.6	113	13.9	7.5	20.4	115	17.9	10.3	25.4	130	6.8	2.0	11.5	101
35-44	17.4	11.2	23.6	157	18.8	11.8	25.9	134	14.3	8.1	20.5	139	14.3	8.3	20.3	152
45-54	13.9	7.4	20.5	136	24.2	15.7	32.7	125	17.9	10.1	25.8	119	17.7	11.6	23.7	167
55-64	17.1	9.0	25.3	89	24.6	15.2	34.0	108	24.7	16.3	33.1	113	16.6	8.5	24.6	93
65+	28.8	20.0	37.7	123	27.1	18.9	35.3	167	29.0	20.8	37.3	132	32.9	23.9	41.8	131
18-34	13.4	7.5	19.4	173	13.7	8.1	19.3	174	18.6	11.5	25.8	187	8.3	4.3	12.4	168
35-54	15.7	11.2	20.2	293	21.5	16.0	27.0	259	16.2	11.1	21.2	258	16.0	11.7	20.2	319
55+	23.1	17.0	29.2	212	26.0	19.9	32.2	275	27.2	21.2	33.1	245	25.5	19.2	31.8	224
SEX and AGE																
Male																
18-34	12.5	3.2	21.8	67	8.2	1.9	14.6	68	17.2	5.9	28.6	76	4.6	0.1	9.0	66
35-54	15.1	8.8	21.3	123	20.2	12.0	28.5	108	15.9	8.6	23.2	115	13.0	7.2	18.8	130
55+	18.9	9.8	28.1	79	22.9	13.3	32.4	84	22.4	13.9	30.8	97	22.6	12.7	32.5	78
Female																
18-34	14.4	7.1	21.7	106	19.9	10.9	28.8	106	20.1	11.5	28.7	111	12.1	5.4	18.9	102
35-54	16.4	10.0	22.9	170	22.8	15.5	30.0	151	16.5	9.6	23.4	143	19.1	13.0	25.3	189
55+	26.7	18.5	34.8	133	28.9	20.9	36.9	191	31.4	23.2	39.6	148	28.0	20.1	35.9	146
INCOME																
Less than \$15,000	38.0	24.0	51.9	57	28.2	17.1	39.2	84	26.2	15.0	37.5	78	19.8	10.6	29.0	84
\$15,000 - \$24,999	32.4	20.2	44.7	83	27.0	17.6	36.4	126	25.4	15.8	35.1	141	21.5	13.8	29.2	122
\$25,000 - \$34,999	18.9	7.4	30.3	79	17.6	9.6	25.6	104	23.6	14.3	33.0	93	9.3	3.3	15.2	90
\$35,000 - \$49,999	21.8	13.4	30.1	119	19.9	12.2	27.5	138	15.2	8.9	21.5	129	18.1	11.5	24.7	156
\$50,000+	5.6	2.9	8.3	261	12.8	7.7	17.9	180	10.6	5.9	15.2	186	10.1	5.5	14.7	194
EMPLOYMENT																
Employed	14.6	10.9	18.3	426	17.9	13.7	22.0	413	15.9	12.0	19.8	400	14.2	10.7	17.7	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	20.7	15.0	26.4	232	25.4	19.3	31.5	268	24.7	18.6	30.7	264	19.3	14.0	24.5	253
EDUCATION																
K-11th Grade	32.3	19.2	45.3	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	24.7	18.0	31.4	177	25.0	18.5	31.5	240	32.3	24.5	40.0	229	21.2	15.3	27.1	215
Some College	16.5	10.4	22.6	210	16.9	11.9	22.0	251	13.6	9.4	17.9	248	15.8	11.0	20.6	246
College Graduate+	8.8	5.3	12.3	265	12.1	6.8	17.5	152	9.1	4.5	13.8	163	10.3	5.9	14.6	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2003

	Statewide				Public Health District											
					District 1			District 2			District 3					
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	59.3	57.5	61.1	4,583	59.6	55.4	63.8	649	59.4	55.0	63.9	625	61.5	57.2	65.9	637
SEX																
Male	68.0	65.4	70.6	1,864	66.4	60.3	72.6	261	67.0	60.4	73.6	255	69.3	62.7	75.8	260
Female	50.1	47.9	52.4	2,719	52.7	47.2	58.3	388	51.0	45.3	56.8	370	53.2	47.6	58.9	377
AGE																
18-24	37.6	32.2	43.0	401	*	*	*	*	38.6	26.1	51.1	68	41.9	27.0	56.7	51
25-34	55.7	51.2	60.1	728	57.5	46.5	68.6	89	58.9	47.3	70.5	85	62.4	53.3	71.6	119
35-44	61.5	57.8	65.2	886	60.4	51.3	69.6	129	55.8	45.0	66.7	91	59.4	49.2	69.7	105
45-54	67.3	63.7	70.9	932	58.5	49.6	67.5	146	73.8	66.0	81.6	136	69.9	60.3	79.4	122
55-64	70.6	66.6	74.6	689	73.6	64.9	82.4	102	69.3	59.8	78.7	109	71.6	62.2	81.1	101
65+	63.6	60.0	67.2	933	61.9	53.0	70.7	133	63.6	54.5	72.8	135	62.9	53.9	71.9	136
18-34	47.1	43.6	50.7	1,129	50.2	41.0	59.5	137	47.6	38.7	56.4	153	53.5	45.0	62.1	170
35-54	64.4	61.8	67.0	1,818	59.4	53.0	65.9	275	64.9	58.1	71.7	227	64.4	57.4	71.5	227
55+	66.7	64.0	69.4	1,622	67.2	60.8	73.5	235	66.0	59.4	72.6	244	66.6	60.1	73.2	237
SEX and AGE																
Male																
18-34	56.0	50.6	61.4	472	56.1	42.8	69.3	58	51.9	39.2	64.7	71	60.0	46.8	73.1	68
35-54	73.8	70.3	77.4	780	69.2	59.5	78.9	104	74.7	65.6	83.9	99	72.0	62.3	81.7	105
55+	74.4	70.5	78.3	608	71.7	62.6	80.7	99	76.4	66.4	86.5	85	76.1	66.2	86.1	85
Female																
18-34	37.1	32.8	41.4	657	44.2	31.5	56.9	79	41.9	30.1	53.8	82	46.4	35.5	57.2	102
35-54	54.0	50.4	57.6	1,038	49.7	41.5	57.8	171	53.8	44.4	63.3	128	55.7	45.8	65.6	122
55+	59.4	55.8	63.0	1,014	62.8	54.1	71.5	136	56.1	47.8	64.3	159	57.9	49.5	66.4	152
INCOME																
Less than \$15,000	53.2	47.9	58.6	563	57.7	45.2	70.1	83	46.1	34.6	57.7	108	60.1	46.9	73.3	81
\$15,000 - \$24,999	57.9	53.7	62.2	828	56.8	47.2	66.5	130	63.7	53.3	74.0	113	60.5	50.7	70.3	132
\$25,000 - \$34,999	59.8	55.0	64.6	662	61.8	51.8	71.8	111	62.3	51.0	73.7	86	71.3	61.8	80.7	110
\$35,000 - \$49,999	63.6	59.8	67.3	859	58.3	48.5	68.2	115	58.9	48.6	69.2	112	63.7	54.1	73.3	116
\$50,000+	62.8	59.6	66.0	1,221	64.6	56.6	72.6	156	62.0	53.6	70.5	151	57.9	48.1	67.7	119
EMPLOYMENT																
Employed	62.2	60.0	64.4	2,700	59.8	54.3	65.3	372	62.7	56.8	68.5	347	62.8	57.3	68.4	379
Unemployed	53.9	43.8	64.0	176	*	*	*	*	*	*	*	*	*	*	*	*
Other**	54.8	51.9	57.7	1,696	59.5	52.7	66.3	245	54.6	47.4	61.8	257	59.2	51.9	66.4	232
EDUCATION																
K-11th Grade	56.8	50.8	62.9	393	60.2	46.1	74.3	58	68.5	54.3	82.7	59	61.9	50.4	73.5	90
12th Grade or GED	60.9	57.8	64.1	1,444	59.2	52.0	66.4	214	53.0	44.6	61.5	180	64.2	57.1	71.4	239
Some College	59.4	56.3	62.6	1,471	59.2	51.6	66.7	209	66.8	58.6	74.9	189	62.3	54.1	70.5	172
College Graduate+	58.0	54.7	61.3	1,271	60.3	52.2	68.4	168	55.0	47.3	62.7	196	55.1	45.7	64.5	135

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Overweight

Idaho adults who were overweight (BMI ≥ 25), 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	56.6	52.2	60.9	646	59.7	55.3	64.0	672	61.3	57.1	65.6	665	60.0	55.6	64.4	689
SEX																
Male	65.8	59.3	72.2	267	70.8	64.3	77.3	259	71.1	65.0	77.2	288	67.9	61.5	74.2	274
Female	46.7	41.2	52.3	379	47.7	42.1	53.2	413	51.2	45.5	56.8	377	51.8	46.1	57.6	415
AGE																
18-24	28.2	15.8	40.5	58	33.6	19.5	47.6	55	45.2	30.4	59.9	55	41.0	27.4	54.6	66
25-34	48.7	37.9	59.4	103	60.3	50.2	70.4	109	50.1	40.6	59.6	124	62.4	52.1	72.8	99
35-44	60.1	51.8	68.5	151	62.7	53.8	71.5	126	66.0	57.4	74.6	136	67.3	59.3	75.3	148
45-54	67.0	58.4	75.7	130	69.0	60.3	77.7	122	72.5	63.7	81.3	113	65.8	57.9	73.7	163
55-64	68.7	57.9	79.4	83	68.4	57.8	78.9	101	70.2	60.8	79.5	107	72.8	62.8	82.7	86
65+	66.4	56.5	76.3	118	62.0	53.4	70.6	157	68.2	59.7	76.6	128	59.0	49.7	68.4	126
18-34	40.2	31.8	48.7	161	47.4	38.3	56.6	164	47.7	39.0	56.4	179	50.3	41.3	59.3	165
35-54	63.4	57.4	69.4	281	65.8	59.6	72.0	248	69.3	63.1	75.5	249	66.6	60.9	72.2	311
55+	67.5	60.2	74.8	201	64.6	58.0	71.3	258	69.0	62.7	75.3	235	65.1	58.1	72.0	212
SEX and AGE																
Male																
18-34	49.6	36.6	62.5	66	58.6	44.4	72.8	68	59.4	46.6	72.3	75	62.1	49.0	75.1	66
35-54	74.2	66.1	82.3	121	78.1	70.1	86.1	106	77.7	69.5	85.9	115	72.1	64.0	80.3	130
55+	74.2	63.7	84.7	79	75.1	65.2	84.9	84	78.1	69.3	86.9	98	70.3	59.8	80.8	78
Female																
18-34	29.6	19.9	39.3	95	33.6	23.4	43.9	96	34.7	24.6	44.8	104	38.1	27.2	49.1	99
35-54	51.4	43.0	59.8	160	52.6	43.7	61.4	142	60.3	51.3	69.3	134	60.3	52.8	67.9	181
55+	61.4	51.5	71.3	122	54.4	45.8	63.1	174	60.2	51.5	68.9	137	60.0	51.2	68.9	134
INCOME																
Less than \$15,000	56.3	40.3	72.4	53	48.8	35.7	61.9	80	43.6	30.5	56.6	77	54.5	38.6	70.4	81
\$15,000 - \$24,999	41.7	29.0	54.4	80	57.7	46.6	68.8	118	66.3	56.2	76.4	136	66.4	55.9	76.8	119
\$25,000 - \$34,999	46.7	33.5	59.9	78	69.4	56.6	82.2	99	56.8	45.4	68.2	90	57.1	45.2	69.1	88
\$35,000 - \$49,999	68.9	59.4	78.4	110	65.2	56.6	73.8	133	58.5	48.9	68.1	122	64.5	55.9	73.1	151
\$50,000+	62.8	56.4	69.1	249	61.1	53.2	69.1	175	68.4	61.0	75.7	182	61.8	54.1	69.5	189
EMPLOYMENT																
Employed	61.5	56.2	66.8	407	62.1	56.7	67.5	395	63.3	57.7	68.9	381	64.6	59.3	69.9	419
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	46.5	39.1	53.9	218	57.6	50.5	64.7	247	56.8	50.0	63.6	256	55.2	47.1	63.3	241
EDUCATION																
K-11th Grade	41.3	26.9	55.6	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	57.1	48.6	65.6	169	66.3	59.3	73.4	222	66.3	59.0	73.7	216	59.1	51.0	67.2	204
Some College	57.4	49.4	65.5	192	60.0	52.8	67.1	236	56.1	48.8	63.4	238	59.3	51.3	67.3	235
College Graduate+	56.3	49.4	63.1	255	59.7	51.0	68.4	147	60.7	52.5	68.9	162	62.3	54.9	69.6	208

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2003

	Statewide			Public Health District								
				District 1			District 2			District 3		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
TOTAL	22.0	20.5 23.4	4,583	20.4	17.0 23.8	649	20.8	17.3 24.3	625	24.4	20.8 28.1	637
SEX												
Male	22.8	20.5 25.1	1,864	18.8	13.7 23.9	261	21.3	15.8 26.7	255	25.5	20.0 31.0	260
Female	21.0	19.2 22.8	2,719	22.0	17.6 26.4	388	20.4	16.2 24.5	370	23.3	18.6 28.0	377
AGE												
18-24	12.6	9.0 16.3	401	*	* *	*	10.7	2.6 18.8	68	14.5	4.6 24.4	51
25-34	19.1	15.5 22.7	728	8.1	2.7 13.5	89	18.5	9.7 27.3	85	25.4	16.8 33.9	119
35-44	24.1	20.8 27.5	886	23.0	15.2 30.9	129	17.2	9.0 25.5	91	24.9	16.2 33.6	105
45-54	26.7	23.1 30.3	932	28.4	20.2 36.7	146	28.5	20.1 36.9	136	26.1	17.7 34.4	122
55-64	27.5	23.6 31.4	689	29.9	19.9 39.9	102	26.4	17.4 35.5	109	34.2	24.2 44.3	101
65+	21.7	18.6 24.9	933	18.7	11.5 25.9	133	25.3	17.1 33.5	135	22.1	14.3 30.0	136
18-34	16.0	13.5 18.6	1,129	8.2	3.7 12.7	137	14.1	8.1 20.1	153	20.7	14.1 27.2	170
35-54	25.4	22.9 27.9	1,818	25.9	20.2 31.6	275	22.9	16.9 28.9	227	25.4	19.4 31.5	227
55+	24.3	21.8 26.8	1,622	23.7	17.7 29.8	235	25.8	19.7 31.9	244	27.3	21.0 33.5	237
SEX and AGE												
Male												
18-34	17.3	13.2 21.3	472	7.3	0.5 14.1	58	16.4	7.2 25.7	71	21.8	11.7 31.9	68
35-54	26.6	22.9 30.4	780	23.2	14.5 31.9	104	26.1	16.9 35.4	99	26.7	17.9 35.4	105
55+	24.3	20.5 28.2	608	23.0	13.6 32.4	99	21.6	11.9 31.3	85	27.9	18.0 37.7	85
Female												
18-34	14.7	11.6 17.7	657	9.1	3.2 15.0	79	11.2	4.6 17.7	82	19.4	11.2 27.5	102
35-54	24.0	20.9 27.2	1,038	28.6	21.2 36.0	171	19.2	12.0 26.4	128	24.0	15.8 32.3	122
55+	24.2	21.1 27.4	1,014	24.4	16.6 32.3	136	29.8	22.3 37.2	159	26.7	18.8 34.6	152
INCOME												
Less than \$15,000	26.3	21.4 31.3	563	24.3	14.2 34.3	83	25.6	16.2 35.0	108	31.1	18.7 43.5	81
\$15,000 - \$24,999	23.5	20.0 27.1	828	19.0	12.0 25.9	130	22.5	14.6 30.3	113	25.0	16.9 33.2	132
\$25,000 - \$34,999	22.5	18.6 26.4	662	20.4	12.2 28.6	111	24.0	14.1 33.8	86	24.7	16.0 33.3	110
\$35,000 - \$49,999	21.6	18.3 24.8	859	23.3	15.0 31.5	115	14.2	6.8 21.5	112	26.7	18.1 35.4	116
\$50,000+	20.3	17.6 23.0	1,221	21.5	14.3 28.7	156	20.3	13.3 27.3	151	15.0	8.7 21.4	119
EMPLOYMENT												
Employed	22.3	20.4 24.2	2,700	21.0	16.5 25.6	372	19.8	15.2 24.3	347	24.1	19.5 28.7	379
Unemployed	21.1	12.8 29.4	176	*	* *	*	*	* *	*	*	* *	*
Other**	21.3	19.0 23.7	1,696	19.8	14.5 25.2	245	21.3	15.7 26.9	257	25.6	19.4 31.8	232
EDUCATION												
K-11th Grade	24.5	19.5 29.6	393	23.6	12.0 35.2	58	31.4	17.1 45.6	59	28.0	17.7 38.3	90
12th Grade or GED	25.1	22.2 27.9	1,444	19.8	14.1 25.5	214	22.5	15.7 29.3	180	26.0	19.9 32.2	239
Some College	23.0	20.3 25.6	1,471	22.2	16.1 28.2	209	21.9	15.5 28.4	189	25.2	18.1 32.4	172
College Graduate+	16.5	14.2 18.8	1,271	17.7	11.1 24.3	168	15.0	9.9 20.0	196	17.5	11.0 24.0	135

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Obesity

Idaho adults who were obese (BMI ≥ 30), 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	19.9	16.3	23.4	646	22.3	18.7	26.0	672	26.6	22.7	30.6	665	21.4	17.5	25.2	689
SEX																
Male	21.3	15.8	26.9	267	24.1	18.4	29.9	259	29.9	23.6	36.1	288	20.6	14.6	26.5	274
Female	18.3	13.9	22.7	379	20.4	16.0	24.7	413	23.3	18.5	28.0	377	22.2	17.4	26.9	415
AGE																
18-24	5.5	0.0	11.1	58	12.8	3.6	22.1	55	20.3	7.6	33.0	55	19.3	7.4	31.2	66
25-34	16.7	7.9	25.5	103	26.2	16.5	35.8	109	23.0	15.1	30.9	124	17.6	9.9	25.3	99
35-44	22.1	14.5	29.7	151	24.5	15.8	33.1	126	29.3	21.2	37.5	136	29.1	20.7	37.5	148
45-54	25.2	16.2	34.2	130	24.3	16.0	32.5	122	37.8	27.8	47.8	113	19.4	12.8	26.1	163
55-64	22.2	12.7	31.6	83	27.9	18.1	37.8	101	30.8	21.4	40.2	107	23.9	13.4	34.4	86
65+	26.8	17.9	35.8	118	18.7	11.0	26.4	157	19.2	11.8	26.7	128	19.4	12.0	26.9	126
18-34	12.1	6.3	18.0	161	19.7	12.8	26.7	164	21.7	14.2	29.1	179	18.5	11.0	26.1	165
35-54	23.5	17.7	29.4	281	24.4	18.4	30.4	248	33.6	27.1	40.1	249	24.3	18.9	29.7	311
55+	24.6	18.1	31.1	201	22.5	16.5	28.6	258	24.1	18.2	29.9	235	21.4	15.2	27.7	212
SEX and AGE																
Male																
18-34	12.8	3.8	21.9	66	22.3	11.5	33.1	68	24.2	12.0	36.3	75	19.5	7.4	31.7	66
35-54	26.8	17.8	35.8	121	24.9	15.8	34.1	106	37.4	27.8	47.1	115	22.3	14.6	30.1	130
55+	24.5	14.3	34.6	79	25.2	15.3	35.1	84	27.4	18.1	36.7	98	19.4	9.4	29.4	78
Female																
18-34	11.3	4.2	18.4	95	16.6	8.6	24.5	96	19.0	11.1	26.8	104	17.5	8.8	26.3	99
35-54	19.9	12.7	27.1	160	23.8	16.2	31.3	142	29.5	20.9	38.1	134	26.5	19.0	34.0	181
55+	24.7	16.4	33.0	122	19.9	12.9	26.9	174	20.9	13.6	28.1	137	23.4	15.8	31.0	134
INCOME																
Less than \$15,000	28.9	13.3	44.5	53	23.8	12.3	35.3	80	21.2	10.5	31.9	77	26.5	10.4	42.6	81
\$15,000 - \$24,999	20.9	10.0	31.8	80	24.7	15.4	34.0	118	29.8	19.8	39.7	136	23.0	14.2	31.9	119
\$25,000 - \$34,999	24.4	12.8	35.9	78	28.1	17.7	38.5	99	20.7	12.0	29.4	90	13.4	6.2	20.6	88
\$35,000 - \$49,999	20.9	12.6	29.2	110	20.0	12.2	27.8	133	21.0	13.1	29.0	122	21.6	14.4	28.7	151
\$50,000+	16.7	11.5	21.9	249	22.4	15.5	29.4	175	30.0	22.7	37.3	182	24.6	17.6	31.6	189
EMPLOYMENT																
Employed	20.4	15.9	24.9	407	23.4	18.6	28.2	395	27.5	22.4	32.5	381	21.5	17.1	25.8	419
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	18.8	12.9	24.7	218	22.1	16.1	28.1	247	21.5	15.9	27.1	256	22.4	14.6	30.2	241
EDUCATION																
K-11th Grade	20.8	10.1	31.5	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	27.4	19.4	35.4	169	27.0	20.3	33.8	222	28.8	21.1	36.5	216	20.8	14.5	27.1	204
Some College	22.4	15.7	29.0	192	20.0	13.9	26.1	236	24.5	18.3	30.7	238	25.1	17.5	32.8	235
College Graduate+	11.6	7.5	15.8	255	19.7	12.4	27.0	147	27.4	20.0	34.9	162	19.0	13.1	24.9	208

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	18.9	17.6	20.3	4,813	21.7	18.3	25.1	682	17.5	14.2	20.8	658	21.8	18.3	25.3	676
SEX																
Male	19.5	17.4	21.6	1,869	22.4	17.0	27.8	263	19.6	14.2	25.0	256	21.1	15.7	26.5	261
Female	18.4	16.7	20.1	2,944	21.0	16.8	25.2	419	15.4	11.5	19.2	402	22.5	18.0	27.1	415
AGE																
18-24	22.0	17.4	26.7	413	*	*	*	*	20.4	10.5	30.3	69	20.4	8.0	32.9	52
25-34	19.6	16.4	22.8	764	21.5	12.5	30.5	91	22.1	11.9	32.2	90	20.8	13.0	28.6	124
35-44	23.3	20.2	26.4	927	21.6	14.0	29.2	139	16.0	8.3	23.8	94	32.7	23.3	42.1	112
45-54	20.1	17.1	23.2	979	23.9	16.2	31.6	156	18.6	12.1	25.0	148	22.6	15.0	30.2	131
55-64	17.0	13.8	20.2	729	21.5	13.4	29.6	107	19.8	11.2	28.3	112	19.8	12.0	27.6	106
65+	10.1	8.0	12.2	977	18.2	11.0	25.4	137	9.1	4.2	13.9	143	13.3	7.5	19.1	146
18-34	20.7	18.0	23.5	1,177	22.3	15.0	29.5	140	21.1	14.0	28.3	159	20.6	13.7	27.6	176
35-54	21.8	19.6	23.9	1,906	22.8	17.4	28.2	295	17.3	12.3	22.4	242	27.8	21.6	33.9	243
55+	13.2	11.3	15.0	1,706	19.7	14.3	25.1	244	13.5	8.9	18.1	255	16.0	11.3	20.7	252
SEX and AGE																
Male																
18-34	22.5	18.1	26.9	474	27.0	15.1	38.8	58	24.4	13.5	35.3	71	23.9	13.1	34.7	68
35-54	21.8	18.6	25.0	785	23.8	15.1	32.6	107	17.1	9.3	24.9	99	29.1	19.7	38.5	105
55+	12.5	9.6	15.5	605	16.8	9.3	24.3	98	16.5	8.2	24.8	86	7.9	2.3	13.5	85
Female																
18-34	19.0	15.6	22.3	703	17.6	9.6	25.6	82	17.3	8.7	25.8	88	17.2	8.6	25.8	108
35-54	21.7	18.8	24.7	1,121	21.9	15.4	28.3	188	17.6	11.3	23.9	143	26.5	18.6	34.4	138
55+	13.8	11.4	16.1	1,101	22.3	14.7	29.9	146	10.7	6.1	15.4	169	22.8	15.8	29.7	167
INCOME																
Less than \$15,000	28.7	24.2	33.3	587	30.7	20.2	41.2	89	20.9	12.7	29.0	113	35.7	23.1	48.4	82
\$15,000 - \$24,999	28.2	24.3	32.1	861	38.0	28.7	47.4	132	17.1	9.5	24.6	119	29.7	20.7	38.7	139
\$25,000 - \$34,999	22.6	18.7	26.6	685	19.3	11.5	27.2	115	18.5	9.5	27.5	92	26.6	17.7	35.4	115
\$35,000 - \$49,999	19.9	16.8	23.1	898	21.4	13.4	29.5	121	16.9	9.0	24.9	115	24.6	16.0	33.2	119
\$50,000+	9.6	7.8	11.4	1,267	11.9	6.3	17.5	164	14.1	7.5	20.8	157	6.8	2.2	11.4	126
EMPLOYMENT																
Employed	20.2	18.5	22.0	2,814	24.1	19.3	28.8	387	18.3	13.8	22.9	365	24.2	19.4	29.0	396
Unemployed	31.6	22.7	40.5	183	*	*	*	*	*	*	*	*	*	*	*	*
Other**	14.5	12.6	16.5	1,803	17.1	12.2	21.9	261	15.7	10.9	20.6	271	15.5	10.8	20.1	253
EDUCATION																
K-11th Grade	34.4	28.8	40.0	408	36.4	23.0	49.9	62	32.2	18.9	45.5	62	36.1	25.0	47.1	96
12th Grade or GED	25.4	22.7	28.0	1,532	28.6	22.2	34.9	227	22.3	15.6	28.9	191	28.8	22.4	35.3	253
Some College	17.6	15.2	20.0	1,552	17.1	11.8	22.3	216	16.1	10.1	22.1	199	14.1	8.9	19.2	184
College Graduate+	8.6	6.9	10.3	1,314	12.1	6.5	17.8	177	10.0	5.2	14.8	205	9.4	4.4	14.4	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cigarette Smoking

Idaho adults who smoked cigarettes, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	18.2	15.0	21.5	681	21.0	17.4	24.6	709	17.7	14.6	20.9	693	13.5	10.7	16.4	714
SEX																
Male	18.1	13.0	23.1	269	23.8	18.0	29.7	259	18.1	13.4	22.8	289	13.9	9.4	18.4	272
Female	18.4	14.3	22.6	412	18.2	14.2	22.1	450	17.4	13.3	21.5	404	13.2	9.7	16.8	442
AGE																
18-24	27.8	14.9	40.7	60	33.3	19.4	47.2	59	15.4	6.5	24.3	57	12.4	4.8	20.0	67
25-34	16.0	9.5	22.6	113	26.0	16.8	35.3	115	23.5	15.8	31.2	130	13.9	6.2	21.7	101
35-44	21.7	15.2	28.3	157	21.8	14.3	29.2	134	27.8	19.9	35.8	139	20.1	12.7	27.5	152
45-54	16.8	9.6	24.0	134	24.1	16.2	32.0	125	19.7	11.7	27.8	119	17.2	11.4	23.1	166
55-64	17.5	9.1	25.8	89	15.6	7.2	24.0	108	10.9	5.3	16.5	114	10.6	4.4	16.8	93
65+	9.1	4.2	14.1	123	7.0	3.2	10.9	165	5.6	2.0	9.2	132	4.6	0.2	9.0	131
18-34	20.7	14.0	27.4	173	29.5	21.3	37.7	174	19.5	13.5	25.5	187	13.0	7.6	18.5	168
35-54	19.4	14.6	24.2	291	22.9	17.5	28.3	259	23.7	18.0	29.4	258	18.7	13.9	23.4	318
55+	13.2	8.4	18.0	212	10.6	6.4	14.9	273	7.8	4.7	11.0	246	7.3	3.6	11.0	224
SEX and AGE																
Male																
18-34	20.1	9.5	30.8	67	35.8	22.4	49.2	68	19.0	10.3	27.8	76	11.8	3.7	20.0	66
35-54	16.7	10.3	23.1	122	24.2	16.3	32.1	108	25.6	17.0	34.2	115	20.4	12.9	28.0	129
55+	17.7	9.0	26.4	79	10.1	2.6	17.7	82	6.5	1.7	11.2	98	6.9	0.8	13.0	77
Female																
18-34	21.4	13.3	29.4	106	22.5	14.1	30.8	106	19.9	11.8	28.1	111	14.3	7.0	21.5	102
35-54	22.2	15.1	29.4	169	21.6	14.3	28.9	151	21.8	14.4	29.2	143	16.8	11.2	22.4	189
55+	9.4	4.4	14.3	133	11.0	6.5	15.6	191	9.1	4.8	13.3	148	7.6	3.2	12.1	147
INCOME																
Less than \$15,000	31.2	17.7	44.8	56	25.3	13.7	36.9	84	33.7	21.4	46.0	78	21.0	10.7	31.2	85
\$15,000 - \$24,999	35.7	23.1	48.4	83	25.5	15.7	35.4	126	21.3	13.8	28.9	141	21.3	12.4	30.2	121
\$25,000 - \$34,999	30.9	18.5	43.3	78	24.0	14.7	33.3	102	14.8	7.4	22.3	93	14.9	7.2	22.7	90
\$35,000 - \$49,999	22.3	14.1	30.6	119	18.7	12.0	25.4	138	15.2	8.1	22.3	130	15.3	8.8	21.8	156
\$50,000+	7.4	4.3	10.5	261	16.7	10.2	23.2	180	12.1	7.0	17.2	186	4.4	1.8	7.1	193
EMPLOYMENT																
Employed	19.2	15.2	23.3	424	23.4	18.8	28.0	412	18.9	14.7	23.0	400	12.4	9.0	15.8	430
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	13.6	8.6	18.6	232	12.9	8.1	17.6	267	15.1	10.2	20.1	265	12.0	7.2	16.7	254
EDUCATION																
K-11th Grade	25.4	13.2	37.6	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	24.2	17.5	31.0	177	25.0	18.3	31.6	240	25.0	18.6	31.4	229	20.4	14.0	26.8	215
Some College	23.3	16.5	30.0	209	22.8	16.7	29.0	249	11.7	7.6	15.7	249	11.1	6.8	15.5	246
College Graduate+	7.0	4.0	10.1	264	8.8	4.2	13.3	152	13.8	7.8	19.8	163	3.8	1.6	6.1	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Smokeless Tobacco Use

Idaho adults who used smokeless tobacco, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	4.6	3.7	5.4	4,822	6.0	3.7	8.2	682	5.1	3.2	7.1	659	3.2	1.5	5.0	679
SEX																
Male	9.0	7.3	10.6	1,877	12.0	7.6	16.5	264	10.0	6.3	13.8	256	6.5	3.0	10.0	263
Female	0.2	0.0	0.5	2,945	0.2	0.0	0.6	418	0.1	0.0	0.4	403	0.0	0.0	0.0	416
AGE																
18-24	4.4	2.0	6.9	414	*	*	*	*	2.8	0.0	6.5	69	8.0	0.0	16.8	53
25-34	7.3	4.6	9.9	765	12.9	4.3	21.5	91	9.6	2.8	16.3	90	2.7	0.0	5.4	125
35-44	8.4	6.1	10.7	927	9.6	3.8	15.4	139	6.9	0.8	13.1	94	3.3	0.0	7.0	112
45-54	3.2	1.7	4.7	981	4.4	0.0	9.2	155	7.1	2.5	11.6	148	3.7	0.0	7.7	132
55-64	1.7	0.5	2.9	730	0.0	0.0	0.0	107	3.7	0.0	7.9	113	0.0	0.0	0.0	106
65+	1.1	0.3	1.9	981	2.3	0.0	5.6	138	1.6	0.0	3.1	143	1.8	0.0	4.2	146
18-34	5.9	4.1	7.8	1,179	10.6	4.8	16.4	140	5.8	2.1	9.6	159	5.0	0.9	9.1	178
35-54	5.8	4.4	7.2	1,908	6.9	3.1	10.6	294	7.0	3.2	10.8	242	3.5	0.7	6.2	244
55+	1.4	0.7	2.1	1,711	1.3	0.0	3.1	245	2.4	0.5	4.4	256	1.0	0.0	2.4	252
SEX and AGE																
Male																
18-34	11.1	7.7	14.6	475	20.4	9.6	31.3	58	10.8	3.9	17.6	71	9.8	1.9	17.8	69
35-54	11.3	8.6	13.9	788	14.1	6.7	21.4	107	13.9	6.6	21.2	99	6.9	1.6	12.3	106
55+	2.9	1.4	4.4	609	2.7	0.0	6.5	99	4.7	0.6	8.9	86	2.2	0.0	5.3	85
Female																
18-34	0.5	0.0	1.2	704	0.8	0.0	2.5	82	0.0	0.0	0.0	88	0.0	0.0	0.0	109
35-54	0.2	0.0	0.4	1,120	0.0	0.0	0.0	187	0.0	0.0	0.0	143	0.0	0.0	0.0	138
55+	0.0	0.0	0.1	1,102	0.0	0.0	0.0	146	0.4	0.0	1.1	170	0.0	0.0	0.0	167
INCOME																
Less than \$15,000	2.3	0.7	3.9	588	2.3	0.0	6.6	88	2.6	0.0	5.3	113	2.0	0.0	4.8	83
\$15,000 - \$24,999	4.0	2.0	6.0	861	3.1	0.0	6.3	132	6.5	0.9	12.0	119	2.1	0.0	5.1	139
\$25,000 - \$34,999	4.0	2.0	5.9	689	7.2	1.8	12.6	115	3.5	0.0	8.4	92	4.2	0.0	9.7	116
\$35,000 - \$49,999	7.4	5.1	9.8	898	10.2	3.4	17.0	121	7.3	2.0	12.6	115	6.1	0.4	11.8	119
\$50,000+	4.6	3.0	6.1	1,269	6.5	1.3	11.6	164	5.0	1.3	8.7	157	2.5	0.0	5.7	127
EMPLOYMENT																
Employed	6.2	5.0	7.5	2,820	8.7	5.1	12.2	386	6.9	3.9	9.9	365	4.4	1.7	7.0	398
Unemployed	5.3	0.7	10.0	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	1.3	0.6	1.9	1,805	2.2	0.0	4.3	262	2.0	0.3	3.6	272	1.6	0.0	3.5	253
EDUCATION																
K-11th Grade	5.2	2.3	8.1	409	2.9	0.0	7.1	62	6.4	0.1	12.8	62	2.7	0.0	6.5	96
12th Grade or GED	5.1	3.7	6.5	1,536	5.7	2.1	9.3	228	5.2	1.6	8.8	192	4.9	1.4	8.4	255
Some College	4.5	2.9	6.1	1,555	6.2	2.3	10.1	215	7.0	2.8	11.1	199	0.3	0.0	0.9	185
College Graduate+	3.8	2.3	5.2	1,315	7.2	1.7	12.7	177	2.7	0.3	5.1	205	4.3	0.0	9.1	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Smokeless Tobacco Use

Idaho adults who used smokeless tobacco, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	5.7	3.4	7.9	683	4.2	2.2	6.1	711	3.1	1.7	4.5	692	3.4	1.8	5.0	716
SEX																
Male	10.8	6.5	15.1	270	7.9	4.2	11.6	261	6.3	3.5	9.1	289	6.8	3.7	10.0	274
Female	0.6	0.0	1.4	413	0.4	0.0	0.9	450	0.0	0.0	0.0	403	0.0	0.0	0.0	442
AGE																
18-24	3.5	0.0	10.3	60	7.5	0.0	15.3	59	0.0	0.0	0.0	57	2.8	0.0	6.7	67
25-34	11.2	4.3	18.2	113	3.8	0.0	7.9	115	4.9	0.5	9.2	130	1.3	0.0	3.7	101
35-44	9.8	4.3	15.3	157	10.2	4.0	16.5	134	6.0	1.7	10.4	139	10.4	4.6	16.3	152
45-54	2.1	0.0	5.2	136	1.6	0.0	3.9	125	3.0	0.0	6.5	118	2.9	0.0	6.1	167
55-64	3.1	0.0	7.2	89	0.0	0.0	0.0	108	4.2	0.7	7.7	114	1.4	0.0	4.2	93
65+	0.0	0.0	0.0	123	1.1	0.0	3.3	167	0.9	0.0	2.6	132	0.0	0.0	0.0	132
18-34	8.1	3.2	13.1	173	5.5	1.2	9.9	174	2.4	0.2	4.7	187	2.1	0.0	4.6	168
35-54	6.1	2.8	9.4	293	6.0	2.5	9.4	259	4.5	1.7	7.3	257	6.7	3.3	10.1	319
55+	1.5	0.0	3.5	212	0.7	0.0	1.9	275	2.3	0.5	4.1	246	0.7	0.0	1.9	225
SEX and AGE																
Male																
18-34	14.7	5.5	23.9	67	10.2	2.1	18.2	68	4.8	0.4	9.2	76	4.2	0.0	9.1	66
35-54	11.6	5.4	17.9	123	11.0	4.6	17.5	108	8.9	3.4	14.4	115	13.0	6.6	19.4	130
55+	3.3	0.0	7.7	79	1.4	0.0	4.1	84	4.9	1.1	8.7	98	1.4	0.0	4.1	78
Female																
18-34	1.3	0.0	3.8	106	0.4	0.0	1.1	106	0.0	0.0	0.0	111	0.0	0.0	0.0	102
35-54	0.3	0.0	1.0	170	0.7	0.0	2.0	151	0.0	0.0	0.0	142	0.0	0.0	0.0	189
55+	0.0	0.0	0.0	133	0.0	0.0	0.0	191	0.0	0.0	0.0	148	0.0	0.0	0.0	147
INCOME																
Less than \$15,000	0.0	0.0	0.0	57	6.3	0.0	15.1	84	3.9	0.0	9.8	78	0.5	0.0	1.6	85
\$15,000 - \$24,999	4.7	0.0	12.7	83	4.7	0.0	9.8	126	2.6	0.0	5.5	140	6.2	0.7	11.6	122
\$25,000 - \$34,999	4.9	0.0	10.5	79	2.1	0.0	4.7	104	2.7	0.0	5.6	93	0.0	0.0	0.0	90
\$35,000 - \$49,999	11.3	4.3	18.3	119	3.4	0.0	6.9	138	5.9	1.6	10.2	130	4.2	0.6	7.8	156
\$50,000+	5.0	1.6	8.3	261	5.3	1.6	8.9	180	2.2	0.1	4.4	186	4.1	1.0	7.3	194
EMPLOYMENT																
Employed	6.9	3.9	10.0	426	6.0	3.1	8.9	413	4.6	2.4	6.8	400	5.3	2.8	7.9	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	1.3	0.0	3.2	232	0.6	0.0	1.9	268	0.7	0.0	1.6	264	0.0	0.0	0.0	254
EDUCATION																
K-11th Grade	12.5	1.4	23.6	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	5.5	2.0	9.1	177	4.0	1.0	6.9	240	4.1	1.3	7.0	228	6.3	2.3	10.4	216
Some College	7.5	2.3	12.6	210	3.4	1.0	5.9	251	3.6	1.1	6.1	249	1.2	0.0	2.7	246
College Graduate+	4.1	1.2	7.0	265	0.9	0.0	2.6	152	1.2	0.0	2.7	163	3.3	0.5	6.1	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	15.6	14.2	17.0	4,801	17.6	14.3	21.0	679	20.1	16.4	23.7	655	12.7	9.6	15.8	677
SEX																
Male	22.9	20.5	25.3	1,864	26.3	20.5	32.1	261	29.4	23.2	35.6	255	19.6	14.1	25.0	261
Female	8.4	7.1	9.7	2,937	9.5	6.3	12.8	418	10.5	7.1	13.9	400	6.1	3.3	9.0	416
AGE																
18-24	27.7	22.6	32.8	413	*	*	*	*	33.1	21.3	44.9	69	24.5	11.7	37.4	53
25-34	19.1	15.4	22.7	765	21.6	12.1	31.0	91	25.5	15.3	35.7	90	14.9	7.9	21.9	125
35-44	20.1	17.0	23.2	920	24.8	16.4	33.3	138	26.6	16.5	36.8	94	19.0	11.2	26.8	112
45-54	13.9	11.1	16.8	975	16.7	10.0	23.3	154	21.6	14.6	28.6	146	11.5	4.1	18.8	131
55-64	8.4	6.0	10.8	727	12.3	5.2	19.3	106	10.7	4.2	17.1	113	2.8	0.0	6.1	105
65+	2.7	1.6	3.8	977	3.7	0.2	7.1	138	2.7	0.0	5.7	141	3.1	0.4	5.7	146
18-34	23.1	20.0	26.2	1,178	26.2	18.1	34.3	140	29.6	21.7	37.6	159	19.0	12.2	25.9	178
35-54	17.0	14.9	19.2	1,895	20.5	15.2	25.9	292	24.0	17.9	30.2	240	15.3	10.0	20.7	243
55+	5.2	4.0	6.5	1,704	7.6	3.8	11.3	244	6.0	2.8	9.3	254	3.0	0.9	5.0	251
SEX and AGE																
Male																
18-34	32.0	26.9	37.1	475	37.2	24.2	50.2	58	40.6	28.3	52.9	71	25.1	13.8	36.4	69
35-54	24.9	21.3	28.4	779	31.0	21.4	40.5	105	34.4	24.2	44.6	99	25.9	16.5	35.3	105
55+	8.7	6.4	11.1	605	11.5	5.0	18.0	98	10.4	4.0	16.8	85	5.1	1.1	9.0	84
Female																
18-34	13.7	10.6	16.8	703	15.3	6.5	24.0	82	16.7	8.3	25.1	88	12.8	5.4	20.2	109
35-54	9.1	6.9	11.2	1,116	10.8	6.0	15.5	187	13.5	7.6	19.4	141	4.7	0.8	8.5	138
55+	2.2	1.1	3.3	1,099	4.0	0.0	8.1	146	2.1	0.0	4.1	169	1.2	0.0	3.1	167
INCOME																
Less than \$15,000	12.9	9.2	16.5	586	16.9	7.4	26.4	89	22.4	12.2	32.6	112	7.6	0.7	14.5	82
\$15,000 - \$24,999	19.1	15.3	22.9	862	22.0	13.4	30.5	132	24.8	15.5	34.1	119	11.7	5.6	17.7	139
\$25,000 - \$34,999	17.1	13.1	21.2	685	18.5	10.3	26.8	114	19.5	9.6	29.4	92	17.4	8.2	26.6	116
\$35,000 - \$49,999	15.7	12.8	18.7	894	15.6	7.9	23.2	120	18.1	10.5	25.8	114	18.7	10.7	26.7	119
\$50,000+	14.8	12.3	17.2	1,266	18.1	11.6	24.6	163	21.2	13.8	28.6	157	12.2	4.9	19.6	127
EMPLOYMENT																
Employed	19.7	17.8	21.6	2,808	24.1	19.1	29.1	385	26.0	20.7	31.3	365	17.4	12.9	21.9	397
Unemployed	17.5	8.9	26.1	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	7.7	6.0	9.4	1,796	8.3	4.7	12.0	260	11.3	6.7	15.9	268	6.1	2.4	9.8	252
EDUCATION																
K-11th Grade	20.6	15.7	25.5	407	24.5	12.7	36.3	62	21.0	8.6	33.5	62	20.2	10.4	30.1	95
12th Grade or GED	17.1	14.6	19.6	1,530	20.3	14.3	26.3	226	16.8	10.2	23.3	191	14.2	9.0	19.3	254
Some College	14.0	11.5	16.5	1,550	18.2	12.0	24.4	215	20.5	13.8	27.2	197	4.5	1.3	7.6	185
College Graduate+	14.2	11.7	16.7	1,307	10.6	5.2	16.0	176	22.6	16.0	29.2	204	15.5	7.4	23.6	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Binge Drinking

Idaho adults who were binge drinkers, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	19.2	15.6	22.9	677	15.4	12.1	18.7	706	12.9	9.9	15.9	692	8.0	5.7	10.3	715
SEX																
Male	28.0	21.8	34.2	267	21.9	16.3	27.5	258	18.1	13.0	23.2	288	12.5	8.3	16.7	274
Female	10.6	7.0	14.2	410	8.9	5.7	12.0	448	7.7	4.6	10.9	404	3.5	1.6	5.5	441
AGE																
18-24	41.3	27.2	55.4	59	30.4	17.0	43.8	59	21.2	9.6	32.7	57	7.9	1.8	13.9	67
25-34	22.1	13.2	31.1	113	23.9	14.4	33.4	115	13.2	7.4	19.0	130	10.8	4.0	17.6	101
35-44	22.7	15.6	29.9	154	14.9	8.3	21.5	132	18.5	11.6	25.3	138	11.7	5.6	17.8	152
45-54	14.0	6.6	21.3	135	14.5	8.2	20.8	124	11.9	5.6	18.2	119	8.9	4.3	13.6	166
55-64	9.3	2.9	15.7	88	9.1	3.2	14.9	108	8.9	3.4	14.3	114	5.0	0.1	10.0	93
65+	3.3	0.2	6.4	123	2.1	0.0	4.8	165	1.3	0.0	3.1	132	1.7	0.0	4.0	132
18-34	29.8	21.8	37.8	172	27.0	18.9	35.1	174	17.2	10.6	23.7	187	9.1	4.6	13.7	168
35-54	18.5	13.4	23.7	289	14.7	10.1	19.3	256	15.1	10.4	19.8	257	10.3	6.5	14.2	318
55+	6.2	2.7	9.7	211	5.0	2.1	7.9	273	4.5	1.9	7.1	246	3.2	0.6	5.8	225
SEX and AGE																
Male																
18-34	41.5	28.6	54.3	67	38.5	25.3	51.8	68	22.6	11.9	33.4	76	12.5	4.6	20.5	66
35-54	26.2	17.9	34.6	120	18.9	11.4	26.4	106	20.8	13.1	28.5	114	16.5	9.7	23.4	130
55+	10.6	3.9	17.4	79	7.6	2.0	13.2	83	8.2	2.9	13.5	98	6.1	0.8	11.5	78
Female																
18-34	17.4	9.5	25.3	105	14.1	6.1	22.1	106	11.5	4.3	18.6	111	5.7	1.3	10.1	102
35-54	10.6	4.9	16.2	169	10.4	5.3	15.4	150	9.4	4.3	14.5	143	3.6	0.9	6.4	188
55+	2.5	0.0	5.5	132	2.7	0.5	5.0	190	1.2	0.0	2.6	148	0.6	0.0	1.8	147
INCOME																
Less than \$15,000	13.7	1.8	25.5	56	17.0	6.0	27.9	84	7.8	1.7	13.9	78	5.8	0.0	12.4	85
\$15,000 - \$24,999	37.0	23.6	50.5	83	14.8	7.0	22.7	126	11.6	4.6	18.6	141	7.5	2.0	13.0	122
\$25,000 - \$34,999	24.3	11.3	37.2	77	14.7	7.2	22.2	103	9.6	3.3	15.9	93	8.2	2.6	13.7	90
\$35,000 - \$49,999	16.0	8.2	23.8	118	15.6	8.7	22.5	137	20.8	12.3	29.2	130	7.1	2.7	11.5	156
\$50,000+	15.2	10.4	20.0	260	16.7	10.1	23.4	179	12.9	7.6	18.1	186	7.7	3.5	11.9	194
EMPLOYMENT																
Employed	21.7	17.0	26.4	421	20.9	16.3	25.5	410	16.4	12.0	20.7	399	10.5	7.2	13.8	431
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	10.4	5.2	15.6	231	5.0	1.5	8.6	266	7.1	3.3	11.0	265	4.0	1.0	7.0	254
EDUCATION																
K-11th Grade	17.9	6.3	29.5	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	21.3	14.3	28.3	175	14.5	9.1	19.9	240	17.7	11.3	24.1	229	10.9	5.6	16.2	215
Some College	21.1	13.7	28.5	209	15.0	9.7	20.4	250	9.5	5.5	13.5	248	3.5	1.3	5.7	246
College Graduate+	16.1	10.9	21.3	263	16.2	9.0	23.3	148	10.0	5.1	14.9	163	7.3	3.4	11.2	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Heavy Drinking

Idaho adults who were heavy drinkers, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	5.8	5.0	6.7	4,795	8.3	5.8	10.7	678	6.3	4.0	8.5	656	4.3	2.5	6.2	676
SEX																
Male	9.7	8.0	11.4	1,862	14.6	9.9	19.2	263	9.8	5.6	13.9	254	7.9	4.3	11.5	261
Female	2.1	1.4	2.7	2,933	2.3	0.8	3.8	415	2.8	1.2	4.3	402	0.9	0.1	1.7	415
AGE																
18-24	6.9	3.8	9.9	411	*	*	*	*	4.1	0.0	10.0	69	2.0	0.0	5.9	53
25-34	5.8	3.6	8.0	763	7.4	0.9	13.9	90	6.1	0.3	12.0	90	6.2	1.3	11.2	125
35-44	6.7	4.6	8.7	921	12.1	5.2	19.1	139	11.7	3.9	19.4	94	4.0	0.0	8.2	111
45-54	6.2	4.2	8.1	972	10.7	5.0	16.3	152	5.7	1.9	9.4	147	8.3	1.8	14.8	131
55-64	5.9	3.6	8.2	729	6.6	1.5	11.7	107	6.0	1.1	11.0	112	2.2	0.0	4.7	106
65+	3.6	2.2	4.9	975	4.5	0.3	8.6	138	4.7	0.9	8.5	142	2.2	0.1	4.3	145
18-34	6.3	4.4	8.1	1,174	7.2	2.4	12.1	139	5.0	0.9	9.2	159	4.4	1.1	7.7	178
35-54	6.4	5.0	7.9	1,893	11.4	6.9	15.8	291	8.6	4.3	12.9	241	6.1	2.3	10.0	242
55+	4.6	3.3	5.9	1,704	5.4	2.2	8.7	245	5.3	2.2	8.3	254	2.2	0.6	3.8	251
SEX and AGE																
Male																
18-34	10.3	6.9	13.6	472	14.1	4.7	23.5	58	9.0	1.5	16.5	71	8.3	1.9	14.7	69
35-54	10.5	7.9	13.0	779	20.5	12.2	28.9	106	12.8	5.0	20.5	98	10.4	3.1	17.6	104
55+	8.0	5.4	10.5	606	7.6	1.9	13.3	99	7.3	1.9	12.7	85	4.5	1.0	7.9	85
Female																
18-34	2.1	0.7	3.5	702	0.3	0.0	1.0	81	0.4	0.0	1.1	88	0.4	0.0	1.1	109
35-54	2.3	1.3	3.3	1,114	2.6	0.1	5.1	185	4.3	1.1	7.6	143	1.9	0.0	4.1	138
55+	1.7	0.9	2.5	1,098	3.4	0.1	6.7	146	3.5	0.4	6.5	169	0.3	0.0	0.9	166
INCOME																
Less than \$15,000	3.9	2.0	5.8	580	1.7	0.0	3.8	87	4.1	0.0	8.7	112	1.6	0.0	3.4	81
\$15,000 - \$24,999	5.5	3.7	7.3	857	11.7	5.1	18.4	132	8.9	2.8	15.1	119	2.2	0.0	4.5	139
\$25,000 - \$34,999	7.2	4.2	10.2	686	9.8	3.6	16.0	115	3.7	0.0	8.4	92	4.2	0.0	8.7	116
\$35,000 - \$49,999	5.7	3.9	7.6	898	8.9	2.6	15.3	121	5.8	1.5	10.2	115	6.0	1.8	10.2	119
\$50,000+	5.7	4.0	7.4	1,265	7.9	3.0	12.7	162	8.2	2.5	13.9	156	7.1	0.9	13.3	127
EMPLOYMENT																
Employed	6.9	5.7	8.1	2,798	9.8	6.3	13.3	383	8.7	5.1	12.3	363	5.8	2.9	8.7	396
Unemployed	7.2	0.9	13.6	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	3.5	2.5	4.6	1,800	5.6	2.3	8.9	261	2.6	0.7	4.4	271	2.4	0.7	4.0	252
EDUCATION																
K-11th Grade	7.2	4.3	10.2	404	13.8	4.5	23.2	62	7.6	0.0	16.6	60	5.3	0.7	9.9	95
12th Grade or GED	6.9	5.1	8.6	1,529	9.3	4.8	13.7	227	6.9	2.1	11.6	191	5.8	2.4	9.1	254
Some College	4.6	3.2	6.1	1,550	5.8	2.3	9.4	215	5.9	2.2	9.5	199	1.0	0.0	2.4	185
College Graduate+	5.7	4.0	7.4	1,305	7.6	2.6	12.7	174	5.9	2.3	9.5	205	5.5	0.2	10.8	141

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Heavy Drinking

Idaho adults who were heavy drinkers, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	7.1	4.7	9.5	679	6.1	4.0	8.2	706	3.9	2.2	5.5	688	3.3	1.8	4.7	712
SEX																
Male	11.1	6.7	15.4	268	9.5	5.5	13.4	258	6.7	3.7	9.8	285	5.9	3.0	8.8	273
Female	3.2	1.2	5.1	411	2.7	1.3	4.1	448	1.1	0.0	2.4	403	0.7	0.1	1.3	439
AGE																
18-24	13.3	2.8	23.7	58	11.1	3.2	19.1	59	3.6	0.0	8.9	57	2.8	0.0	6.7	66
25-34	5.2	0.3	10.1	113	8.6	0.9	16.2	115	5.9	1.7	10.1	129	1.9	0.0	4.7	101
35-44	7.5	2.9	12.2	156	4.6	0.9	8.2	132	3.4	0.0	6.8	137	2.9	0.0	5.9	152
45-54	5.8	1.2	10.3	135	4.5	1.2	7.8	123	2.0	0.0	4.7	119	4.6	1.2	8.0	165
55-64	7.4	0.3	14.6	89	5.9	1.1	10.7	108	6.3	1.4	11.1	114	5.8	0.0	11.5	93
65+	5.0	0.9	9.0	123	3.3	0.2	6.4	166	2.9	0.0	6.2	130	1.6	0.0	4.0	131
18-34	8.4	3.2	13.5	171	9.8	4.3	15.3	174	4.8	1.4	8.1	186	2.4	0.0	4.9	167
35-54	6.7	3.4	10.0	291	4.5	2.1	7.0	255	2.7	0.5	4.9	256	3.7	1.5	6.0	317
55+	6.2	2.1	10.3	212	4.4	1.7	7.1	274	4.3	1.5	7.1	244	3.5	0.6	6.4	224
SEX and AGE																
Male																
18-34	10.9	2.1	19.7	66	16.5	6.6	26.3	68	8.3	2.0	14.6	75	4.8	0.0	9.8	65
35-54	11.0	5.2	16.8	122	6.4	2.1	10.6	106	3.3	0.0	6.7	113	5.9	1.8	10.0	130
55+	11.7	3.3	20.1	79	5.9	0.7	11.0	83	9.2	3.3	15.1	97	7.5	1.3	13.7	78
Female																
18-34	5.7	0.9	10.5	105	2.3	0.0	5.0	106	1.1	0.0	3.3	111	0.0	0.0	0.0	102
35-54	2.2	0.0	4.7	169	2.6	0.2	4.9	149	2.0	0.0	4.8	143	1.4	0.0	2.9	187
55+	1.5	0.0	3.3	133	3.1	0.8	5.4	191	0.0	0.0	0.0	147	0.0	0.0	0.0	146
INCOME																
Less than \$15,000	6.9	0.0	13.9	56	5.6	0.0	11.5	84	2.3	0.0	6.6	77	4.4	0.0	10.5	83
\$15,000 - \$24,999	5.5	0.6	10.3	82	6.5	0.9	12.2	125	2.9	0.4	5.3	139	1.6	0.0	3.3	121
\$25,000 - \$34,999	11.9	1.3	22.4	78	5.4	0.5	10.3	102	2.9	0.0	6.4	93	6.3	0.8	11.9	90
\$35,000 - \$49,999	5.1	0.5	9.7	119	7.0	2.4	11.6	138	4.6	0.9	8.3	130	2.9	0.2	5.7	156
\$50,000+	5.7	2.3	9.0	261	4.7	1.5	7.9	180	3.6	0.8	6.3	185	3.7	0.7	6.7	194
EMPLOYMENT																
Employed	7.0	4.1	9.9	422	7.6	4.5	10.7	409	4.8	2.4	7.2	397	4.6	2.3	6.9	428
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	5.2	1.8	8.6	232	3.3	1.0	5.7	267	2.3	0.5	4.1	263	1.2	0.0	2.4	254
EDUCATION																
K-11th Grade	6.4	0.0	13.6	66	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	9.9	4.4	15.3	175	4.3	1.4	7.2	239	3.8	0.5	7.0	228	5.6	1.6	9.6	215
Some College	5.2	1.2	9.3	209	9.0	4.6	13.4	251	3.9	1.4	6.3	246	1.2	0.0	2.5	245
College Graduate+	6.7	3.1	10.3	264	3.7	0.6	6.9	149	3.8	0.8	6.8	162	3.4	1.0	5.8	210

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	6.5	5.5	7.4	4,802	6.7	4.5	8.8	677	7.3	4.8	9.9	655	6.3	3.9	8.6	676
SEX																
Male	8.2	6.5	9.8	1,865	8.3	4.5	12.1	261	10.0	5.4	14.6	253	7.5	3.5	11.5	260
Female	4.8	3.7	5.8	2,937	5.2	3.1	7.3	416	4.6	2.5	6.8	402	5.1	2.7	7.6	416
AGE																
18-24	17.8	13.3	22.3	411	*	*	*	*	17.6	8.0	27.2	68	14.1	3.1	25.1	52
25-34	8.2	5.7	10.7	764	8.8	2.1	15.5	91	13.4	3.9	22.9	89	5.9	1.7	10.2	125
35-44	6.2	4.4	8.1	920	10.5	4.7	16.3	136	3.4	0.3	6.4	93	10.6	4.0	17.2	111
45-54	3.6	2.2	4.9	981	5.2	1.6	8.8	155	2.4	0.2	4.5	148	3.1	0.2	6.0	132
55-64	1.9	0.9	2.9	727	4.1	0.0	8.2	106	5.4	0.2	10.6	112	0.0	0.0	0.0	105
65+	1.2	0.4	2.0	975	1.2	0.0	3.1	137	2.2	0.0	4.5	143	4.0	0.1	7.9	146
18-34	12.7	10.1	15.2	1,175	10.5	4.8	16.3	140	15.7	8.9	22.5	157	9.4	4.0	14.8	177
35-54	4.9	3.8	6.1	1,901	7.7	4.3	11.0	291	2.9	1.0	4.7	241	6.9	3.2	10.6	243
55+	1.5	0.9	2.1	1,702	2.5	0.4	4.7	243	3.5	0.9	6.1	255	2.3	0.0	4.6	251
SEX and AGE																
Male																
18-34	15.8	11.7	19.9	472	16.1	5.7	26.5	58	24.0	12.7	35.3	70	8.8	0.1	17.6	68
35-54	6.2	4.2	8.1	782	8.0	2.4	13.6	104	0.7	0.0	2.1	98	10.5	3.8	17.1	105
55+	1.6	0.6	2.6	606	2.2	0.0	5.3	99	3.8	0.0	8.4	85	2.2	0.0	6.1	84
Female																
18-34	9.4	6.5	12.3	703	5.0	0.7	9.2	82	5.9	0.8	11.0	87	9.9	3.8	16.1	109
35-54	3.6	2.4	4.8	1,119	7.4	3.6	11.2	187	5.0	1.6	8.4	143	3.4	0.3	6.4	138
55+	1.4	0.7	2.2	1,096	2.8	0.0	5.8	144	3.2	0.6	5.8	170	2.4	0.0	5.2	167
INCOME																
Less than \$15,000	10.1	6.8	13.4	585	11.5	3.4	19.5	89	12.3	3.9	20.7	112	16.1	4.9	27.3	82
\$15,000 - \$24,999	9.7	6.8	12.7	859	9.0	3.7	14.4	131	8.2	2.6	13.9	118	11.1	4.5	17.7	139
\$25,000 - \$34,999	7.0	4.5	9.4	684	6.5	1.6	11.5	113	5.6	0.2	11.0	92	5.1	0.7	9.5	115
\$35,000 - \$49,999	6.6	4.4	8.9	896	9.5	2.8	16.2	120	6.5	0.5	12.5	115	4.1	0.3	8.0	119
\$50,000+	3.0	1.8	4.2	1,267	2.5	0.0	4.9	163	6.8	1.4	12.2	157	0.9	0.0	2.7	127
EMPLOYMENT																
Employed	6.7	5.5	8.0	2,806	8.7	5.3	12.0	382	6.0	2.8	9.2	361	4.9	2.4	7.4	396
Unemployed	11.9	5.9	17.8	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	5.3	3.7	6.8	1,799	3.6	1.3	5.8	261	8.0	3.9	12.2	272	6.6	2.6	10.6	252
EDUCATION																
K-11th Grade	10.8	6.8	14.9	408	12.4	2.1	22.7	62	6.0	0.0	12.3	62	12.2	3.9	20.6	96
12th Grade or GED	7.0	5.1	8.9	1,531	5.6	2.3	9.0	226	5.7	0.8	10.6	191	6.0	1.9	10.1	254
Some College	5.8	4.2	7.4	1,548	5.4	2.1	8.6	214	8.9	3.9	13.9	199	6.4	2.6	10.3	184
College Graduate+	5.3	3.7	7.0	1,308	7.3	3.0	11.6	175	7.7	3.2	12.2	202	2.4	0.0	5.4	141

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Illicit Drug Use

Idaho adults who used illicit drugs in the last 12 months, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	7.9	5.3	10.5	681	6.2	3.8	8.6	709	5.8	3.7	7.9	690	3.4	1.7	5.2	714
SEX																
Male	9.5	5.2	13.8	270	8.7	4.7	12.8	260	6.3	3.2	9.4	287	5.8	2.6	9.1	274
Female	6.3	3.3	9.2	411	3.6	1.2	6.1	449	5.3	2.4	8.3	403	1.1	0.0	2.4	440
AGE																
18-24	29.6	16.4	42.9	60	19.4	7.8	31.0	58	18.5	8.6	28.4	57	5.5	0.1	10.9	67
25-34	8.6	2.8	14.4	113	9.9	2.3	17.5	115	4.5	1.1	7.8	130	8.7	1.8	15.6	101
35-44	5.3	1.7	8.9	156	6.0	1.6	10.4	134	2.9	0.1	5.8	138	3.0	0.0	6.1	152
45-54	4.6	1.0	8.2	136	2.3	0.0	4.8	124	3.8	0.5	7.1	119	1.2	0.0	2.6	167
55-64	0.5	0.0	1.5	89	1.5	0.0	4.4	108	3.4	0.0	6.9	114	0.7	0.0	2.1	93
65+	0.0	0.0	0.0	122	0.3	0.0	1.0	167	0.5	0.0	1.5	130	0.0	0.0	0.0	130
18-34	17.0	10.3	23.7	173	14.4	7.7	21.2	173	11.4	6.2	16.6	187	6.8	2.5	11.2	168
35-54	5.0	2.4	7.5	292	4.2	1.6	6.7	258	3.4	1.2	5.6	257	2.1	0.4	3.9	319
55+	0.2	0.0	0.7	211	0.8	0.0	2.1	275	1.8	0.2	3.4	244	0.3	0.0	1.0	223
SEX and AGE																
Male																
18-34	19.8	9.2	30.4	67	19.0	8.2	29.9	67	10.5	3.4	17.6	76	11.3	3.4	19.2	66
35-54	6.2	1.9	10.4	123	6.0	1.4	10.6	108	4.8	0.8	8.8	114	3.6	0.4	6.8	130
55+	0.0	0.0	0.0	79	1.3	0.0	3.8	84	2.4	0.0	5.2	97	0.7	0.0	2.1	78
Female																
18-34	14.1	6.1	22.1	106	9.3	1.7	17.0	106	12.3	4.7	20.0	111	2.4	0.0	5.8	102
35-54	3.7	0.8	6.5	169	2.2	0.2	4.3	150	1.9	0.1	3.8	143	0.5	0.0	1.5	189
55+	0.5	0.0	1.3	132	0.4	0.0	1.1	191	1.2	0.0	2.9	147	0.0	0.0	0.0	145
INCOME																
Less than \$15,000	4.8	0.0	9.7	56	9.4	0.0	19.4	83	6.7	0.5	12.8	78	9.8	0.8	18.7	85
\$15,000 - \$24,999	17.6	6.2	29.0	83	6.6	0.1	13.0	126	7.1	2.3	12.0	140	4.3	0.0	8.8	122
\$25,000 - \$34,999	9.2	1.5	16.9	79	7.7	1.6	13.8	104	7.5	1.2	13.9	92	5.2	0.0	11.0	89
\$35,000 - \$49,999	8.1	1.8	14.5	119	8.7	3.4	14.0	138	7.9	1.8	14.0	129	0.8	0.0	1.9	156
\$50,000+	3.6	1.0	6.1	261	1.7	0.0	3.8	179	4.2	0.5	7.8	186	1.2	0.0	2.9	194
EMPLOYMENT																
Employed	7.7	4.5	10.9	425	8.2	4.6	11.8	412	6.6	3.7	9.4	398	3.5	1.3	5.7	432
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	8.1	3.1	13.0	231	3.3	1.0	5.6	267	3.9	0.7	7.1	264	1.3	0.0	3.3	252
EDUCATION																
K-11th Grade	10.8	0.8	20.8	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	11.1	5.0	17.1	177	4.8	1.7	7.9	240	6.6	2.5	10.6	227	5.4	1.0	9.8	216
Some College	7.9	3.4	12.4	209	5.4	1.4	9.4	249	3.7	1.2	6.3	248	2.0	0.0	4.3	245
College Graduate+	5.3	1.8	8.8	265	7.2	1.5	13.0	152	6.7	2.2	11.2	163	1.9	0.0	3.9	210

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seatbelt, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	32.7	31.0	34.3	4,812	30.0	26.1	34.0	683	30.7	26.5	34.9	655	31.7	27.6	35.7	677
SEX																
Male	41.5	38.8	44.1	1,872	39.0	32.7	45.4	264	37.7	31.0	44.4	253	41.8	35.1	48.4	263
Female	24.1	22.2	25.9	2,940	21.6	16.9	26.2	419	23.7	18.9	28.5	402	21.9	17.5	26.3	414
AGE																
18-24	43.0	37.4	48.6	411	*	*	*	*	37.5	24.3	50.7	66	45.5	30.5	60.4	53
25-34	34.7	30.5	38.9	765	30.3	19.5	41.2	91	34.3	23.4	45.3	90	33.8	24.8	42.8	125
35-44	35.0	31.5	38.6	927	31.4	22.6	40.3	139	33.6	22.9	44.4	94	34.4	24.9	43.9	112
45-54	29.2	25.8	32.6	983	27.3	19.2	35.4	156	30.9	22.6	39.1	148	28.2	19.9	36.4	132
55-64	28.3	24.4	32.1	729	24.7	15.9	33.5	107	27.1	18.0	36.3	113	19.9	11.5	28.3	105
65+	25.7	22.6	28.9	973	24.5	16.5	32.4	138	21.3	13.8	28.7	142	28.5	20.2	36.9	145
18-34	38.6	35.1	42.0	1,176	38.5	29.5	47.5	140	36.0	27.3	44.8	156	38.8	30.4	47.2	178
35-54	32.1	29.7	34.6	1,910	29.2	23.2	35.2	295	32.2	25.5	38.9	242	31.4	25.0	37.7	244
55+	26.9	24.4	29.3	1,702	24.6	18.7	30.5	245	23.7	17.9	29.5	255	24.9	18.9	30.9	250
SEX and AGE																
Male																
18-34	49.0	43.6	54.4	473	52.4	39.1	65.8	58	40.9	28.0	53.8	69	54.5	41.7	67.3	69
35-54	39.6	35.6	43.5	788	36.8	26.9	46.6	107	43.8	33.1	54.5	99	37.3	27.3	47.3	106
55+	34.7	30.5	38.9	606	30.8	21.3	40.3	99	27.1	17.2	37.0	85	33.7	22.9	44.5	85
Female																
18-34	27.6	23.6	31.6	703	24.6	13.3	36.0	82	30.4	19.2	41.6	87	22.7	13.7	31.7	109
35-54	24.5	21.7	27.4	1,122	22.1	15.3	28.9	188	20.4	13.5	27.4	143	25.4	17.7	33.0	138
55+	20.1	17.3	22.8	1,096	18.9	11.7	26.1	146	20.7	14.2	27.2	170	17.5	11.6	23.4	165
INCOME																
Less than \$15,000	34.7	29.5	39.9	585	31.6	20.4	42.8	89	36.6	24.7	48.4	113	30.1	17.6	42.6	82
\$15,000 - \$24,999	37.8	33.6	41.9	860	36.1	26.5	45.6	132	26.9	17.2	36.6	118	31.6	22.5	40.8	138
\$25,000 - \$34,999	36.7	32.0	41.4	688	33.9	24.2	43.6	115	25.7	15.7	35.7	92	35.1	25.0	45.2	116
\$35,000 - \$49,999	34.9	31.2	38.6	898	23.8	15.3	32.4	121	29.0	19.2	38.8	115	31.0	21.9	40.0	119
\$50,000+	26.6	23.8	29.3	1,269	29.9	22.0	37.9	164	30.3	22.6	38.1	157	26.6	17.8	35.4	127
EMPLOYMENT																
Employed	35.5	33.3	37.6	2,818	33.1	27.7	38.5	387	34.2	28.5	39.8	363	32.8	27.5	38.1	398
Unemployed	34.9	25.3	44.5	184	*	*	*	*	*	*	*	*	*	*	*	*
Other**	27.3	24.7	29.8	1,797	25.8	19.8	31.8	262	24.9	18.5	31.4	270	29.8	23.1	36.4	251
EDUCATION																
K-11th Grade	43.0	37.1	48.9	408	41.0	27.0	55.0	62	39.7	24.8	54.7	62	36.7	25.4	48.1	95
12th Grade or GED	35.4	32.4	38.4	1,531	32.5	25.7	39.3	228	31.6	23.7	39.4	190	34.2	27.2	41.1	254
Some College	31.2	28.4	34.1	1,554	27.8	20.9	34.8	216	35.9	27.9	43.9	198	26.8	19.5	34.0	185
College Graduate+	28.1	25.1	31.1	1,312	24.9	17.5	32.3	177	21.8	15.4	28.2	204	30.1	21.4	38.8	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Seat Belt Use

Idaho adults who did not always wear a seatbelt, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	26.0	22.0	29.9	683	35.8	31.6	40.0	709	41.0	36.7	45.2	692	43.0	38.6	47.4	713
SEX																
Male	34.9	28.4	41.4	270	47.3	40.5	54.1	260	46.8	40.2	53.5	289	50.6	43.7	57.5	273
Female	17.1	12.9	21.3	413	24.2	19.6	28.8	449	35.2	30.0	40.5	403	35.6	30.1	41.1	440
AGE																
18-24	45.8	31.8	59.7	60	40.0	25.4	54.6	59	35.0	21.4	48.6	57	45.3	32.0	58.7	67
25-34	27.7	18.0	37.4	113	34.3	24.3	44.3	115	50.3	41.1	59.6	130	44.5	33.6	55.4	101
35-44	26.2	18.6	33.8	157	43.9	34.7	53.1	134	46.5	37.6	55.4	139	45.3	36.5	54.0	152
45-54	18.7	11.3	26.1	136	34.3	24.8	43.7	125	41.2	31.5	50.9	119	41.7	33.4	49.9	167
55-64	22.4	13.0	31.9	89	34.1	23.6	44.7	108	38.2	28.7	47.7	114	43.0	31.7	54.3	93
65+	15.5	7.9	23.2	123	28.7	20.5	36.9	165	33.0	24.3	41.6	131	36.4	27.3	45.5	129
18-34	34.9	26.7	43.1	173	37.0	28.3	45.8	174	42.7	34.4	51.0	187	45.0	36.0	53.9	168
35-54	22.6	17.3	28.0	293	39.2	32.6	45.8	259	43.8	37.2	50.4	258	43.5	37.5	49.5	319
55+	18.9	12.8	25.0	212	31.0	24.5	37.5	273	35.2	28.8	41.6	245	39.4	32.2	46.6	222
SEX and AGE																
Male																
18-34	46.8	33.9	59.8	67	49.0	35.1	62.9	68	45.7	32.6	58.8	76	53.2	39.5	67.0	66
35-54	28.9	20.3	37.6	123	49.1	38.9	59.2	108	49.8	39.9	59.6	115	51.7	42.6	60.9	130
55+	26.5	16.1	37.0	79	43.4	32.2	54.6	83	44.4	34.0	54.8	98	44.6	32.7	56.6	77
Female																
18-34	22.5	13.7	31.3	106	23.7	13.8	33.6	106	39.6	29.4	49.8	111	36.7	25.2	48.2	102
35-54	15.9	10.1	21.8	170	28.8	21.0	36.5	151	37.9	29.1	46.7	143	34.7	27.3	42.0	189
55+	12.5	5.7	19.3	133	20.0	13.7	26.4	190	27.0	19.6	34.4	147	34.8	26.4	43.2	145
INCOME																
Less than \$15,000	32.2	16.0	48.5	57	35.6	22.9	48.3	84	35.5	23.2	47.7	77	44.0	28.4	59.7	83
\$15,000 - \$24,999	40.2	27.4	53.0	83	37.6	26.7	48.4	126	43.5	33.1	53.9	141	45.5	34.5	56.5	122
\$25,000 - \$34,999	40.1	26.3	53.8	79	36.6	25.5	47.8	103	41.6	30.3	52.8	93	40.2	28.1	52.2	90
\$35,000 - \$49,999	30.8	21.5	40.0	119	41.2	31.8	50.5	138	44.9	35.6	54.2	130	47.6	38.7	56.5	156
\$50,000+	15.0	10.3	19.7	261	36.1	28.2	44.0	180	39.6	32.0	47.2	186	38.6	30.9	46.3	194
EMPLOYMENT																
Employed	27.5	22.6	32.4	426	41.8	36.4	47.3	413	45.8	40.2	51.4	400	45.2	39.8	50.7	431
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	20.6	14.4	26.8	232	24.7	18.7	30.8	266	33.0	26.6	39.4	264	38.3	30.4	46.2	252
EDUCATION																
K-11th Grade	43.9	29.0	58.9	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	30.5	22.4	38.6	177	35.7	28.4	43.0	238	41.7	34.1	49.3	229	47.9	39.9	55.8	215
Some College	24.1	17.1	31.0	210	31.5	24.7	38.3	251	39.2	32.4	46.1	248	42.8	34.8	50.8	246
College Graduate+	22.5	16.5	28.6	265	38.9	30.1	47.7	152	37.7	29.7	45.7	163	35.8	28.4	43.2	209

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2003

	Statewide				Public Health District											
					District 1				District 2				District 3			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	32.6	30.9	34.3	4,645	31.0	27.0	35.0	658	34.5	30.1	38.9	634	38.0	33.7	42.4	656
SEX																
Male	34.4	31.7	37.0	1,818	31.5	25.2	37.7	257	35.0	28.3	41.8	245	45.1	38.2	52.0	253
Female	30.8	28.7	32.9	2,827	30.6	25.4	35.7	401	34.0	28.4	39.6	389	31.2	26.0	36.4	403
AGE																
18-24	63.2	57.6	68.8	381	*	*	*	*	71.8	59.5	84.1	60	67.3	53.4	81.1	52
25-34	49.1	44.6	53.5	722	43.9	32.1	55.6	83	47.6	36.0	59.2	88	51.2	41.4	61.0	118
35-44	35.7	32.1	39.3	908	40.4	31.3	49.5	138	36.6	25.7	47.4	90	48.3	38.2	58.4	110
45-54	23.1	20.0	26.3	966	30.8	22.2	39.3	153	23.1	15.7	30.4	144	30.4	21.1	39.7	131
55-64	12.0	9.3	14.7	710	14.1	7.4	20.8	106	12.6	6.1	19.0	109	18.6	10.4	26.7	103
65+	10.6	8.5	12.7	935	8.3	3.8	12.7	131	15.2	8.5	21.9	141	11.3	5.2	17.4	137
18-34	55.6	52.0	59.1	1,103	51.4	41.9	61.0	127	60.2	51.4	68.9	148	58.2	49.9	66.5	170
35-54	29.5	27.0	31.9	1,874	35.4	29.1	41.6	291	29.6	23.0	36.1	234	39.5	32.5	46.4	241
55+	11.2	9.6	12.9	1,645	11.0	7.0	14.9	237	14.1	9.4	18.9	250	14.4	9.5	19.4	240
SEX and AGE																
Male																
18-34	57.5	52.1	62.8	455	50.7	37.2	64.3	56	60.4	47.6	73.3	65	69.8	58.0	81.5	66
35-54	30.6	26.8	34.3	774	36.3	26.3	46.3	106	29.9	20.0	39.9	97	43.4	32.8	53.9	103
55+	10.8	8.1	13.5	585	9.8	3.7	15.9	95	12.1	4.7	19.5	83	17.2	8.7	25.8	81
Female																
18-34	53.5	48.9	58.1	648	52.3	38.9	65.6	71	59.9	48.2	71.6	83	46.1	35.4	56.7	104
35-54	28.3	25.2	31.4	1,100	34.5	26.9	42.1	185	29.2	20.7	37.7	137	35.6	26.7	44.5	138
55+	11.6	9.5	13.8	1,060	12.0	7.0	17.1	142	15.9	9.8	22.0	167	12.0	6.5	17.6	159
INCOME																
Less than \$15,000	44.2	38.8	49.6	560	29.7	18.4	40.9	85	56.5	45.5	67.6	110	46.9	33.1	60.8	77
\$15,000 - \$24,999	39.4	35.2	43.7	834	37.7	28.1	47.3	129	33.2	22.8	43.7	110	42.0	32.2	51.8	138
\$25,000 - \$34,999	39.2	34.4	44.0	657	35.6	25.4	45.7	107	39.3	27.4	51.3	87	49.9	39.6	60.1	113
\$35,000 - \$49,999	32.8	29.0	36.5	875	30.9	21.6	40.1	118	31.0	21.1	40.9	111	32.8	23.4	42.2	119
\$50,000+	21.0	18.2	23.7	1,243	20.8	13.3	28.4	160	24.1	16.5	31.6	155	27.5	18.3	36.7	123
EMPLOYMENT																
Employed	35.4	33.2	37.6	2,749	37.5	31.9	43.1	375	37.7	31.8	43.5	355	42.5	36.9	48.2	389
Unemployed	46.8	36.7	56.9	172	*	*	*	*	*	*	*	*	*	*	*	*
Other**	25.5	22.8	28.1	1,715	20.5	14.8	26.1	250	28.9	22.0	35.7	259	26.8	20.2	33.4	241
EDUCATION																
K-11th Grade	46.1	40.1	52.2	384	46.5	32.1	61.0	57	39.4	24.7	54.1	59	43.2	31.3	55.1	91
12th Grade or GED	37.1	34.0	40.2	1,475	35.7	28.7	42.7	220	31.9	23.8	40.0	186	40.8	33.5	48.1	246
Some College	31.7	28.7	34.7	1,504	28.1	21.2	35.1	210	40.7	32.2	49.2	190	33.4	25.7	41.1	182
College Graduate+	24.6	21.6	27.6	1,275	22.4	15.0	29.7	171	29.0	21.9	36.1	198	35.8	26.3	45.2	136

*Figure not reliable by BRFS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Cholesterol Screening

Idaho adults who had not had cholesterol checked within the last five years, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	26.8	22.8	30.7	667	34.9	30.6	39.1	685	34.4	30.1	38.7	661	35.7	31.1	40.3	684
SEX																
Male	29.7	23.3	36.1	263	34.5	28.0	41.1	251	32.6	26.0	39.2	280	36.4	29.4	43.5	269
Female	23.8	19.0	28.6	404	35.2	29.9	40.5	434	36.2	30.7	41.7	381	35.0	29.0	40.9	415
AGE																
18-24	57.6	43.3	71.9	55	58.1	42.1	74.0	55	68.1	55.6	80.6	66	*	*	*	*
25-34	45.8	35.3	56.2	109	55.1	44.7	65.5	111	48.7	39.1	58.3	122	56.4	45.1	67.7	91
35-44	27.9	20.3	35.4	155	42.9	33.7	52.2	130	34.1	25.6	42.6	138	28.6	20.5	36.8	147
45-54	12.9	7.1	18.8	135	32.1	22.7	41.6	124	24.9	16.3	33.5	115	17.9	11.3	24.6	164
55-64	7.9	1.7	14.1	88	5.8	1.4	10.2	104	14.9	7.7	22.1	111	13.5	5.6	21.5	89
65+	2.7	0.0	5.3	120	14.2	7.4	20.9	159	16.5	9.4	23.6	124	13.8	7.4	20.2	123
18-34	50.3	41.8	58.8	164	56.5	47.2	65.8	166	55.5	46.9	64.1	171	63.3	54.5	72.0	157
35-54	20.7	15.8	25.7	290	37.5	30.9	44.2	254	29.5	23.4	35.6	253	23.3	18.0	28.6	311
55+	5.2	1.9	8.6	208	10.7	6.3	15.1	263	15.8	10.7	20.9	235	13.7	8.7	18.7	212
SEX and AGE																
Male																
18-34	57.1	44.1	70.0	64	49.4	35.5	63.3	68	51.6	38.2	64.9	71	60.8	47.4	74.2	65
35-54	19.4	12.1	26.7	121	41.6	31.4	51.8	105	29.3	20.4	38.3	114	27.0	18.7	35.4	128
55+	6.5	0.6	12.4	77	7.6	1.9	13.3	78	12.7	5.9	19.5	95	13.0	4.9	21.1	76
Female																
18-34	43.1	32.5	53.6	100	65.1	54.4	75.7	98	59.7	49.0	70.5	100	65.9	55.0	76.9	92
35-54	22.1	15.6	28.7	169	33.3	24.9	41.8	149	29.6	21.4	37.8	139	19.2	13.0	25.5	183
55+	4.2	0.5	7.8	131	13.3	6.8	19.8	185	18.7	11.2	26.1	140	14.3	8.2	20.4	136
INCOME																
Less than \$15,000	28.2	14.9	41.4	54	43.2	30.2	56.1	80	49.4	35.7	63.0	73	63.1	49.3	76.9	81
\$15,000 - \$24,999	44.0	31.0	57.0	82	34.6	24.0	45.3	121	43.4	33.0	53.9	136	35.1	24.4	45.9	118
\$25,000 - \$34,999	36.3	22.4	50.3	77	41.6	29.9	53.3	101	37.7	25.8	49.6	85	33.4	21.3	45.6	87
\$35,000 - \$49,999	27.6	18.1	37.1	115	43.2	33.7	52.6	134	27.1	19.0	35.3	128	39.6	30.4	48.8	150
\$50,000+	17.6	12.5	22.7	260	22.1	15.5	28.8	177	23.3	16.1	30.5	180	21.5	14.5	28.5	188
EMPLOYMENT																
Employed	27.3	22.3	32.3	418	39.8	34.4	45.3	402	35.5	29.9	41.2	389	37.4	31.9	43.0	421
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	21.7	15.3	28.1	225	24.0	17.8	30.2	257	29.6	22.9	36.3	248	32.8	24.1	41.6	235
EDUCATION																
K-11th Grade	50.5	35.2	65.9	66	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	35.5	27.4	43.6	173	37.4	29.9	44.8	229	39.3	31.5	47.1	216	37.3	29.2	45.3	205
Some College	23.7	16.5	30.9	204	35.6	28.5	42.7	245	32.8	26.0	39.7	240	39.7	31.1	48.2	233
College Graduate+	21.0	15.0	27.1	262	19.9	12.8	26.9	144	23.9	16.5	31.3	159	28.4	21.1	35.8	205

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults who had not visited the dentist in the previous 12 months, 2003

	Statewide				Public Health District											
					District 1				District 2			District 3				
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	33.8	32.2	35.4	4,795	37.9	33.9	42.0	681	37.4	33.1	41.7	655	41.5	37.2	45.7	673
SEX																
Male	36.0	33.4	38.5	1,862	37.6	31.4	43.8	263	41.5	34.8	48.2	254	42.2	35.6	48.9	259
Female	31.7	29.7	33.7	2,933	38.2	33.0	43.4	418	33.3	28.0	38.5	401	40.8	35.4	46.1	414
AGE																
18-24	33.4	28.3	38.6	410	*	*	*	*	34.9	22.6	47.2	68	44.2	29.4	59.0	52
25-34	34.4	30.3	38.4	762	42.5	31.2	53.8	91	42.6	31.0	54.2	90	37.4	28.1	46.7	125
35-44	35.1	31.5	38.8	922	33.4	24.9	41.9	139	32.5	22.2	42.8	94	44.1	34.1	54.1	111
45-54	28.6	25.2	32.0	983	30.5	22.7	38.4	156	32.7	24.4	41.1	148	38.1	28.7	47.6	132
55-64	31.2	27.3	35.1	723	42.0	31.9	52.1	107	39.8	29.6	50.0	111	38.3	28.1	48.5	105
65+	40.4	36.8	44.0	971	43.8	34.6	52.9	137	43.2	33.9	52.5	142	46.7	37.5	55.9	143
18-34	33.9	30.7	37.2	1,172	41.2	32.1	50.3	139	38.4	29.8	47.0	158	40.3	32.0	48.5	177
35-54	31.9	29.4	34.4	1,905	31.9	26.1	37.7	295	32.6	26.0	39.2	242	41.2	34.3	48.1	243
55+	36.3	33.7	39.0	1,694	42.9	36.2	49.7	244	41.8	34.9	48.7	253	43.1	36.3	50.0	248
SEX and AGE																
Male																
18-34	38.3	33.2	43.5	473	44.7	31.5	58.0	58	44.5	31.8	57.2	70	44.0	31.2	56.8	69
35-54	33.9	30.1	37.8	784	28.0	19.4	36.6	107	38.9	28.5	49.3	99	43.3	33.0	53.6	105
55+	35.7	31.4	40.0	600	43.7	33.1	54.3	98	40.9	29.4	52.4	85	38.6	27.2	50.0	82
Female																
18-34	29.3	25.3	33.3	699	37.6	25.2	50.0	81	31.3	19.9	42.8	88	36.3	26.1	46.6	108
35-54	29.8	26.6	33.0	1,121	35.6	28.1	43.0	188	26.2	18.4	34.0	143	39.0	29.8	48.2	138
55+	36.9	33.6	40.2	1,094	42.2	33.5	50.9	146	42.6	34.6	50.6	168	46.7	38.5	55.0	166
INCOME																
Less than \$15,000	52.2	46.9	57.5	581	50.6	38.6	62.5	89	54.5	42.7	66.2	110	56.5	43.0	70.1	80
\$15,000 - \$24,999	48.2	44.0	52.4	856	58.7	49.2	68.2	130	55.7	45.4	66.1	118	54.2	44.4	64.0	138
\$25,000 - \$34,999	41.6	37.1	46.2	686	46.2	36.1	56.4	115	43.6	32.1	55.0	92	51.7	41.5	61.9	115
\$35,000 - \$49,999	30.0	26.4	33.5	892	25.9	17.4	34.5	121	22.6	14.0	31.2	115	37.8	28.4	47.2	118
\$50,000+	17.5	15.0	19.9	1,267	20.8	14.2	27.3	164	19.1	12.0	26.1	157	18.5	11.0	26.1	127
EMPLOYMENT																
Employed	30.7	28.6	32.7	2,812	32.8	27.6	38.0	387	34.2	28.5	39.8	365	40.4	34.9	45.9	397
Unemployed	41.8	32.3	51.3	183	*	*	*	*	*	*	*	*	*	*	*	*
Other**	38.2	35.5	40.9	1,788	45.7	39.0	52.4	260	40.8	34.0	47.6	268	41.2	34.4	48.1	249
EDUCATION																
K-11th Grade	51.8	45.8	57.8	401	56.3	42.4	70.3	60	52.5	37.4	67.5	60	56.5	44.6	68.4	92
12th Grade or GED	40.0	36.9	43.0	1,526	46.6	39.6	53.7	228	42.2	34.0	50.3	192	46.5	39.4	53.7	253
Some College	31.8	29.0	34.7	1,550	32.4	25.2	39.6	216	39.2	31.2	47.1	198	35.5	27.8	43.1	185
College Graduate+	23.8	21.1	26.6	1,311	25.9	18.9	32.9	177	26.2	19.4	32.9	204	30.5	21.8	39.2	142

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Dental Visits

Idaho adults who had not visited the dentist in the previous 12 months, 2003

	Public Health District															
	District 4				District 5				District 6				District 7			
	%	95% CI		N	%	95% CI		N	%	95% CI		N	%	95% CI		N
TOTAL	25.9	22.2	29.7	680	37.3	33.1	41.4	705	35.6	31.5	39.7	689	29.8	25.7	34.0	712
SEX																
Male	29.6	23.5	35.6	268	39.9	33.3	46.5	258	34.2	27.9	40.4	288	34.8	28.2	41.4	272
Female	22.3	17.9	26.8	412	34.6	29.6	39.6	447	37.0	31.8	42.3	401	25.0	20.1	29.9	440
AGE																
18-24	30.9	18.3	43.4	60	27.0	14.6	39.4	58	34.1	21.1	47.0	57	27.5	15.1	39.9	67
25-34	24.1	15.4	32.7	112	45.1	34.7	55.4	115	34.5	25.6	43.4	128	34.6	23.8	45.4	101
35-44	32.0	23.8	40.2	157	43.5	34.2	52.7	132	32.5	23.9	41.0	139	29.5	21.6	37.4	150
45-54	21.0	13.2	28.8	136	31.6	22.6	40.5	125	29.1	20.1	38.1	119	27.3	19.8	34.8	167
55-64	17.5	9.0	26.0	88	31.6	21.1	42.1	106	40.5	30.7	50.2	113	19.9	11.6	28.3	93
65+	27.7	18.7	36.7	122	42.8	33.8	51.7	166	45.9	36.8	55.0	131	39.9	30.6	49.1	130
18-34	26.8	19.6	34.0	172	36.5	28.1	44.8	173	34.3	26.4	42.2	185	30.6	22.1	39.1	168
35-54	26.8	21.0	32.5	293	37.6	31.0	44.1	257	30.7	24.5	37.0	258	28.4	22.9	33.8	317
55+	22.7	16.5	29.0	210	38.2	31.3	45.0	272	43.6	36.9	50.3	244	30.8	24.2	37.4	223
SEX and AGE																
Male																
18-34	32.0	20.1	43.8	66	37.5	24.5	50.6	68	36.5	24.2	48.8	76	38.5	25.2	51.8	66
35-54	30.3	21.5	39.1	123	39.2	29.3	49.2	106	30.7	21.5	39.8	115	33.9	25.3	42.6	129
55+	23.1	13.1	33.2	78	43.7	32.4	54.9	83	35.8	25.6	45.9	97	30.3	19.2	41.4	77
Female																
18-34	21.5	13.4	29.6	106	35.3	25.3	45.2	105	31.9	22.0	41.7	109	22.7	12.4	33.0	102
35-54	23.1	15.8	30.3	170	35.8	27.4	44.2	151	30.8	22.4	39.3	143	22.5	16.2	28.8	188
55+	22.4	14.5	30.3	132	33.3	25.3	41.4	189	50.5	41.8	59.1	147	31.3	23.6	38.9	146
INCOME																
Less than \$15,000	56.2	41.0	71.5	57	44.6	32.1	57.2	84	61.5	49.0	74.1	77	41.3	25.9	56.7	84
\$15,000 - \$24,999	36.4	23.9	48.8	83	51.2	40.4	62.1	125	41.9	32.0	51.9	140	43.4	32.5	54.3	122
\$25,000 - \$34,999	32.9	20.4	45.5	79	41.9	30.5	53.4	103	37.9	27.1	48.8	92	38.8	27.1	50.5	90
\$35,000 - \$49,999	27.2	18.1	36.3	118	37.7	28.7	46.7	136	29.8	21.2	38.3	129	27.8	19.6	36.0	155
\$50,000+	14.8	10.3	19.4	260	20.6	13.7	27.4	179	19.5	13.0	26.0	186	15.9	9.7	22.2	194
EMPLOYMENT																
Employed	23.7	19.2	28.2	425	34.5	29.2	39.7	410	30.5	25.3	35.6	399	27.2	22.3	32.2	429
Unemployed	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Other**	28.0	21.4	34.6	231	41.9	35.0	48.8	265	43.2	36.5	49.9	262	34.4	26.7	42.1	253
EDUCATION																
K-11th Grade	42.1	27.9	56.4	67	*	*	*	*	*	*	*	*	*	*	*	*
12th Grade or GED	30.2	22.3	38.1	176	39.1	31.9	46.3	237	41.9	34.3	49.5	227	38.1	30.4	45.8	213
Some College	22.8	16.4	29.1	209	40.3	33.3	47.4	250	35.5	28.9	42.2	247	29.9	22.4	37.4	245
College Graduate+	21.8	16.3	27.4	264	25.8	17.9	33.7	150	21.9	14.5	29.2	163	20.1	13.7	26.6	211

*Figure not reliable by BRFSS standards (N<50)

**Other includes students, homemakers, retirees, and persons unable to work

Appendix A

Trends of Selected Risk Variables by Public Health District from 1997 Through 2003

The following tables present data for each health district for selected risk variables from the years 1997 through 2003. The year 1997 was chosen as the beginning of the trend period due to the increased sample size in 1997. The following table will help with interpretation of the variable headings:

Variable Heading	Definition	Question/Page in Appendix B
General Health	Adults who reported their General Health was "fair" or "poor"	Q1.1 p.104
Health Care Coverage	Adults who did not have health care coverage	Q2.1 p.104
Dental Insurance	Adults who did not have dental insurance	S8 p.111
Diabetes	Adults ever told they had diabetes	Q4.1 p.104
Asthma	Adults diagnosed and still had asthma	Q9.1-Q9.2 p.106
Arthritis	Adults ever told they had arthritis	Q15.4 p.108
High Cholesterol	Adults ever told they had high cholesterol among those screened	Q6.2-Q6.3 p. 105
High Blood Pressure	Adults ever told they had high blood pressure	Q5.1 p. 105
Fruits and Vegetables	Adults who did not eat five servings of fruits and vegetables per day	Q7.1-Q7.6 p.105
Physical Activity	Adults who did not participate in leisure time physical activity	Q3.1 p.104
Overweight	Adults with a BMI of 25 or greater	Q14.10, Q14.12 p. 107
Obesity	Adults with a BMI of 30 or greater	
Smoke Cigarettes	Adults who smoke cigarettes	Q11.1-Q11.2 p.106
Smokeless Tobacco	Adults who use smokeless tobacco	S20-S21 p.112
Binge Drinking	Adults consuming more than 5 drinks on one occasion	Q12.3 p.106
Heavy Drinking	Adults consuming more than 60 drinks in the last 30 days	Q12.1-Q12.2 p.106
Illicit Drug Use	Adults who had used drugs for non-medical purposes in the last 12 months	S34-S35 p.113
Seatbelt Use	Adults who did not always wear a seatbelt when driving or riding	S33 p. 113
Cholesterol Screening	Adults who had not had cholesterol checked within last five years	Q6.2 p. 105
Dental Visits	Adults who had not visited the dentist within the previous 12 months	M2.1 p.110

Trends of Selected Risk Factors

By Public Health District, 1997-2003

	Year								
	1997			1998			1999		
Idaho	%	95% CI	N	%	95% CI	N	%	95% CI	N
General Health	12.4	11.3 13.5	4,911	12.2	11.2 13.3	4,921	12.9	11.8 14.0	4,939
Health Care Coverage	16.6	15.1 18.2	4,911	15.2	14.0 16.5	4,919	16.7	15.4 18.0	4,948
Dental Insurance	47.4	45.5 49.3	4,876	*	* *	*	44.9	43.2 46.6	4,884
Diabetes	4.0	3.4 4.7	4,921	4.3	3.6 5.0	4,928	4.8	4.1 5.5	4,953
Asthma ¹	*	* *	*	*	* *	*	7.9	6.9 8.9	4,937
Arthritis ²	*	* *	*	*	* *	*	*	* *	*
High Cholesterol	29.8	27.7 31.9	3,473	*	* *	*	30.1	28.2 31.9	3,459
High Blood Pressure	24.1	22.5 25.6	4,900	*	* *	*	23.0	21.6 24.4	4,929
Fruits and Vegetables ³	*	* *	*	76.2	74.8 77.7	4,931	*	* *	*
Physical Activity	*	* *	*	20.4	19.1 21.8	4,930	*	* *	*
Overweight ³	52.2	50.4 54.0	4,803	52.9	51.4 54.8	4,784	55.2	53.5 57.0	4,809
Obesity	16.3	15.0 17.6	4,803	16.0	14.8 17.3	4,784	20.0	18.6 21.4	4,809
Cigarette Smoking	19.9	18.5 21.4	4,915	20.3	18.9 21.6	4,925	21.5	20.1 22.9	4,942
Smokeless Tobacco	*	* *	*	3.6	2.9 4.2	4,926	*	* *	*
Binge Drinking ^{4,5}	14.9	13.5 16.3	4,886	14.8	13.6 16.1	4,907	14.7	13.4 16.0	4,930
Heavy Drinking ^{4,5}	3.0	2.3 3.6	4,870	3.6	3.0 4.3	4,887	3.5	2.9 4.2	4,893
Illicit Drug Use	5.5	4.6 6.4	4,904	5.0	4.2 5.8	4,907	5.5	4.3 6.7	3,889
Seat Belt Usage	40.4	38.6 42.1	4,913	40.5	38.9 42.1	4,927	41.0	39.3 42.7	4,943
Cholesterol Screening	35.0	33.2 36.9	4,753	*	* *	*	36.2	34.5 37.9	4,755
Dental Visits	35.2	33.3 37.0	4,897	*	* *	*	35.0	33.4 36.7	4,931
District 1	%	95% CI	N	%	95% CI	N	%	95% CI	N
General Health	13.1	9.9 16.3	696	13.2	10.0 16.3	698	10.7	8.4 13.1	701
Health Care Coverage	19.0	15.5 22.6	700	21.2	17.5 24.9	695	20.8	17.4 24.2	704
Dental Insurance	52.9	48.1 57.6	696	*	* *	*	50.7	46.6 54.7	698
Diabetes	3.9	2.3 5.4	701	4.9	3.0 6.7	698	6.3	4.3 8.3	706
Asthma ¹	*	* *	*	*	* *	*	6.1	4.3 8.0	702
Arthritis ²	*	* *	*	*	* *	*	*	* *	*
High Cholesterol	34.6	29.3 40.0	493	*	* *	*	35.0	30.4 39.6	501
High Blood Pressure	27.8	23.6 32.1	696	*	* *	*	23.3	19.9 26.8	703
Fruits and Vegetables ³	*	* *	*	75.5	72.1 78.9	698	*	* *	*
Physical Activity	*	* *	*	19.9	16.3 23.4	698	*	* *	*
Overweight ³	54.9	50.2 59.5	689	52.9	48.6 57.2	677	55.4	51.3 59.5	691
Obesity	14.0	10.7 17.3	689	16.7	13.8 19.7	677	19.3	16.1 22.5	691
Cigarette Smoking	22.7	18.8 26.6	699	27.8	23.9 31.8	698	24.5	21.0 27.9	702
Smokeless Tobacco	*	* *	*	4.0	2.4 5.6	696	*	* *	*
Binge Drinking ^{4,5}	17.2	13.8 20.6	697	18.5	15.0 22.1	691	13.1	10.4 15.8	704
Heavy Drinking ^{4,5}	4.8	2.6 6.9	698	4.5	2.7 6.2	686	4.3	2.7 6.0	694
Illicit Drug Use	7.1	4.2 10.0	695	7.6	5.4 9.7	695	7.2	4.8 9.6	516
Seat Belt Usage	38.1	33.4 42.8	701	36.6	32.5 40.7	698	33.4	29.6 37.2	706
Cholesterol Screening	35.1	30.6 39.6	682	*	* *	*	34.6	30.6 38.6	675
Dental Visits	37.1	32.6 41.6	696	*	* *	*	40.1	36.2 44.1	703

* Indicates data are not available for that year

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status, a better indicator of prevalence.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Minor changes have been made to the trend line to correct data entry errors from previous editions.

⁵ Question wording changed from 2000 to 2001 and from 2001 to 2002.

Trends of Selected Risk Factors

By Public Health District, 1997-2003

Year											
2000				2001				2002			
%	95% CI		N	%	95% CI		N	%	95% CI		N
13.1	12.0	14.2	4,973	13.0	11.9	14.1	4,822	13.4	12.3	14.5	4,850
17.1	15.9	18.3	4,960	14.8	13.5	16.0	4,819	16.8	15.5	18.2	4,845
*	*	*	*	44.9	43.2	46.7	4,693	45.0	43.3	46.7	4,791
4.9	4.2	5.6	4,973	5.4	4.7	6.2	4,830	6.1	5.3	6.8	4,853
7.7	6.8	8.5	4,965	8.0	7.1	8.8	4,821	7.8	6.9	8.7	4,836
*	*	*	*	*	*	*	*	25.3	23.9	26.8	4,838
*	*	*	*	30.3	28.5	32.1	3,486	*	*	*	*
*	*	*	*	24.6	23.1	26.1	4,823	*	*	*	*
78.9	77.6	80.3	4,978	*	*	*	*	78.6	77.2	80.0	4,856
19.8	18.5	21.0	4,974	21.0	19.6	22.5	4,831	19.4	18.1	20.7	4,855
55.7	54.0	57.4	4,781	59.3	57.6	61.1	4,588	57.3	55.6	59.1	4,661
18.9	17.6	20.2	4,781	20.5	19.2	21.9	4,588	20.4	19.0	21.8	4,661
22.3	20.9	23.7	4,967	19.6	18.2	21.0	4,823	20.7	19.2	22.1	4,846
3.3	2.7	3.9	4,935	4.8	4.1	5.5	4,743	*	*	*	*
14.9	13.7	16.1	4,919	12.8	11.6	14.0	4,788	15.7	14.3	17.1	4,840
4.3	3.6	5.0	4,894	4.9	4.1	5.6	4,782	5.3	4.4	6.2	4,840
5.4	4.6	6.2	4,902	6.1	5.1	7.1	4,688	5.8	4.8	6.8	4,830
39.1	37.5	40.7	4,927	34.8	33.2	36.4	4,713	34.7	33.1	36.3	4,847
*	*	*	*	34.1	32.4	35.8	4,674	*	*	*	*
*	*	*	*	34.6	33.0	36.2	4,714	32.5	30.9	34.1	4,836
14.1	11.4	16.8	714	14.3	11.6	17.0	690	17.4	14.5	20.4	721
17.2	14.4	20.1	713	15.9	12.8	19.0	687	20.7	17.2	24.3	722
*	*	*	*	50.7	46.5	54.9	667	53.5	49.4	57.6	714
5.5	3.8	7.2	715	5.4	3.6	7.2	690	6.8	4.8	8.7	723
8.4	6.1	10.7	714	7.7	5.6	9.8	688	10.2	7.7	12.6	721
*	*	*	*	*	*	*	*	32.2	28.5	36.0	719
*	*	*	*	32.1	27.6	36.6	495	*	*	*	*
*	*	*	*	26.9	23.3	30.5	690	*	*	*	*
78.4	75.2	81.7	715	*	*	*	*	77.4	74.2	80.7	722
21.4	18.1	24.7	714	20.8	17.5	24.1	690	19.5	16.3	22.7	722
61.0	57.0	65.0	693	58.1	53.9	62.2	658	59.0	54.9	63.1	695
22.1	18.7	25.5	693	17.6	14.3	20.8	658	22.8	19.4	26.2	695
24.8	21.3	28.3	711	20.6	17.2	23.9	688	27.0	23.1	30.8	721
2.4	1.1	3.6	709	6.2	4.0	8.4	677	*	*	*	*
17.4	14.2	20.5	703	19.1	15.7	22.6	684	18.0	14.5	21.5	719
4.7	2.8	6.5	697	7.0	4.9	9.2	683	5.6	3.5	7.8	718
6.3	4.3	8.3	699	7.1	4.9	9.3	669	7.3	4.8	9.9	718
37.1	33.2	41.1	708	32.1	28.1	36.0	674	28.5	24.7	32.3	720
*	*	*	*	32.4	28.4	36.4	662	*	*	*	*
*	*	*	*	40.4	36.3	44.5	673	37.5	33.6	41.5	719
16.8	13.7	19.8	681	16.8	13.7	19.8	681	16.8	13.7	19.8	681
20.2	16.8	23.7	679	20.2	16.8	23.7	679	20.2	16.8	23.7	679
50.9	46.7	55.1	678	50.9	46.7	55.1	678	50.9	46.7	55.1	678
7.0	4.9	9.1	683	7.0	4.9	9.1	683	7.0	4.9	9.1	683
8.3	6.1	10.5	676	8.3	6.1	10.5	676	8.3	6.1	10.5	676
31.7	27.8	35.6	679	31.7	27.8	35.6	679	31.7	27.8	35.6	679
33.7	29.2	38.2	514	33.7	29.2	38.2	514	33.7	29.2	38.2	514
24.0	20.5	27.5	682	24.0	20.5	27.5	682	24.0	20.5	27.5	682
78.5	75.0	81.9	683	78.5	75.0	81.9	683	78.5	75.0	81.9	683
19.0	15.7	22.3	683	19.0	15.7	22.3	683	19.0	15.7	22.3	683
59.6	55.4	63.8	649	59.6	55.4	63.8	649	59.6	55.4	63.8	649
20.4	17.0	23.8	649	20.4	17.0	23.8	649	20.4	17.0	23.8	649
21.7	18.3	25.1	682	21.7	18.3	25.1	682	21.7	18.3	25.1	682
6.0	3.7	8.2	682	6.0	3.7	8.2	682	6.0	3.7	8.2	682
17.6	14.3	21.0	679	17.6	14.3	21.0	679	17.6	14.3	21.0	679
8.3	5.8	10.7	678	8.3	5.8	10.7	678	8.3	5.8	10.7	678
6.7	4.5	8.8	677	6.7	4.5	8.8	677	6.7	4.5	8.8	677
30.0	26.1	34.0	683	30.0	26.1	34.0	683	30.0	26.1	34.0	683
31.0	27.0	35.1	658	31.0	27.0	35.1	658	31.0	27.0	35.1	658
37.9	33.9	42.0	681	37.9	33.9	42.0	681	37.9	33.9	42.0	681

* Indicates data are not available for that year

Trends of Selected Risk Factors

By Public Health District, 1997-2003

	Year								
	1997			1998			1999		
District 2	%	95% CI	N	%	95% CI	N	%	95% CI	N
General Health	13.5	10.7 16.2	700	14.6	11.6 17.6	705	12.2	9.6 14.8	705
Health Care Coverage	16.7	13.7 19.8	699	16.9	13.7 20.1	704	15.2	12.3 18.1	709
Dental Insurance	51.6	47.2 56.0	697	*	* *	*	47.1	43.1 51.2	697
Diabetes	2.8	1.5 4.2	700	4.2	2.7 5.8	704	4.8	3.2 6.4	709
Asthma ¹	*	* *	*	*	* *	*	10.6	7.7 13.5	708
Arthritis ²	*	* *	*	*	* *	*	*	* *	*
High Cholesterol	30.9	26.4 35.3	489	*	* *	*	30.9	26.6 35.3	522
High Blood Pressure	23.6	20.2 27.0	697	*	* *	*	25.4	21.9 28.8	706
Fruits and Vegetables ³	*	* *	*	78.8	75.5 82.2	698	*	* *	*
Physical Activity	*	* *	*	21.2	17.9 24.4	704	*	* *	*
Overweight ³	54.1	49.6 58.5	684	56.0	51.8 60.2	682	56.5	52.4 60.5	691
Obesity	17.4	13.7 21.0	684	18.1	14.8 21.3	682	18.5	15.4 21.7	691
Cigarette Smoking	20.0	16.8 23.1	700	19.2	16.0 22.5	704	18.9	15.8 22.0	707
Smokeless Tobacco	*	* *	*	4.1	2.5 5.6	702	*	* *	*
Binge Drinking ^{4,5}	18.3	15.2 21.5	694	17.0	13.8 20.2	699	23.0	19.5 26.4	705
Heavy Drinking ^{4,5}	4.5	2.7 6.4	691	3.6	1.9 5.4	701	5.0	3.2 6.8	699
Illicit Drug Use	5.8	3.9 7.8	696	6.0	3.5 8.5	700	5.6	3.3 7.8	554
Seat Belt Usage	46.9	42.5 51.3	699	41.3	37.4 45.3	704	41.9	37.9 45.9	706
Cholesterol Screening	34.8	30.5 39.1	676	*	* *	*	34.1	30.0 38.1	680
Dental Visits	38.8	34.4 43.2	697	*	* *	*	39.6	35.6 43.5	705
District 3	%	95% CI	N	%	95% CI	N	%	95% CI	N
General Health	14.3	11.5 17.0	696	14.2	11.5 16.9	696	14.3	11.7 17.0	708
Health Care Coverage	18.7	14.3 23.0	697	12.0	9.3 14.8	697	21.7	17.8 25.5	710
Dental Insurance	51.0	46.2 55.8	693	*	* *	*	47.0	42.5 51.5	696
Diabetes	5.1	3.4 6.8	699	4.6	2.8 6.3	698	5.7	3.8 7.6	709
Asthma ¹	*	* *	*	*	* *	*	7.6	4.8 10.3	707
Arthritis ²	*	* *	*	*	* *	*	*	* *	*
High Cholesterol	30.2	25.2 35.3	469	*	* *	*	30.8	25.8 35.7	467
High Blood Pressure	23.7	20.5 27.0	692	*	* *	*	22.5	19.2 25.9	705
Fruits and Vegetables ³	*	* *	*	77.5	74.0 81.0	699	*	* *	*
Physical Activity	*	* *	*	23.7	20.1 27.4	699	*	* *	*
Overweight ³	58.0	53.1 62.8	675	58.0	53.8 62.2	674	57.1	52.6 61.6	681
Obesity	21.6	17.3 25.9	675	18.1	15.0 21.2	674	25.3	21.8 28.8	681
Cigarette Smoking	19.5	16.3 22.7	696	22.2	18.6 25.8	699	21.9	18.0 25.8	709
Smokeless Tobacco	*	* *	*	4.8	3.0 6.7	699	*	* *	*
Binge Drinking ^{4,5}	13.1	10.2 15.9	691	11.9	8.9 14.9	696	10.9	8.4 13.3	706
Heavy Drinking ^{4,5}	3.4	1.9 4.9	683	4.2	2.4 6.0	697	4.0	2.2 5.8	696
Illicit Drug Use	3.2	1.7 4.7	698	3.2	1.6 4.8	695	4.1	0.7 7.4	595
Seat Belt Usage	37.6	33.7 41.4	699	44.5	40.3 48.7	698	40.2	35.8 44.6	708
Cholesterol Screening	37.4	32.7 42.0	672	*	* *	*	40.3	35.8 44.8	679
Dental Visits	39.9	35.1 44.6	697	*	* *	*	38.3	33.9 42.6	707

* Indicates data are not available for that year

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status, a better indicator of prevalence.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Minor changes have been made to the trend line to correct data entry errors from previous editions.

⁵ Question wording changed from 2000 to 2001 and from 2001 to 2002.

Trends of Selected Risk Factors

By Public Health District, 1997-2003

Year																			
2000				2001				2002				2003							
%	95% CI			N	%	95% CI			N	%	95% CI			N	%	95% CI			N
13.6	10.9	16.3	709	11.7	9.0	14.3	681	15.2	11.9	18.5	705	15.0	12.1	17.8	656				
15.9	12.8	18.9	709	14.4	11.2	17.6	684	16.1	13.0	19.2	704	15.9	12.5	19.2	658				
*	*	*	*	45.4	41.0	49.7	663	46.5	42.5	50.6	698	49.5	45.0	53.9	652				
4.2	2.7	5.8	707	4.2	2.6	5.7	683	6.3	4.4	8.1	705	5.8	4.0	7.7	658				
9.6	7.3	11.9	708	8.3	5.9	10.7	681	9.2	6.2	12.3	699	7.3	5.1	9.5	655				
*	*	*	*	*	*	*	*	27.1	23.7	30.6	703	30.8	26.9	34.7	653				
*	*	*	*	31.8	27.4	36.1	500	*	*	*	*	33.4	28.7	38.0	486				
*	*	*	*	25.3	21.6	28.9	682	*	*	*	*	25.8	22.2	29.4	657				
76.9	73.6	80.3	709	*	*	*	*	76.5	72.8	80.1	706	78.9	75.4	82.3	659				
19.2	16.1	22.3	709	22.5	19.1	26.0	684	16.8	13.8	19.8	706	16.7	13.6	19.9	657				
54.7	50.6	58.9	677	58.6	54.3	63.0	644	58.8	54.5	63.1	678	59.4	55.0	63.9	625				
18.3	15.1	21.4	677	21.6	18.0	25.2	644	19.1	16.0	22.3	678	20.8	17.3	24.3	625				
19.6	16.4	22.8	707	18.2	14.9	21.5	683	20.1	16.8	23.5	704	17.5	14.2	20.8	658				
5.2	3.3	7.0	699	6.4	4.3	8.4	674	*	*	*	*	5.1	3.2	7.1	659				
18.3	15.1	21.6	698	16.4	13.2	19.6	677	18.6	14.9	22.3	705	20.1	16.4	23.7	655				
4.9	3.0	6.8	696	5.9	4.1	7.8	675	5.0	3.3	6.7	704	6.3	4.0	8.5	656				
6.2	4.0	8.5	697	8.2	5.9	10.5	659	6.0	4.0	8.0	698	7.3	4.8	9.9	655				
41.8	37.7	45.9	700	38.3	34.2	42.5	662	34.5	30.6	38.5	705	30.7	26.5	34.9	655				
*	*	*	*	33.7	29.5	37.8	667	*	*	*	*	34.5	30.1	38.9	634				
*	*	*	*	37.0	32.8	41.2	667	35.8	31.6	40.0	699	37.4	33.1	41.7	655				
%	95% CI			N	%	95% CI			N	%	95% CI			N	%	95% CI			N
17.0	14.0	20.1	704	16.2	13.2	19.1	681	14.0	11.2	16.7	688	16.8	13.7	19.9	677				
20.2	16.7	23.6	704	16.0	12.9	19.0	679	17.3	14.1	20.5	686	22.6	18.7	26.5	677				
*	*	*	*	48.0	43.8	52.3	661	45.9	41.5	50.2	670	48.8	44.5	53.1	674				
6.0	4.2	7.9	703	6.1	4.1	8.1	681	7.5	5.4	9.7	689	7.7	5.5	10.0	679				
7.9	5.8	10.1	702	7.9	5.7	10.1	680	6.3	4.3	8.4	687	7.9	5.6	10.2	678				
*	*	*	*	*	*	*	*	27.0	23.4	30.6	684	25.6	22.0	29.3	677				
*	*	*	*	27.4	23.0	31.9	472	*	*	*	*	32.9	28.4	37.5	487				
*	*	*	*	25.7	22.2	29.3	680	*	*	*	*	24.5	21.1	28.0	677				
77.6	74.1	81.1	704	*	*	*	*	80.1	76.7	83.5	689	83.1	80.0	86.2	678				
20.2	17.0	23.3	702	23.0	19.7	26.4	681	22.0	18.6	25.5	689	20.6	17.2	24.0	676				
58.0	53.8	62.2	685	63.1	59.0	67.2	652	60.6	56.2	65.0	655	61.5	57.2	65.8	637				
21.0	17.8	24.3	685	24.6	21.0	28.2	652	22.8	19.2	26.3	655	24.4	20.8	28.1	637				
20.8	17.4	24.1	704	24.0	20.4	27.7	680	20.2	16.8	23.5	687	21.8	18.3	25.3	676				
3.0	1.6	4.4	700	5.0	3.1	6.9	667	*	*	*	*	3.2	1.5	5.0	679				
10.7	8.0	13.4	699	11.8	9.0	14.7	674	12.8	9.9	15.7	683	12.7	9.6	15.8	677				
4.3	2.2	6.4	696	4.0	2.3	5.7	672	4.2	2.5	5.8	687	4.3	2.5	6.2	676				
4.7	2.5	6.8	696	4.4	2.3	6.6	661	3.0	1.4	4.5	681	6.3	3.9	8.6	676				
38.5	34.4	42.6	700	35.6	31.7	39.6	662	35.8	31.6	40.0	689	31.7	27.6	35.7	677				
*	*	*	*	35.8	31.7	39.9	660	*	*	*	*	38.0	33.7	42.4	656				
*	*	*	*	40.9	36.9	45.0	665	37.4	33.2	41.6	686	41.5	37.3	45.7	673				

* Indicates data are not available for that year

Trends of Selected Risk Factors

By Public Health District, 1997-2003

	Year											
	1997				1998				1999			
District 4	%	95% CI		N	%	95% CI		N	%	95% CI		N
General Health	10.2	7.5	12.9	703	9.7	7.3	12.1	716	9.4	7.0	11.8	710
Health Care Coverage	14.3	10.4	18.2	703	13.0	10.1	15.9	715	12.2	9.5	14.9	711
Dental Insurance	37.0	32.2	41.8	695	*	*	*	*	35.2	31.3	39.2	703
Diabetes	3.4	1.9	4.9	702	3.8	2.2	5.3	716	4.0	2.4	5.6	711
Asthma ¹	*	*	*	*	*	*	*	*	8.7	6.6	11.3	711
Arthritis ²	*	*	*	*	*	*	*	*	*	*	*	*
High Cholesterol	26.1	21.0	31.1	523	*	*	*	*	29.1	24.4	33.7	516
High Blood Pressure	22.3	18.0	26.6	700	*	*	*	*	22.2	18.7	25.7	706
Fruits and Vegetables ³	*	*	*	*	74.0	70.3	77.6	716	*	*	*	*
Physical Activity	*	*	*	*	16.9	13.8	20.1	716	*	*	*	*
Overweight ³	47.2	43.0	51.4	691	50.1	46.0	54.2	695	50.5	46.2	54.8	692
Obesity	15.4	12.4	18.3	691	14.1	11.2	17.1	695	16.2	12.8	19.6	692
Cigarette Smoking	20.1	16.4	23.9	703	18.7	15.5	21.9	715	25.7	22.0	29.3	710
Smokeless Tobacco	*	*	*	*	3.0	1.7	4.3	716	*	*	*	*
Binge Drinking ^{4,5}	17.6	13.6	21.7	699	17.2	14.1	20.4	715	19.3	16.0	22.7	706
Heavy Drinking ^{4,5}	2.9	1.1	4.6	696	3.6	2.0	5.2	712	4.3	2.6	6.1	706
Illicit Drug Use	7.9	5.6	10.3	699	5.0	3.2	6.9	713	7.8	4.9	10.6	499
Seat Belt Usage	30.1	25.7	34.4	699	29.3	25.6	33.1	716	34.8	30.7	38.9	710
Cholesterol Screening	31.3	26.7	35.8	678	*	*	*	*	32.7	28.6	36.9	695
Dental Visits	32.6	27.9	37.2	701	*	*	*	*	27.4	23.6	31.1	711
District 5	%	95% CI		N	%	95% CI		N	%	95% CI		N
General Health	11.4	8.9	14.0	707	12.4	9.5	15.4	698	15.6	12.8	18.4	699
Health Care Coverage	16.7	13.1	20.2	702	15.9	12.8	19.0	699	16.8	13.4	20.1	701
Dental Insurance	58.8	54.5	53.1	700	*	*	*	*	57.2	52.7	61.7	690
Diabetes	4.8	3.1	6.5	707	5.3	2.9	7.6	700	4.4	2.9	6.0	701
Asthma ¹	*	*	*	*	*	*	*	*	6.8	4.8	9.0	701
Arthritis ²	*	*	*	*	*	*	*	*	*	*	*	*
High Cholesterol	28.6	24.0	33.3	476	*	*	*	*	25.7	21.6	29.8	486
High Blood Pressure	25.0	21.2	28.8	705	*	*	*	*	23.8	20.5	27.2	698
Fruits and Vegetables ³	*	*	*	*	76.5	72.8	80.1	700	*	*	*	*
Physical Activity	*	*	*	*	22.7	19.0	26.3	700	*	*	*	*
Overweight ³	53.0	48.7	57.2	685	53.0	48.7	57.3	686	59.7	54.7	64.6	678
Obesity	15.4	12.2	18.7	685	18.0	15.6	21.4	686	20.8	17.5	24.1	678
Cigarette Smoking	22.9	18.9	26.9	704	19.2	15.9	22.5	698	17.5	14.5	20.5	699
Smokeless Tobacco	*	*	*	*	4.3	2.0	6.5	700	*	*	*	*
Binge Drinking ^{4,5}	15.5	11.8	19.2	700	13.3	10.4	16.2	698	13.2	8.7	17.7	698
Heavy Drinking ^{4,5}	1.8	0.7	3.0	699	4.5	2.5	6.6	690	2.6	1.2	3.9	692
Illicit Drug Use	4.3	2.1	6.4	707	4.3	2.4	6.2	697	7.2	2.1	12.4	557
Seat Belt Usage	44.5	40.1	49.0	705	44.1	40.1	48.1	700	48.9	44.2	53.7	699
Cholesterol Screening	40.0	35.5	44.5	679	*	*	*	*	39.2	35.0	43.4	661
Dental Visits	39.6	35.1	44.0	701	*	*	*	*	41.2	36.6	45.8	694

* Indicates data are not available for that year

¹ Prior to 2002, Idaho BRFS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status, a better indicator of prevalence.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Minor changes have been made to the trend line to correct data entry errors from previous editions.

⁵ Question wording changed from 2000 to 2001 and from 2001 to 2002.

Trends of Selected Risk Factors

By Public Health District, 1997-2003

Year																			
2000				2001				2002				2003							
%	95% CI			N	%	95% CI			N	%	95% CI			N	%	95% CI			N
9.5	7.0	12.1	718	11.4	8.9	13.8	692	10.3	7.9	12.7	713	11.0	8.4	13.5	681				
14.6	11.7	17.5	715	14.3	11.2	17.4	692	13.8	10.7	16.9	714	11.2	8.4	14.0	680				
*	*	*	*	38.1	33.7	42.5	672	36.1	32.0	40.2	705	32.7	28.7	36.6	672				
3.7	2.0	5.3	717	5.3	3.5	7.0	693	4.2	2.7	5.8	714	4.9	3.0	6.8	683				
6.7	4.6	8.7	716	7.7	5.6	9.8	692	6.7	4.6	8.8	709	8.9	6.4	11.3	681				
*	*	*	*	*	*	*	*	21.3	18.1	24.5	713	21.7	18.5	25.0	681				
*	*	*	*	27.8	23.7	31.9	533	*	*	*	*	28.5	24.3	32.7	544				
*	*	*	*	24.1	20.2	27.9	692	*	*	*	*	20.9	17.7	24.1	682				
81.0	77.8	84.2	718	*	*	*	*	77.3	73.9	80.7	714	76.2	72.6	79.8	683				
15.3	12.5	18.2	718	19.2	15.5	22.9	692	15.8	12.9	18.7	714	16.7	13.5	19.8	683				
48.9	44.6	53.1	683	58.7	54.3	63.1	658	54.4	50.1	58.7	680	56.6	52.2	60.9	646				
15.9	12.8	18.9	683	20.0	16.7	23.3	658	19.4	16.2	22.6	680	19.9	16.3	23.4	646				
25.2	21.6	28.7	718	20.9	17.5	24.4	693	21.1	17.5	24.7	713	18.2	15.0	21.5	681				
3.3	1.9	4.8	712	3.9	2.1	5.6	673	*	*	*	*	5.7	3.4	7.9	683				
17.7	14.8	20.7	709	13.0	10.0	16.1	685	18.9	15.3	22.4	713	19.2	15.6	22.9	677				
5.0	3.2	6.8	704	5.3	3.5	7.0	687	7.6	5.1	10.2	711	7.1	4.7	9.5	679				
5.9	4.0	7.7	706	8.6	5.7	11.6	665	8.0	5.2	10.8	711	7.9	5.3	10.5	681				
28.5	24.7	32.2	710	27.6	23.7	31.5	670	27.6	23.8	31.4	713	26.0	22.0	29.9	683				
*	*	*	*	32.4	28.0	36.7	678	*	*	*	*	26.8	22.8	30.7	667				
*	*	*	*	30.3	26.4	34.1	673	25.5	21.9	29.2	714	25.9	22.2	29.7	680				
%	95% CI			N	%	95% CI			N	%	95% CI			N	%	95% CI			N
15.2	12.0	18.3	705	15.4	12.5	18.3	683	14.8	11.8	17.9	624	11.9	9.1	14.6	710				
21.1	17.6	24.5	704	17.6	14.4	20.8	685	21.3	17.4	25.3	622	20.7	17.0	24.4	707				
*	*	*	*	54.9	50.7	59.1	664	55.8	51.3	60.3	619	55.4	51.2	59.7	700				
5.0	3.2	6.7	707	5.0	3.3	6.6	685	5.6	3.7	7.4	624	5.8	3.8	7.8	711				
8.4	6.2	10.7	704	8.6	6.4	10.8	685	7.3	5.1	9.5	622	7.2	5.2	9.2	706				
*	*	*	*	*	*	*	*	24.3	20.7	27.9	622	25.2	21.6	28.8	707				
*	*	*	*	33.7	29.0	38.4	471	*	*	*	*	31.5	26.9	36.1	525				
*	*	*	*	26.0	22.3	29.6	685	*	*	*	*	26.8	22.9	30.7	709				
77.2	73.5	80.7	707	*	*	*	*	78.9	75.1	82.6	624	80.2	76.8	83.6	711				
23.0	19.5	26.5	706	27.6	23.9	31.3	685	23.7	19.8	27.7	624	20.5	17.1	23.8	711				
59.9	55.7	64.0	679	57.0	52.8	61.2	638	57.8	53.3	62.3	603	59.7	55.3	64.0	672				
19.2	15.7	22.6	679	19.1	15.7	22.5	638	19.5	16.0	23.1	603	22.3	18.7	26.0	672				
25.5	21.8	29.2	706	21.3	18.0	24.6	683	18.8	15.1	22.5	622	21.0	17.5	24.6	709				
3.8	2.2	5.5	704	4.0	2.4	5.6	672	*	*	*	*	4.2	2.3	6.1	711				
13.5	10.4	16.6	698	11.8	9.2	14.5	678	15.4	11.7	19.0	623	15.4	12.1	18.7	706				
3.7	2.1	5.3	698	4.8	3.0	6.5	678	4.7	2.5	6.9	622	6.1	4.0	8.2	706				
6.5	4.0	9.1	695	5.6	3.5	7.6	666	6.1	3.5	8.7	624	6.2	3.8	8.6	709				
45.4	41.2	49.6	701	35.8	31.8	39.8	669	41.8	37.3	46.3	624	35.8	31.6	40.0	709				
*	*	*	*	40.5	36.3	44.6	666	*	*	*	*	34.9	30.6	39.1	685				
*	*	*	*	37.1	33.1	41.2	669	37.1	32.8	41.4	621	37.3	33.1	41.4	705				

* Indicates data are not available for that year

Trends of Selected Risk Factors

By Public Health District, 1997-2003

	Year											
	1997				1998				1999			
District 6	%	95% CI		N	%	95% CI		N	%	95% CI		N
General Health	13.3	10.3	16.4	715	13.3	10.7	15.9	707	18.3	13.8	22.8	712
Health Care Coverage	15.4	12.6	18.3	716	14.8	12.1	17.6	709	15.2	12.2	18.2	709
Dental Insurance	45.7	41.6	49.8	706	*	*	*	*	42.0	38.0	46.1	702
Diabetes	4.4	2.7	6.1	717	5.0	3.2	6.9	709	4.9	2.8	7.1	712
Asthma ¹	*	*	*	*	*	*	*	*	7.5	3.5	11.5	710
Arthritis ²	*	*	*	*	*	*	*	*	*	*	*	*
High Cholesterol	28.4	23.8	33.0	495	*	*	*	*	29.9	25.4	34.4	489
High Blood Pressure	24.4	20.8	28.0	716	*	*	*	*	22.5	18.8	26.2	711
Fruits and Vegetables ³	*	*	*	*	78.4	75.2	81.6	709	*	*	*	*
Physical Activity	*	*	*	*	19.8	16.7	22.9	709	*	*	*	*
Overweight ³	52.6	48.6	56.6	705	54.1	50.1	58.2	695	60.0	56.0	64.0	693
Obesity	16.0	13.1	19.0	705	17.9	14.9	20.9	695	22.7	18.0	27.4	693
Cigarette Smoking	19.6	16.2	23.0	717	20.0	16.7	23.2	709	18.8	15.2	22.3	711
Smokeless Tobacco	*	*	*	*	2.7	1.3	4.1	709	*	*	*	*
Binge Drinking ^{4,5}	12.9	10.3	15.6	713	14.1	11.1	17.1	706	11.7	9.1	14.4	709
Heavy Drinking ^{4,5}	2.5	1.3	3.8	711	2.7	1.3	4.1	704	1.7	0.6	2.8	705
Illicit Drug Use	3.6	2.1	5.2	716	4.1	2.5	5.7	705	3.7	2.0	5.4	574
Seat Belt Usage	52.5	48.6	56.4	716	50.2	46.1	54.2	708	49.4	44.8	54.1	711
Cholesterol Screening	36.9	33.0	40.7	696	*	*	*	*	35.9	31.9	39.8	685
Dental Visits	31.9	28.2	35.7	713	*	*	*	*	36.6	32.2	41.1	709
District 7	%	95% CI		N	%	95% CI		N	%	95% CI		N
General Health	13.3	10.5	16.0	694	11.1	8.6	13.5	701	13.6	10.9	16.3	704
Health Care Coverage	17.6	13.2	21.9	694	15.4	12.2	18.5	700	18.2	14.5	21.9	704
Dental Insurance	45.3	40.1	50.6	689	*	*	*	*	45.3	40.9	49.8	698
Diabetes	4.0	2.5	5.6	695	2.8	1.7	4.0	703	3.9	2.4	5.3	705
Asthma ¹	*	*	*	*	*	*	*	*	8.0	5.7	10.3	702
Arthritis ²	*	*	*	*	*	*	*	*	*	*	*	*
High Cholesterol	33.7	26.6	40.7	528	*	*	*	*	29.3	24.9	33.8	478
High Blood Pressure	22.8	19.5	26.1	694	*	*	*	*	22.7	18.8	26.5	700
Fruits and Vegetables ³	*	*	*	*	76.1	72.4	79.9	704	*	*	*	*
Physical Activity	*	*	*	*	22.4	18.8	26.0	704	*	*	*	*
Overweight ³	50.5	45.0	55.9	674	51.0	46.7	55.2	675	53.2	49.0	57.3	683
Obesity	15.2	12.3	18.3	674	14.7	11.7	17.6	675	20.3	17.0	23.6	683
Cigarette Smoking	13.9	10.9	16.9	696	14.2	11.0	17.3	702	16.8	13.3	20.4	704
Smokeless Tobacco	*	*	*	*	2.4	1.1	3.7	704	*	*	*	*
Binge Drinking ^{4,5}	7.4	5.4	9.5	692	9.4	6.8	12.0	702	9.9	6.8	13.1	702
Heavy Drinking ^{4,5}	1.1	0.3	1.8	692	1.9	0.8	3.1	697	1.9	0.7	3.0	701
Illicit Drug Use	3.9	1.1	6.7	693	4.9	2.6	7.1	702	1.2	0.3	2.0	586
Seat Belt Usage	47.4	42.6	52.3	694	51.3	47.0	55.6	703	47.5	43.0	51.9	703
Cholesterol Screening	33.2	27.4	38.9	670	*	*	*	*	39.9	35.7	44.1	680
Dental Visits	28.6	24.0	33.2	692	*	*	*	*	30.7	27.0	34.5	702

* Indicates data are not available for that year

¹ Prior to 2002, Idaho BRFSS reported adults who have ever been told they have asthma. Beginning in 2002, Idaho reports current asthma status, a better indicator of prevalence.

² The method for calculating arthritis prevalence changed in 2002. Data published prior to 2002 are not comparable to data published after 2002.

³ Results may differ from previous publications due to revisions in risk factor calculation.

⁴ Minor changes have been made to the trend line to correct data entry errors from previous editions.

⁵ Question wording changed from 2000 to 2001 and from 2001 to 2002.

Trends of Selected Risk Factors

By Public Health District, 1997-2003

Year											
2000				2001				2002			
%	95% CI		N	%	95% CI		N	%	95% CI		N
14.0	11.2	16.7	716	11.9	9.3	14.6	697	14.0	11.3	16.6	704
14.8	12.0	17.7	712	11.5	8.9	14.1	697	15.7	12.5	18.9	704
*	*	*	*	41.3	37.3	45.3	684	42.4	38.2	46.5	692
5.9	4.0	7.7	717	6.4	4.4	8.3	699	7.9	5.7	10.0	704
7.5	5.5	9.5	715	7.4	5.4	9.3	697	7.5	5.4	9.7	703
*	*	*	*	*	*	*	*	26.5	22.9	30.1	703
*	*	*	*	30.7	26.3	35.0	501	*	*	*	*
*	*	*	*	23.4	20.0	26.7	696	*	*	*	*
79.8	76.5	83.0	717	*	*	*	*	79.9	76.7	83.2	705
23.3	20.0	26.6	717	18.2	15.2	21.3	700	23.6	20.1	27.1	705
57.6	53.6	61.5	692	59.9	56.0	63.9	668	58.5	54.3	62.7	681
20.0	16.8	23.3	692	24.1	20.5	27.6	668	20.2	16.9	23.5	681
19.8	16.6	23.1	714	15.8	13.0	18.7	698	19.1	15.8	22.3	704
2.5	1.2	3.8	712	5.3	3.5	7.2	691	*	*	*	*
13.5	10.7	16.3	711	9.2	6.8	11.5	695	12.7	9.7	15.7	704
3.8	2.1	5.4	707	2.9	1.4	4.3	692	4.1	2.1	6.1	702
3.3	2.0	4.6	710	2.2	0.8	3.5	682	5.1	3.1	7.1	703
46.2	42.3	50.2	709	43.9	39.8	47.9	688	45.1	40.9	49.2	702
*	*	*	*	34.8	30.9	38.7	676	*	*	*	*
*	*	*	*	30.8	27.1	34.5	684	30.9	27.1	34.7	704
35.6	31.5	39.7	689								
%	95% CI		N	%	95% CI		N	%	95% CI		N
11.9	9.3	14.4	707	10.6	8.2	13.1	698	12.1	9.3	14.9	695
17.6	14.4	20.8	703	13.5	10.5	16.6	695	15.8	12.3	19.2	693
*	*	*	*	42.8	38.6	47.0	682	44.6	40.0	49.1	693
4.8	3.1	6.5	707	5.7	3.9	7.4	699	6.3	4.4	8.2	694
6.8	4.6	9.0	706	8.7	6.4	11.0	698	8.9	6.4	11.4	695
*	*	*	*	*	*	*	*	23.4	19.9	26.8	694
*	*	*	*	33.2	28.7	37.6	514	*	*	*	*
*	*	*	*	20.9	17.7	24.1	698	*	*	*	*
79.1	75.9	82.2	708	*	*	*	*	81.2	78.0	84.4	696
20.9	17.6	24.2	708	17.7	14.5	21.0	699	17.7	14.6	20.8	695
55.8	51.6	60.1	672	59.8	55.4	64.1	670	55.6	50.9	60.3	669
18.1	15.0	21.2	672	17.6	14.6	20.7	670	18.8	15.5	22.1	669
15.5	12.6	18.5	707	12.4	9.9	15.0	698	16.4	13.0	19.7	695
3.6	2.1	5.0	699	4.2	2.6	5.9	689	*	*	*	*
11.6	9.0	14.2	701	7.5	5.4	9.6	695	10.4	7.7	13.0	693
3.0	1.6	4.3	696	3.5	2.0	4.9	695	2.9	1.6	4.2	696
4.6	2.8	6.4	699	4.0	2.4	5.6	686	2.7	1.5	4.0	695
51.2	47.0	55.3	699	41.3	37.2	45.5	688	40.5	35.9	45.0	694
*	*	*	*	31.2	27.1	35.3	665	*	*	*	*
*	*	*	*	28.8	24.8	32.7	683	31.1	26.8	35.4	693
29.8	25.7	34.0	712								

* Indicates data are not available for that year

Appendix B

2003 Behavioral Risk Factor Surveillance System Questionnaire

In the following pages, the 2003 Idaho BRFSS questionnaire is presented in its entirety. In addition to the text of each question, the results for most of the questions are included. The number of people who responded to the question (n) is listed below the text for each question. The percent for each response category can be found in parentheses to the right of the response categories. Note also that the percentages are weighted results (see Methodology on pages 1-2) and do not directly correspond to the n's for each question. The results have not been provided for all questions.

NOTE: Care should be exercised when interpreting these results. In order to interpret the results correctly, it is important to understand what group has been asked the question. For example, in question S4 on page 111, 15.7% of the respondents have Medicare. However this question is asked only of those who respond “yes” to question Q2.1. The exclusion of certain respondents is indicated by the bold text at the beginning of question S4. These are called “skip patterns” and are used extensively throughout the survey. In order to properly identify what group has been asked a specific question, the skip pattern must be considered. In addition, there may be some confusion when trying to compare results from the appendix to those in the previous sections. The risk factors reported in the main body of the report are often constructed from the responses of multiple questions and may not be comparable to the results of one particular question.

For help in interpreting these results, contact the Idaho BRFSS Project Director at (208) 332-7326.

SECTION 1: HEALTH STATUS

Q1.1 Would you say that in general your health is:
(n=4,813)

- 1 Excellent (23.3%)
- 2 Very Good (36.4%)
- 3 Good (26.7%)
- 4 Fair (9.5%)
- 5 Poor (4.1%)

- 7 Don't know/Not sure
- 9 Refused

Q1.2 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
(n=4,731)

Mean number of days: 3.5

Q1.3 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
(n=4,745)

Mean number of days: 3.4

Q1.4 **[IF Q1.1 AND Q1.2 BOTH=1, OTHERWISE SKIP TO NEXT SECTION]** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(n=2,736)

Mean number of days: 0.6

SECTION 2: HEALTH CARE ACCESS

Q2.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?
(n=4,808)

- 1 Yes (83.7%)
- 2 No (16.3%)
- 7 Don't know/Not sure
- 9 Refused

Q2.2 Do you have one person you think of as your personal doctor or health care advisor?
(n=4,798)

- 1 Yes, only one (64.0%)
- 2 Yes, more than one (10.4%)
- 3 No (25.6%)
- 7 Don't know/Not sure
- 9 Refused

Q2.3 Was there a time in the past 12 months when you needed to see a doctor, but could not because of the cost?
(n=4,814)

- 1 Yes (14.8%)
- 2 No (85.2%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 3: EXERCISE

Q3.1 During the past month, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?
(n=4,817)

- 1 Yes (81.7%)
- 2 No (18.3%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 4: DIABETES

Q4.1 Have you ever been told by a doctor that you have diabetes?
(n=4,823)

- 1 Yes (6.3%)
- 2 Yes, but female told during pregnancy (0.7%)
- 3 No (93.0%)

- 7 Don't know/Not sure
- 9 Refused

MODULE 1: DIABETES

M1.1 **[IF Q4.1=1, OTHERWISE SKIP TO NEXT SECTION]** How old were you when you were told you have diabetes?
(n=337)

Mean age in years: 49.3

M1.2 Are you now taking insulin?
(n=343)

- 1 Yes (25.8%)
- 2 No (74.2%)
- 9 Refused

M1.3 Are you taking diabetes pills?
(n=344)

- 1 Yes (64.8%)
- 2 No (35.2%)
- 7 Don't know/Not sure
- 9 Refused

M1.4 About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.
(n=342)

Mean times per day: 1.3

M1.5 About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional.
(n=339)

Mean times per day: 0.8

M1.6 Have you ever had any sores or irritations on your feet that took more than four weeks to heal?
(n=344)

- 1 Yes (16.7%)
- 2 No (83.3%)
- 7 Don't know/Not sure
- 9 Refused

M1.7 About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?
(n=330)

Mean number of times: 3.8

M1.8 A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"?
(n=312)

Mean number of times: 2.4

M1.9 **[IF M1.5="555", SKIP TO M1.10]** About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?
(n=339)

Mean number of times: 2.3

M1.10 When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.
(n=343)

- 1 Within the past month (20.0%)
- 2 Within the past year (42.2%)
- 3 Within the past two years (11.3%)
- 4 2 or more years ago (21.6%)
- 8 Never (4.9%)
- 7 Don't know/Not sure
- 9 Refused

M1.11 Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?
(n=341)

- 1 Yes (21.3%)
- 2 No (78.7%)
- 7 Don't know/Not sure
- 9 Refused

M1.12 Have you ever taken a course or class in how to manage your diabetes yourself?
(n=342)

- 1 Yes (60.4%)
- 2 No (39.6%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 5: HYPERTENSION AWARENESS

Q5.1 Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?
(n=4,811)

- 1 Yes (23.2%)
- 2 Yes, but female told during pregnancy (1.3%)
- 3 No (75.5%)
- 7 Don't know/Not sure
- 9 Refused

Q5.2 Are you currently taking medicine for your high blood pressure?
(n=1,281)

- 1 Yes (71.9%)
- 2 No (28.1%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 6: CHOLESTEROL AWARENESS

Q6.1 Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?
(n=4,687)

- 1 Yes (73.7%)
- 2 No (26.3%)
- 7 Don't know/Not sure
- 9 Refused

Q6.2 **[IF Q6.1=1, OTHERWISE SKIP TO NEXT SECTION]** About how long has it been since you last had your blood cholesterol checked?
(n=3,575)

- 1 Within the past year (60.0%)
- 2 Within the past two years (17.4%)
- 3 Within the past five years (14.3%)
- 4 5 or more years ago (8.3%)
- 7 Don't know/Not sure
- 9 Refused

Q6.3 Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?
(n=3,588)

- 1 Yes (31.1%)
- 2 No (68.9%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 7: FRUITS AND VEGETABLES

Q7.1 How often do you drink fruit juices such as orange, grapefruit, or tomato?
(n=4,758)

Mean servings per day: 0.6

Q7.2 Not counting juice, how often do you eat fruit?
(n=4,769)

Mean servings per day: 0.8

Q7.3 How often do you eat green salad?
(n=4,783)

Mean servings per day: 0.5

Q7.4 How often do you eat potatoes not including french fries, fried potatoes, or potato chips?
(n=4,781)

Mean servings per day: 0.3

Q7.5 How often do you eat carrots?
(n=4,748)

Mean servings per day: 0.3

Q7.6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?
(n=4,761)

Mean servings per day: 1.2

SECTION 8: WEIGHT CONTROL

Q8.1 Are you now trying to lose weight?
(n=4,817)

- 1 Yes (40.8%)
- 2 No (59.2%)
- 7 Don't know/Not sure
- 9 Refused

Q8.2 **[IF Q8.1=1, OTHERWISE SKIP TO Q8.5]** Are you now trying to maintain your current weight, that is, to keep from gaining weight?
(n=2,749)

- 1 Yes (61.4%)
- 2 No (38.6%)
- 7 Don't know/Not sure
- 9 Refused

Q8.3 Are you eating either fewer calories or less fat to [IF Q8.1=1 “lose weight” IF Q8.2=1 “keep from gaining weight”]?
(n=3,752)

- 1 Yes, fewer calories (18.3%)
- 2 Yes, less fat (21.7%)
- 3 Yes, fewer calories and less fat (30.8%)
- 4 No (29.2%)
- 7 Don't know/Not sure
- 9 Refused

Q8.4 Are you using physical activity or exercise to [IF Q8.1=1 “lose weight”, IF Q8.2=1 “keep from gaining weight”]?
(n=3,781)

- 1 Yes (47.8%)
- 2 No (25.2%)
- 7 Don't know/Not sure
- 9 Refused

Q8.5 In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight?
(n=4,813)

- 1 Yes, lose weight (9.9%)
- 2 Yes, gain weight (1.8%)
- 3 Yes, maintain weight (1.6%)
- 4 No (86.7%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 9: ASTHMA

Q9.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma?
(n=4,817)

- 1 Yes (11.7%)
- 2 No (88.3%)
- 7 Don't know/Not sure
- 9 Refused

Q9.2 [IF Q9.1=1, OTHERWISE SKIP TO NEXT SECTION]
Do you still have asthma?
(n=570)

- 1 Yes (69.9%)
- 2 No (30.1%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 10: IMMUNIZATION

Q10.1 During the past 12 months, have you had a flu shot?
(n=4,814)

- 1 Yes (32.6%)
- 2 No (67.4%)
- 7 Don't know/Not sure
- 9 Refused

Q10.2 Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is called the pneumococcal vaccine.
(n=4,427)

- 1 Yes (24.9%)
- 2 No (75.1%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 11: TOBACCO USE

Q11.1 have you smoked at least 100 cigarettes in your entire life?
(n=4,813)

- 1 Yes (42.3%)
- 2 No (57.7%)
- 7 Don't know/Not sure
- 9 Refused

Q11.2 [IF Q11.1=1, OTHERWISE SKIP TO NEXT SECTION] Do you now smoke cigarettes every day, some days, or not at all?
(n=2,107)

- 1 Every day (35.3%)
- 2 Some days (9.4%)
- 3 Not at all (55.3%)
- 7 Don't know/Not sure
- 9 Refused

Q11.3 [IF Q11.2=1 OR 2, OTHERWISE SKIP TO NEXT SECTION] During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
(n=945)

- 1 Yes (52.3%)
- 2 No (47.7%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 12: ALCOHOL CONSUMPTION

Q12.1 A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how many days per week or per month did you have at least 1 drink of any alcoholic beverage?
(n=4,806)

Mean number of days: 0.2

Q12.2 [IF Q12.1>0, OTHERWISE SKIP TO NEXT SECTION] On the days when you drank, about how many drinks did you drink on the average?
(n=2,301)

Mean number of drinks: 2.2

Q12.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion?
(n=2,298)

Mean number of times: 1.3

SECTION 13: EXCESS SUN EXPOSURE

Q13.1 The next question is about sunburns including anytime that even a small part of your skin was red for more than 12 hours. Have you had a sunburn within the past 12 months?
(n=4,800)

- 1 Yes (48.9%)
- 2 No (51.1%)
- 7 Don't know/Not sure
- 9 Refused

Q13.2 Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months?

(n=2,104)

- 1 One (26.5%)
- 2 Two (30.1%)
- 3 Three (15.7%)
- 4 Four (8.1%)
- 5 Five (6.0%)
- 6 Six or more (13.6%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 14: DEMOGRAPHICS

Q14.1 What is your age?

(n=4,800)

Mean age in years: 45.0

Q14.2 Are you Hispanic or Latino?

(n=4,803)

- 1 Yes (4.5%)
- 2 No (95.5%)
- 7 Don't know/Not sure
- 9 Refused

Q14.3 Which one or more of the following would you say is your race?

Q14.4 **[IF MORE THAN ONE RESPONSE TO Q14.3, OTHERWISE SKIP TO Q14.5]** Which one of these groups would you say best represents your race?

(n=4,800)

[RESULTS ARE Q14.3 AND Q14.4 COMBINED]

- 1 White (94.4%)
- 2 Black or African American (0.4%)
- 3 Asian (0.4%)
- 4 Native Hawaiian or Other Pacific Islander (0.4%)
- 5 American Indian, Alaska Native (1.3%)
- 6 Other Specify _____ (3.1%)
- 7 Don't know/Not sure
- 9 Refused

Q14.5 Are you...?

(n=4,811)

- 1 Married (67.0%)
- 2 Divorced (9.9%)
- 3 Widowed (5.7%)
- 4 Separated (0.8%)
- 5 Never married (13.0%)
- 6 A member of an unmarried couple (3.6%)
- 9 Refused

Q14.6 How many children less than 18 years of age live in your household?

(n=4,821)

Mean number of children: 0.9

Q14.7 What is the highest grade or year of school you completed?

(n=4,817)

- 1 Never attended or only attended Kindergarten (<0.1%)
- 2 Grades 1 through 8 (1.4%)
- 3 Grades 9 through 11 (7.1%)
- 4 Grade 12 or GED (31.3%)
- 5 College 1 year to 3 years (32.5%)
- 6 College 4 years or more (27.8%)
- 9 Refused

Q14.8 Are you currently...?

(n=4,811)

- 1 Employed for wages (49.4%)
- 2 Self-employed (11.9%)
- 3 Out of work for more than 1 year (1.6%)
- 4 Out of work for less than 1 year (3.2%)
- 5 A homemaker (9.3%)
- 6 A student (4.7%)
- 7 Retired (16.1%)
- 8 Unable to work (3.8%)
- 9 Refused

Q14.9 What is your annual household income from all sources?

(n=4,307)

- 1 Less than \$10,000 (5.4%)
- 2 \$10,000 to less than \$15,000 (6.2%)
- 3 \$15,000 to less than \$20,000 (8.7%)
- 4 \$20,000 to less than \$25,000 (10.3%)
- 5 \$25,000 to less than \$35,000 (16.0%)
- 6 \$35,000 to less than \$50,000 (20.9%)
- 7 \$50,000 to less than \$75,000 (16.5%)
- 8 \$75,000 or more (16.0%)
- 77 Don't know/Not sure
- 99 Refused

Q14.10 About how much do you weigh without shoes?

(n=4,593)

Mean weight in pounds (Male): 193.8
Mean weight in pounds (Female): 155.7

Q14.11 How much would you like to weigh?

(n=4,693)

Mean desired weight in pounds (Male): 182.1
Mean desired weight in pounds (Female): 134.9

Q14.12 About how tall are you without shoes?

(n=4,807)

Mean height in feet and inches (Male): 5 ft. 10 in.
Mean height in feet and inches (Female): 5 ft. 4 in.

Q14.13 What county do you live in?

Data suppressed

Q14.14 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

(n=4,820)

- 1 Yes (5.3%)
- 2 No (94.7%)
- 7 Don't know/Not sure
- 9 Refused

Q14.15 **[IF Q14.14=1, OTHERWISE GO TO Q14.16]** How many of these are residential numbers?

(n=339)

- 1 1 (42.8%)
- 2 2 (54.4%)
- 3 3 (2.4%)
- 4 4 (0.1%)
- 5 5 (0.1%)
- 6 6 or more (0.2%)
- 7 Don't know/Not sure
- 9 Refused

Q14.16 During the past 12 months, has your household been without telephone service for 1 week or more?
(n=4,817)

- 1 Yes (5.4%)
- 2 No (94.6%)
- 7 Don't know/Not sure
- 9 Refused

Q14.17 Sex of respondent
(n=4,824)

- Male (49.5%)
- Female (50.5%)

Q14.18 **[IF Q14.17=1 AND AGE<45, OTHERWISE SKIP TO NEXT SECTION]** To your knowledge, are you now pregnant?
(n=1,259)

- 1 Yes (5.6%)
- 2 No (94.4%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 15: ARTHRITIS

Q15.1 The next questions refer to your joints. Please do not include the back or neck. During the past 30 days, have you had any symptoms of pain, aching, or stiffness in or around a joint?
(n=4,812)

- 1 Yes (49.6%)
- 2 No (50.4%)
- 7 Don't know/Not sure
- 9 Refused

Q15.2 **[IF Q15.1=1, OTHERWISE SKIP TO Q15.4]** Did your joints symptoms first begin more than 3 months ago?
(n=2,536)

- 1 Yes (79.9%)
- 2 No (20.1%)
- 7 Don't know/Not sure
- 9 Refused

Q15.3 **[IF Q15.2=1, OTHERWISE SKIP TO Q15.4]** Have you ever seen a doctor or other health professional for these joint symptoms?
(n=2,088)

- 1 Yes (67.9%)
- 2 No (32.1%)
- 7 Don't know/Not sure
- 9 Refused

Q15.4 Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
(n=4,799)

- 1 Yes (25.7%)
- 2 No (74.3%)
- 7 Don't know/Not sure
- 9 Refused

Q15.5 **[IF Q15.2=1 OR Q15.4=1, OTHERWISE SKIP TO NEXT SECTION]** Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?
(n=2,442)

- 1 Yes (29.8%)
- 2 No (70.2%)
- 7 Don't know/Not sure
- 9 Refused

Q15.6 **[IF AGE<65, OTHERWISE SKIP TO NEXT SECTION]**
In this next question we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do or the amount of work you do?
(n=1,774)

- 1 Yes (26.0%)
- 2 No (74.0%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 16: FALLS

Q16.1 **[IF AGE>44, OTHERWISE SKIP TO NEXT SECTION]**
The next question asks about a recent fall. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level. In the past 3 months, have you had a fall?
(n=2,712)

- 1 Yes (15.6%)
- 2 No (84.4%)
- 7 Don't know/Not sure
- 9 Refused

Q16.2 **[IF Q16.1=1, OTHERWISE SKIP TO NEXT SECTION]**
Were you injured? By injured we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.
(n=426)

- 1 Yes (29.7%)
- 2 No (70.3%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 17: DISABILITY

Q17.1 Are you limited in any way in any activities because of physical, mental, or emotional problems?
(n=4,795)

- 1 Yes (21.3%)
- 2 No (78.7%)
- 7 Don't know/Not sure
- 9 Refused

Q17.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?
(n=4,820)

- 1 Yes (5.2%)
- 2 No (94.8%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 18: PHYSICAL ACTIVITY

Q18.1 **[IF Q14.8=1 OR 2, OTHERWISE SKIP TO Q18.3]**
When you are at work, which of the following best describes what you do?
(n=2,767)

- 1 Mostly sitting or standing (59.8%)
- 2 Mostly walking (20.3%)
- 3 Mostly heavy labor or physically demanding work (19.9%)
- 7 Don't know/Not sure
- 9 Refused

Q18.2 Now thinking about the moderate physical activities you do **[IF Q14.8=1 OR 2 “when you are not working”]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate?
(n=4,808)

- 1 Yes (89.0%)
- 2 No (11.0%)
- 7 Don't know/Not sure
- 9 Refused

Q18.3 **[IF Q18.2=1, OTHERWISE SKIP TO Q18.5]** How many days per week do you do these moderate activities for at least 10 minutes at a time?
(n=4,202)

Mean days per week: 4.9

Q18.4 **[IF Q18.3=1 THROUGH 7]** On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?
(n=4,006)

Mean hours and minutes: 1 hour, 6 minutes

Q18.5 Now thinking about the vigorous physical activities you do **[IF Q14.8=1 OR 2 “when you are not working”]** in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?
(n=4,795)

- 1 Yes (54.6%)
- 2 No (45.4%)
- 7 Don't know/Not sure
- 9 Refused

Q18.6 **[IF Q18.5=1, OTHERWISE SKIP TO NEXT SECTION]** How many days per week do you do these vigorous activities for at least 10 minutes at a time?
(n=2,412)

Mean number of days: 3.3

Q18.7 **[IF Q18.6=1 THROUGH 7, OTHERWISE SKIP TO NEXT SECTION]** On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?
(n=2,351)

Mean hours and minutes: 1 hour and 0 minutes

SECTION 19: VETERAN'S STATUS

Q19.1 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?
(n=4,820)

- 1 Yes (15.8%)
- 2 No (84.2%)
- 7 Don't know/Not sure
- 9 Refused

Q19.2 **[IF Q19.1=1, OTHERWISE SKIP TO NEXT SECTION]** Which of the following best describes your service in the United States military?
(n=658)

- 1 Currently on active duty (4.2%)
- 2 Currently in a National Guard or Reserve unit (3.2%)
- 3 Retired from military service (11.6%)
- 4 Medically discharged from military service (4.9%)
- 5 Discharged from military service (76.1%)
- 7 Don't know/Not sure
- 9 Refused

Q19.3 **[IF Q19.2=3 THROUGH 5, OTHERWISE SKIP TO NEXT SECTION]** In the last 12 months, have you received some or all of your health care from VA facilities?
(n=623)

- 1 Yes, all health care (7.9%)
- 2 Yes, some health care (8.0%)
- 3 No, no VA health care received (84.1%)
- 7 Don't know/Not sure
- 9 Refused

SECTION 20: HIV/AIDS

Q20.1 **[IF AGE<65, OTHERWISE SKIP TO NEXT SECTION]** The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to. I'm going to read two statements about HIV, the virus that causes AIDS. After I read each one, please tell me whether you think it is true or false, or if you don't know.

A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby.
(n=3,836)

- 1 True (50.5%)
- 2 False (17.2%)
- 7 Don't know/Not sure (32.3%)
- 9 Refused

Q20.2 There are medical treatments available that are intended to help a person who is infected with HIV to live longer.
(n=3,838)

- 1 True (89.9%)
- 2 False (2.3%)
- 7 Don't know/Not sure (7.8%)
- 9 Refused

Q20.3 How important do you think it is for people to know their HIV status by getting tested?
(n=3,829)

- 1 Very important (88.5%)
- 2 Somewhat important (6.4%)
- 3 Not at all important (0.6%)
- 7 Don't know/Not sure (0.5%)
- 8 Depends on risk (4.0%)
- 9 Refused

Q20.4 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation.
(n=3,742)

- 1 Yes (40.1%)
- 2 No (59.9%)
- 7 Don't know/Not sure
- 9 Refused

Q20.5 **[IF Q20.4=1, OTHERWISE SKIP TO Q20.8]** Not including blood donations, in what month and year was your last HIV test?
(n=1,323)

Data suppressed

Q20.6 I am going to read you a list of reasons why some people have been tested for HIV. Not including blood donations, which of these would you say was the main reason for you last HIV test?
(n=1,469)

- 1 It was required (19.4%)
- 2 Someone suggested you should be tested (2.0%)
- 3 You thought you may have gotten HIV through sex or drug use (2.2%)
- 4 You just wanted to find out whether you had HIV (14.8%)
- 5 You were worried that you could give HIV to someone (0.5%)
- 6 You were pregnant (18.1%)
- 7 It was done as part of a routine medical check-up (26.8%)
- 08 You were tested for some other reason (16.2%)
- 77 Don't know/Not sure
- 99 Refused

Q20.7 Where did you have your last HIV test?
(n=1,469)

- 1 Private doctor or HMO (40.6%)
- 2 Counseling and testing site (1.4%)
- 3 Hospital (21.4%)
- 4 Clinic (24.2%)
- 5 In jail/prison (or other correctional facility) (1.6%)
- 6 Home (3.0%)
- 7 Somewhere else (7.8%)
- 77 Don't know/Not sure
- 99 Refused

Q20.8 I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.

- You have used intravenous drugs in the past year,
- You have been treated for a sexually transmitted or venereal disease in the past year,
- You have given or received money or drugs in exchange for sex in the past year,
- You had anal sex without a condom in the past year.

Do any of these situations apply to you?
(n=3,835)

- 1 Yes (2.3%)
- 2 No (97.7%)
- 7 Don't know/Not sure
- 9 Refused

Q20.9 In the past 12 months, has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use?
(n=3,836)

- 1 Yes (7.7%)
- 2 No (92.3%)
- 7 Don't know/Not sure
- 9 Refused

MODULE 2: ORAL HEALTH

M2.1 How long has it been since you last visited a dentist or a dental clinic for any reason?
(n=4,795)

- 1 Within the past year (66.2%)
- 2 Within the past 2 years (13.1%)
- 3 Within the past 5 years (10.7%)
- 4 5 or more years ago (9.9%)
- 8 Never (0.1%)
- 7 Don't know/Not sure
- 9 Refused

M2.2 How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.
(n=4,768)

- 1 1 to 5 (25.5%)
- 2 6 or more, but not all (8.6%)
- 3 All (6.1%)
- 8 None (59.8%)
- 7 Don't know/Not sure
- 9 Refused

M2.3 [IF Q1≠8 OR Q2≠3, OTHERWISE SKIP TO NEXT QUESTION] How long has it been since you had your teeth cleaned by a dentist or dental hygienist?
(n=4,411)

- 1 Within the past year (64.9%)
- 2 Within the past 2 years (13.4%)
- 3 Within the past 5 years (11.2%)
- 4 5 or more years ago (9.3%)
- 8 Never (1.2%)
- 7 Don't know/Not sure
- 9 Refused

MODULE 7: CHILDHOOD ASTHMA

M7.1 Earlier you said there were [FILL IN NUMBER FROM Q14.6] children age 17 or younger living in your household. How many of these children have ever been diagnosed with asthma?
(n=1,903)

Mean number of children: 0.2

M7.2 [IF M7.1=1 "Does this child" OR IF M7.1>1 "How many of these children"] still have asthma?
(n=278)

Mean number of children: (0.9)

MODULE 13: ARTHRITIS

M13.1 [IF Q15.1=1 OR Q15.4=1, OTHERWISE SKIP TO STATE ADDED SECTION] Thinking about your arthritis or joint symptoms, which of the following best describes you today?
(n=2,452)

- 1 I can do everything I would like to do (36.1%)
- 2 I can do most things I would like to do (43.9%)
- 3 I can do some things I would like to do (14.9%)
- 4 I can hardly do anything I would like to do (5.1%)
- 7 Don't know/Not sure
- 9 Refused

M13.2 Has a doctor or other health professional ever suggested losing weight to help your arthritis or joint symptoms?
(n=2,452)

- 1 Yes (15.2%)
- 2 No (84.8%)
- 7 Don't know/Not sure
- 9 Refused

M13.3 Has a doctor or other health professional ever suggested physical activity or exercise to help your arthritis or joint symptoms?
(n=2,444)

- 1 Yes (37.7%)
- 2 No (62.3%)
- 7 Don't know/Not sure
- 9 Refused

M13.4 Have you ever taken an educational course or class to teach you how to manage problems related to your arthritis or joint symptoms?

(n=2,450)

- 1 Yes (9.8%)
- 2 No (90.2%)
- 7 Don't know/Not sure
- 9 Refused

STATE ADDED: HEALTH CARE UTILIZATION AND INSURANCE

S1 About how long has it been since you last visited a doctor for a routine checkup?

(n=4,769)

- 1 Within the past year (63.6%)
- 2 Within the past 2 years (13.9%)
- 3 Within the past 5 years (10.8%)
- 4 5 or more years ago (9.9%)
- 8 Never (1.8%)
- 7 Don't know/Not sure
- 9 Refused

S2 [IF Q2.1=2, OTHERWISE SKIP TO S4] Previously you said you did not have any health care coverage. What is the main reason you are without health care coverage?

(n=733)

- 1 Lost job or changed employers (11.3%)
- 2 Spouse/parent lost job/changed employers (0.8%)
- 3 Became divorced or separated (0.6%)
- 4 Spouse or parent died (0.3%)
- 5 Became ineligible because of age or left school (1.2%)
- 6 Employer doesn't offer or stopped offering coverage (8.5%)
- 7 Cut back to part time or became temporary employee (0.5%)
- 8 Benefits from employer or former employer ran out (0.5%)
- 9 Couldn't afford to pay the premiums (57.6%)
- 10 Insurance company refused coverage (0.3%)
- 11 Lost Medicaid or Medical Assistance eligibility (2.9%)
- 87 Other reason (15.5%)
- 77 Don't know/Not sure
- 99 Refused

S3 About how long has it been since you had health care coverage?

(n=729)

- 1 Within the past 6 months (16.1%)
- 2 Within the past year (13.1%)
- 3 Within the past 2 years (13.6%)
- 4 Within the past 5 years (18.6%)
- 5 5 or more years ago (26.5%)
- 8 Never (12.1%)
- 7 Don't know/Not sure
- 9 Refused

S4 [IF Q2.1=1, OTHERWISE SKIP TO S5] Previously you said that you had some kind of health care coverage. What type of health care coverage do you use to pay for most of your medical care?

(n=3,992)

- 1 Employer (40.7%)
- 2 Someone else's employer (21.4%)
- 3 A plan bought or someone else buys (11.0%)
- 4 Medicare (15.7%)
- 5 Medicaid or Medical Assistance (3.7%)
- 6 The military, CHAMPUS, Tricare, or the VA (3.7%)
- 7 The Indian Health Service (0.2%)
- 8 Some other source (3.6%)
- 88 None
- 77 Don't know/Not sure
- 99 Refused

S5 When you are sick or need advice about your health, to which of the following places do you usually go?

(n=4,784)

- 1 A doctor's office (68.6%)
- 2 A public health clinic or community center (8.7%)
- 3 A hospital outpatient department (2.7%)
- 4 A hospital emergency room (3.8%)
- 5 Urgent care center (6.8%)
- 6 Some other kind of place (6.8%)
- 8 No usual place (2.6%)
- 7 Don't know/Not sure
- 9 Refused

S6 How would you rate your satisfaction with your overall health care?

(n=4,780)

- 1 Excellent (22.0%)
- 2 Very good (35.2 %)
- 3 Good (30.5%)
- 4 Fair (9.2%)
- 5 Poor (3.1%)
- 8 Don't use health care services
- 7 Don't know/Not sure
- 9 Refused

S7 [IF Q14.6=1, OTHERWISE SKIP TO S8] My next question is about children's health insurance. [IF Q14.6=1 "Does the child..." IF Q14.6>1, "In order to randomly choose one child in your household to ask about, I will refer to the child who had the most recent birthday and is less than 18 years old. Does the child who had the most recent birthday..."] have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicaid or the Children's Health Insurance Program, also known as CHIP?

(n=1,879)

- 1 Yes (88.5%)
- 2 No (11.5%)
- 7 Don't know/Not sure
- 9 Refused

S8 Earlier I asked you about visits to the dentist. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid?

(n=4,771)

- 1 Yes (55.4%)
- 2 No (44.6%)
- 7 Don't know/Not sure
- 9 Refused

STATE ADDED: HEALTH DISTRICT SPONSORED QUESTIONS

S9 Is the water in your household provided by a well, a city or municipal water supply, or some other source?
(n=4,763)

- 1 Well (30.5%)
- 2 City or municipal water supply (67.4%)
- 3 Other _____ (2.1%)
- 7 Don't know/Not sure
- 9 Refused

S10 [IF S9=1, OTHERWISE SKIP TO S11] Has your well water been tested in the past 12 months?
(n=1,425)

- 1 Yes (40.6%)
- 2 No (59.4%)
- 7 Don't know/Not sure
- 9 Refused

S11 Was there a time in the past 12 months when you believe you have become ill because of what you ate at a restaurant?
(n=4,799)

- 1 Yes (17.2%)
- 2 No (82.8%)
- 7 Don't know/Not sure
- 9 Refused

S12 After handling raw meat or chicken in the kitchen, which of the following best describes what you usually do next?
(n=4,806)

- 1 Continue cooking (2.0%)
- 2 Rinse and/or wipe your hands, then continue cooking (10.6%)
- 3 Wash your hands with soap and water, then continue cooking (78.5%)
- 4 You don't handle uncooked meat or chicken (8.3%)
- 5 Other (0.6%)
- 7 Don't know/Not sure
- 9 Refused

S13 My next question is about your mental and emotional health. Have you needed treatment for any mental or emotional problems during the last five years, but have been unable to get it?
(n=4,808)

- 1 Yes (4.1%)
- 2 No (95.9%)
- 7 Don't know/Not sure
- 9 Refused

STATE ADDED: ADULT ASTHMA

S14 [IF Q9.1=1, OTHERWISE SKIP TO S20] During the past 12 months, have you had an episode of asthma or an asthma attack?
(n=398)

- 1 Yes (59.8%)
- 2 No (40.2%)
- 7 Don't know/Not sure
- 9 Refused

S15 During the past 12 months, how many times did you visit an emergency room or urgent care center because of your asthma?
(n=401)

Mean number of times: 0.3

S16 [IF S15>0, "Besides those emergency room visits", OTHERWISE "During the past 12 months"] how many times did you see a doctor, nurse, or other health professional for urgent treatment of worsening asthma symptoms?
(n=397)

Mean number of times: 1.1

S17 During the past 12 months, how many times did you see a doctor, nurse, or other health professional for a routine checkup for your asthma?
(n=397)

Mean number of times: 1.2

S18 During the past 12 months, how many days were you unable to work or carry out your usual activities because of your asthma?
(n=386)

Mean number of days: 12.3

S19 During the past 30 days, how many days did symptoms of asthma make it difficult for you to stay asleep?
(n=398)

- 1 One or two (18.4%)
- 2 Three or four (6.8%)
- 3 Five (7.0%)
- 4 Six to ten (4.7%)
- 5 More than ten (8.8%)
- 8 None (54.3%)
- 7 Don't know/Not sure
- 9 Refused

STATE ADDED: TOBACCO

S20 Have you ever tried any smokeless tobacco products such as chewing tobacco or snuff?
(n=4,822)

- 1 Yes (19.5%)
- 2 No (80.5%)
- 7 Don't know/Not sure
- 9 Refused

S21 [IF S20=1, OTHERWISE SKIP TO S22] Do you currently use chewing tobacco or snuff every day, some days, or not at all?
(n=766)

- 1 Every day (14.7%)
- 2 Some days (8.6%)
- 3 Not at all (76.7%)
- 7 Don't know/Not sure
- 9 Refused

S22 [IF Q11.1=1 AND Q11.2<3, OTHERWISE SKIP TO S25] Would you like to stop smoking?
(n=925)

- 1 Yes (82.6%)
- 2 No (17.4%)
- 7 Don't know/Not sure
- 9 Refused

S23 [IF S22=1, OTHERWISE SKIP TO S25] Are you planning to quit smoking in the next 30 days?
(n=704)

- 1 Yes (42.2 %)
- 2 No (57.8%)
- 7 Don't know/Not sure
- 9 Refused

S24 **[IF S23>1, OTHERWISE SKIP TO S25]** Are you thinking of quitting smoking within the next 6 months?
(n=440)

- 1 Yes (75.7%)
- 2 No (24.3%)
- 7 Don't know/Not sure
- 9 Refused

S25 During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
(n=4,783)

Mean number of days: 1.5

S26 During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
(n=4,812)

Mean number of days: 0.7

S27 Which statement best describes the rules about smoking inside your home?
(n=4,809)

- 1 Smoking is not allowed anywhere inside your home (79.6%)
- 2 Smoking is allowed in some places or at some times (6.3%)
- 3 Smoking is allowed anywhere inside your home (1.8%)
- 4 There are no rules about smoking inside your home (12.3%)
- 7 Don't know/Not sure
- 9 Refused

S28 **[IF Q11.1=1 AND Q11.2=1 (CURRENTLY SMOKES EVERY DAY), OTHERWISE SKIP TO S29]** On the average, about how many cigarettes a day do you now smoke?
(n=747)

Mean number of cigarettes per day: 16.6

S29 **[IF Q11.1=1 AND Q11.2=2 (CURRENTLY SMOKES SOME DAYS), OTHERWISE SKIP TO S30]** During the past 30 days, on the days that you did smoke, about how many cigarettes did you usually smoke?
(n=197)

Mean number of cigarettes per day: 5.6

S30 **[IF Q11.1=1 AND Q11.2<3, OTHERWISE SKIP TO S31]** How soon after you awake in the morning do you usually smoke your first cigarette?
(n=940)

- 1 Within the first 15 minutes (26.0%)
- 2 More than 15 minutes, but within a half hour (14.7%)
- 3 More than a half hour, but less than an hour (22.0%)
- 4 Between 1 and 2 hours (16.6%)
- 5 Longer than within the first 2 hours (20.7%)
- 7 Don't know/Not sure
- 9 Refused

STATE ADDED: INJURY

S31 **[IF Q14.6=88, OTHERWISE SKIP TO S33]** What is the age of the oldest child in your household under the age of 16?
(n=1,897)

Mean age: 7.9

S32 How often does the **[FILL IN AGE FROM S31]**-year old child in your household use a **[IF S31<5 "car safety seat" IF S30>4 "seatbelt"]** when they ride in a car?
(n=1,708)

- 1 Always (83.0%)
- 2 Nearly always (12.7%)
- 3 Sometimes (2.8%)
- 4 Seldom (1.1%)
- 5 Never (0.4%)
- 7 Don't know/Not sure
- 9 Refused

S33 How often do you use seatbelts when you drive or ride in a car?
(n=4,817)

- 1 Always (67.3%)
- 2 Nearly always (19.0%)
- 3 Sometimes (7.1%)
- 4 Seldom (3.2%)
- 5 Never (3.3%)
- 8 Never ride in a car (0.1%)
- 7 Don't know/Not sure
- 9 Refused

STATE ADDED: SUBSTANCE USE

S34 I am now going to ask about your non-medical use of drugs. "Non-medical use" means using drugs not prescribed by a doctor, or used to get high or for curiosity. I will be referring to cocaine (including crack), heroin or drugs like heroin (such as codeine or Demerol), marijuana (also referred to as pot or hashish), Methamphetamines (also known as meth, crank, or ice), hallucinogens, inhalants, prescription painkillers, stimulants, and sedatives. Remember that all information from this survey is strictly confidential. Have you ever used any of the drugs I just mentioned?
(n=4,804)

- 1 Yes (25.2%)
- 2 No (74.8%)
- 7 Don't know/Not sure
- 9 Refused

S35 **[IF S34=1, OTHERWISE GO TO CLOSING STATEMENT]** How long has it been since you last used any of these drugs?
(n=1,095)

- 1 Within the last 30 days (14.1%)
- 2 More than 30 days ago, but within the past 12 months (11.6%)
- 3 More than 12 months ago (74.3%)
- 7 Don't know/Not sure
- 9 Refused

S36 **[IF S35<7, OTHERWISE SKIP TO CLOSING STATEMENT]** What drug did you use most recently?
(n=1,023)

- 1 Marijuana (pot, grass, hashish) (82.0%)
- 2 Methamphetamines (crank, meth, ice) (4.5%)
- 3 Cocaine (crack) (4.1%)
- 4 Heroin (0.3%)
- 5 Other_____ (9.1%)
- 7 Don't know/Not sure
- 8 Refused

Appendix C

References

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Costs associated with this publication are available from the
Idaho Department of Health and Welfare.
IDHW-300-12537-10/04. Cost per unit \$5.90